

Long Base Kickball

- **WHERE TO PLAY:**

- Outdoors
 - Preferably on a softball field

- **NUMBER OF PLAYERS:**

- 6-9 players on a team

- **GRADE LEVELS:**

- 3rd-8th grades

- **EQUIPMENT:**

- A large playground ball or foam soccer ball

- **HOW TO PLAY:**

- This is another version of kickball but it is played with only one base
- Form two equal teams
 - Team One lines up to kick
 - Team Two assumes fielding positions.
- Kickers can either:
 - Run to the base and back home
 - Run to the base and stay on the base
 - Baserunners can stay on the base until there are three players
 - On the next kick all the baserunners must run to home plate
- The fielding team can get the kicker out by
 - Catching a fly ball
 - Tagging the runner while between bases
 - Forcing the runner out by getting the ball to a base before the runner gets there.
- Teams switch places after everyone has had a chance to kick.
- One point is scored each time a runner successfully touches both the base and home plate for their team.
- The team with the highest number of points (or " runs") at the end of a designated number of innings wins the game.