



T.I.M.E. CDST uses an evidence-based, five-step approach that incorporates T.I.M.E. principles into a framework that nurses and other professionals can follow within their procedural guidelines:

**ASSESS** patient, wellbeing and wound

**BRING** in multi-disciplinary team and informal carers to promote holistic patient care

**CONTROL** or treat underlying causes and barriers to wound healing

**DECIDE** appropriate treatment and determine short-term goals

**EVALUATE** and reassess the treatment and wound management outcomes

## Making a clear choice every time

Effective management requires systematic patient centric and multi-disciplinary approach

At **Smith+Nephew** we have collaborated with expert practitioners to develop the new T.I.M.E. CDST to help you identify problems quickly and to help you know when to refer – helping to give you the confidence to make the right treatment choice

The tool is complemented by a comprehensive range of products, helping you to make a clear choice every time

Smith+Nephew does not provide medical advice. The information presented is not, and is not intended to serve as, medical advice. For detailed device information, including indications for use, contraindications, precautions and warnings, please consult the product's Instructions for Use (IFU) prior to use. It is the responsibility of healthcare professionals to determine and utilize the appropriate products and techniques according to their own clinical judgment for each of their patients.

## How is your patient's wound progressing?

A weekly reduction in wound size by < 2.5% or any increase in wound area warrants investigation<sup>2,3,4</sup>

Ask yourself:

- Is your differential diagnosis correct?
- Has your patient's general condition deteriorated?
- Is your treatment addressing the underlying cause of the wound?

Once systemic factors are addressed, decide appropriate treatment and determine short-term goals using T.I.M.E. principles

- If the wound still fails to progress, consider referral for specialist advice and change treatment where indicated

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### References:

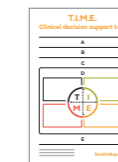
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## + Make a clear choice

Use our T.I.M.E. clinical decision support tool (T.I.M.E. CDST)<sup>1</sup> and proven portfolio to choose the right product, for the right wound, at the right time

## Smith+Nephew

Helping you get **CLOSER TO ZERO**<sup>®</sup> delay in wound healing



**START HERE ↓**

**1. ARE THERE BARRIERS TO WOUND HEALING?**

**2. SELECT PRIMARY & SECONDARY INTERVENTIONS**

**3. WOUND MANAGEMENT OUTCOME**

**A**

**ASSESS** patient, wellbeing and wound

Establish diagnosis and baseline characteristics for appropriate support and comorbidities that may impact healing. Record wound type, location, size, wound bed condition, signs of infection / inflammation, pain location and intensity, comorbidities, adherence / concordance to treatment

**B**

**BRING** in multi-disciplinary team and informal carers to promote holistic patient care

Record referral to others such as surgical team, wound specialist nurse, dietician, pain team, vascular and diabetes team, podiatrist, physiotherapist, family carers and trained counsellor

**C**

**CONTROL** or treat underlying causes and barriers to wound healing

Record management plan for: systemic infection, diabetes, nutritional problems, oedema, continence, mobility, vascular issues, pain, stress, anxiety, non-adherence / concordance with offloading and compression, lifestyle choices

**D**

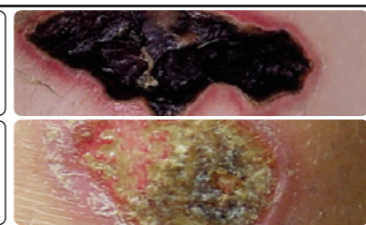
**DECIDE** appropriate treatment and determine short-term goals

Use T.I.M.E. wound bed preparation principles to help identify barriers to wound healing, to select treatment and outcome target



**T**  
Tissue non-viable<sup>1-2</sup>

- Necrotic\*
- Slough



**ACTION**

Cleansing and debridement

**THERAPY**

Hydrogel\*

Deslougher\*

**S+N PRODUCTS**

INTRASITE® RANGE or SOLOSITE®

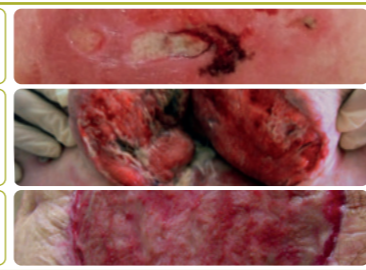
IODOSORB® RANGE

**TARGET**

VIABLE HEALTHY WOUND BED

**I**  
Infection and/or Inflammation<sup>1-2</sup>

- Infected
- Deep infected cavity wound
- Suspected biofilm



**ACTION**

Manage bioburden

**THERAPY**

Antimicrobial\*

**S+N PRODUCTS**

ACTICOAT® RANGE or ALLEVYN® AG

ACTICOAT RANGE or DURAFIBER® AG

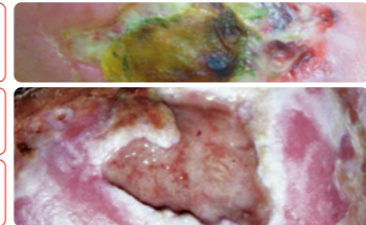
IODOSORB RANGE

**TARGET**

NON-INFLAMED, NON-INFECTED WOUND

**M**  
Moisture imbalance<sup>1-2</sup>

- Dry
- Low / Moderate
- High



**ACTION**

Restore moisture balance

**THERAPY**

Hydrogel\*

Foam, gelling fibre or NPWT<sup>†</sup>

**S+N PRODUCTS**

INTRASITE® RANGE or SOLOSITE®

ALLEVYN GENTLE BORDER, DURAFIBER or PICO®

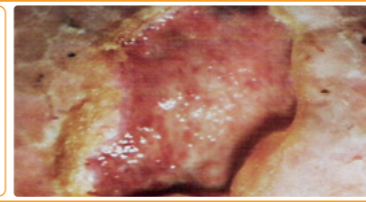
ALLEVYN LIFE, DURAFIBER or RENASYS®

**TARGET**

OPTIMAL MOISTURE BALANCE

**E**  
Edge of wound non advancing<sup>1-2</sup>

- Non-advancing or abnormal wound edge



**ACTION**

Promote epithelialisation and healthy periwound skin

**THERAPY**

NPWT and skin care

**S+N PRODUCTS**

PICO or RENASYS SECURA®

**TARGET**

ADVANCING EDGE OF WOUND

**E**

**EVALUATE** and reassess the treatment and wound management outcomes

Record wound progression within given timelines.

Flag if no change.

If target outcome is not achieved, return to the beginning of this process:

Go to **START HERE ↓**

\*Use appropriate secondary dressing as per your local protocol.

†NPWT: Negative Pressure Wound Therapy.

\*Always ensure adequate blood supply before debriding necrotic tissue.