

American Handball

- **WHERE TO PLAY:**
 - Outside on a hard surface with a wall
 - Indoor gym
- **NUMBER OF PLAYERS:**
 - 2 to 4 players at one time
- **GRADE LEVELS:**
 - 2nd-8th grades
- **EQUIPMENT:**
 - One tennis ball
 - Wall

- **HOW TO PLAY:**
 - A playing surface much as in Wall Ball is needed.
 - Although a regulation American handball court is 20' by 34'
 - Most elementary playgrounds will not have these markings.
 - Chalk can be used to draw these lines,
 - As well as the serving line which normally is 16' from the wall.
 - The server starts the game by bouncing the ball on the ground
 - As it comes up, hitting it at the wall.
 - The ball must bounce back over the serving line to be considered legal.
 - A server has two tries to make a legal serve.
 - The opponent tries to hit the served ball back against the wall.
 - The ball can be hit after it bounces or while still on the fly.
 - The players attempt to hit the ball back and forth continuously until
 - One player fails to hit it
 - One player hits it out of bounds
 - One player hits it over the wall.
 - If the server makes the mistake
 - The serve goes to the other player
 - If the player receiving the serve makes the error,
 - The server is awarded a point.

- Players can only score points when they are serving
 - The first player to score 21 points is the winner.
- Doubles (2 players vs. 2 players) can also be used with play being essentially the same.
 - Only the partner closest to the ball returns it.
 - Scoring is the same as in singles.

