

Island Chicken and Mango Salad



PREPARATION TIME:15 MIN

MAKES: 4 SERVINGS

This chicken and mango salad is a filling and exciting tropical dinner or lunch.

Ingredients

- 8 cups chopped or torn romaine lettuce
- 2 small mangos, peeled, pitted, sliced
- 1 cup sliced cucumber
- 1/4 cup thinly sliced red onion
- 1 lb leftover jerk chicken , skin removed, shredded. (Already prepared rotisserie chicken will work too.)
- 1/4 cup olive oil
- 2 tbsp lime juice
- 2 tbsp orange juice
- 1/2 tsp granulated sugar
- 1/4 tsp salt
- black pepper
- 1/2 cup cilantro leaves (optional)

Directions

- Combine lettuce, mango, cucumber, onion and chicken in a serving bowl. Reserve. Whisk together olive oil, lime juice, orange juice, sugar, salt and pepper, and drizzle over salad. Toss to combine. Sprinkle with cilantro and serve.