

Badminton

- **WHERE TO PLAY:**
 - Outdoors
 - Indoors on a court
- **NUMBER OF PLAYERS:**
 - 2 to 4 players on a team
- **GRADE LEVELS:**
 - 3rd-8th grades
- **EQUIPMENT:**
 - A net
 - One birdie
 - Rackets for each participant

- **HOW TO PLAY:**
 - A regulation court is 45' by 20' for doubles play
 - Slightly smaller for singles.
 - A service line is marked about 3' - 4' behind the net on both sides of the court.
 - When playing singles
 - The server stands behind the service line and hits the birdie underhanded over the net to the opponent's court
 - The receiver attempts to return the birdie over the net
 - Both players volley back and forth until the birdie lands on the ground or goes out of bounds.
 - Violations include
 - Making more than one hit in succession
 - Touching the net
 - The scoring is much like volleyball
 - Only the serving player scores points
 - If the serving player makes an error
 - The opposing player then gets the chance to serve.
 - Play continues until one player scores 21 points and has a two-point advantage

- “Win by 2”
- When playing doubles
 - Play progresses much the same way as in single except for the serve.
 - When the first player on a team loses the serve
 - It goes to his partner to serve next before going over to the opposing team.
 - Players volley back and forth until the birdie lands on the ground or goes out of bounds.
 - Violations include
 - Making more than one hit in succession
 - Touching the net
 - The scoring is much like volleyball
 - Only the serving player scores points
 - If the serving player makes an error
 - The opposing player then gets the chance to serve.
 - Play continues until one player scores 21 points and has a two-point advantage
 - “Win by 2”

