

## Kids' Corral

### Materials:

- Kitchen brooms (child-size if available)
- Dress-up clothes: Cowboy hats, bandanas, vests, etc.
- Cones, etc. for obstacle course
- Music player

Calling all cowgirls and cowboys! Grab a cowboy hat if you have one and a small broom and get ready to gallop and rustle around on your "horse." Don't have a broom? Use your imagination! Galloping is a key locomotor skill that combines a step and a leap. Preschoolers usually master this before skipping, but only after practice.

### Instructions:

Practice galloping around your room or outdoor space, and give kids some help if they don't get the hang of it at first. Once they're ready, have kids ride a broom of their own (or an invisible horse if you don't have a broom) and gallop away! Play some upbeat Country & Western music to get kids in the spirit.

For a challenge, set up an obstacle course with traffic cones and other markers and pretend you're at a horse show. Gallop through the course, following zigzag patterns, turns and small jumps for older preschoolers.