

Watermelon Ice Cones

Summertime and watermelon, especially during the month of July, seem to go hand in hand. Watermelon is a good source of water and an edible fruit. Watermelon is 92% water with some natural sugar to help make it sweet. Watermelon ice is a delicious and favorite summer dessert! If you have a melon baller, kids will love to experiment by taking out the watermelon using a melon baller. Making melon balls also helps strengthen fine motor skills.



INGREDIENTS:

- 2 cups chopped or “melon ball” watermelon
- freezer-safe container (we used freezer bags such as Ziploc)
- 2 tsp honey (optional)

INSTRUCTIONS:

Freeze the watermelon in the freezer bag. Then add it to blender, along with honey, if desired, blend until smooth. When the watermelon is blended, it will look like crushed pink ice. It’s delicious this way, just put in a bowl.

Add to the fun, put it on cones! First, pack it down in the bowl using a spoon, then use an ice cream scoop to put the watermelon ice into a cone.

*Adopted from <https://simpleplayideas.com/>