



# THE SPA

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## BIOLOGIQUE RECHERCHE

The Biologique Recherche Methodology is based on nearly forty years of experience using innovating products and meticulous protocols. The products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds and are fragrance-free. Skin care is provided following a personal diagnosis (suitable for both men and women) using a Skin Instant analysis for each individual.

# MASSAGE



## RELAXING MASSAGE

A complete body massage designed to relieve tension, promote circulation and relax the nervous system

*20min. - 50min. - 80min.*

## DEEP TISSUE MASSAGE

A massage technique aimed to reduce muscle fatigue brought about by its overuse and strain. Using a herbal oil it aids to strengthen and rejuvenate the muscles whilst improving mobility

*20min. - 50min. - 80min.*

## HOT STONES MASSAGE

This massage with hot basalt stones warms the body and soothes the soul.

*75min.*

## FOOT MASSAGE

Brings lightness and deep relaxation.

*30 min.*

Enhance your massage by enjoying your peaceful moment in your or Facing our viewpoint cliff

*Additional cost*

# GETAWAY



## TOTAL TIME OUT

Body scrub – tailor-made massage  
Hydrating facial by Biologique Recherche

*120min.*

## RELAXING ESCAPE

Tailor-made massage  
Flash facial by Biologique Recherche

*80min.*

## BODY SCRUB

Unwind and energize with this exfoliation ritual for a perfectly soft, flawless skin.

*30 min.*

# FACIALS TREATMENTS

By BIOLOGIQUE RECHERCHE

## VIP O<sub>2</sub> OXYGENATING TREATMENT\*

This is a detoxifying, anti-pollution facial treatment designed to clear massaging treatment, combined with Chlorella Sorokiniana microalgae, will stimulate the epidermis to re-oxygenate the cutaneous tissue. The Booster VIP O<sub>2</sub> revitalizes and boosts the complexion. It improves the “soft focus”, to add brightness and radiance to the face.

*50min.*

## VERMIX REGENERATING TREATMENT\*

This Vermix formula, created by Biologique Recherche, is very similar to the vernix mantel covering the newborn infant. It slows down the aging process thanks to a selection of active ingredients rich in lipids, proteins and antioxidant peptides, which accelerate regeneration, optimize skin hydration and soothe wrinkles.

*60min.*

## RESTRUCTURING & SMOOTHING TREATMENT\*

Hydrating, soothing effects of hyaluronic acid with silk and royal jelly applying by unique smoothing, sculpting and pulsing techniques into your skin. Boost the repair capacity for sensitive, stressed skin with draining and renewing actions.

*60min.*

## PERSONNALIZED FACIAL\*

Each skin is unique often with varying imbalances and weaknesses in its different zones. With this in mind, our trained professionals will individualize the treatment of your skin according to its specific needs. This Bespoke facial is best suited for those with varying skin conditions such as premature aging, hyper sensitivity, under-nourishment or problems with impurities. Professional systems, booster serums and specialized products from Biologique Recherche are used to target and treat the entire quality of the skin.

*60min.*

# SPA

10:00 am to 8:00 pm

**SPA RESERVATION:** Reservations can be made through the hotel reception, the reception of the Spa or by telephone in +34 627 369 431. An imprint of a credit card will be asked to

**SPA ACCES:** In-house guests: the access to the facilities is free during the opening hours of the Spa. External guests: the access to the facilities is charged 25€ per person for 2 hours. (Free of charge with the purchase of one of our 60 min treatments minimum). The Facilities being in mixed gender, the wearing of a swimsuit is compulsory. Required age: Junior hotel visitors form age 7 to 15 are welcome under guidance of an adult. The access to the Hammam is forbidden to pregnant woman due to the use of essential oils.

**PRIOR TO ARRIVAL:** We recommend that you leave all jewellery and valuables in your room objects. Male guests are advised to shave prior to all facial treatments to ensure that maximum.

**ARRIVAL:** Please arrive 15 minutes prior to your treatment in order to take time to relax in the tranquil surroundings of our spa before your treatment.

**LATE ARRIVAL:** Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

**CANCELLATION:** For any modification or cancelation, we ask you to have the kindness to inform at least 24 hours in advance. Less than 24 hours notice, 100% of the value will be retained.

## CONTACT US

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