









# IAD Differentiation, Classification and Treatment

	Incontinence-Associated Dermatitis <sup>1,3</sup>	Pressure Injury <sup>1,3</sup>
<b>Cause</b>	Moisture (urinary, faecal, urinary-faecal)	Pressure/ischaemia
<b>Location</b>	 Perineal (buttocks, natal cleft, perineum, perianal) <small>Image courtesy of Professor Dimitri Beeckman, Ghent University, Belgium</small>	 Over bone
<b>Depth</b>	 Superficial	 Superficial to deep
<b>Tissue colour</b>	 Pink/red <small>Image courtesy of Professor Dimitri Beeckman, Ghent University, Belgium</small>	 Pink/red, black, yellow
<b>Edges/Shape</b>	 Diffuse/wandering/irregular <small>Image courtesy of Professor Dimitri Beeckman, Ghent University, Belgium</small>	 Well defined
<b>Associated factors</b>	Urinary and/or faecal incontinence	Reduced mobility Sensory impairment

## IAD Categorisation Tool <sup>2</sup>

Category	Category Description
Category 1A	Persistent redness without signs of infection. A variety of tones may be present (it could be pale or purple in dark skin).
Category 1B	Persistent redness WITH clinical signs of infection. Such as white scaling of skin or satellite lesions.
Category 2A	Skin loss without clinical signs of infection. Such as excoriation, denudation or skin erosion.
Category 2B	Skin loss WITH clinical signs of infection. White scaling skin/slough may be visible, shiny wound with excess exudate, green appearance may suggest a bacterial infection with Pseudomonas aeruginosa.

## Choosing the right product

				
<b>Skin condition</b>	Healthy skin with exposure to urine/faeces	Category 1A	Category 2A	Category 1B/2B
<b>Product selection</b>				
<b>Intervention<sup>3</sup></b>	Use <b>SECURA<sup>o</sup> Cleanser</b> to gently clean soiled area. Apply a thin layer of <b>SECURA Barrier Cream D</b> . Avoid rubbing or friction. Reapply as often as necessary.	Use <b>SECURA Cleanser</b> to gently clean soiled area. Apply a thin layer of <b>SECURA Barrier Cream D</b> . Re-apply after each incontinence episode or as often as necessary.	Use <b>SECURA Cleanser</b> to gently clean soiled area. Apply <b>SECURA Extra Protective Cream Z30</b> with a gentle patting motion, or <b>SECURA No-Sting Barrier Film Spray</b> . Re-apply as often as necessary.	Use <b>SECURA Cleanser</b> to gently clean soiled area. Apply appropriate treatment for identified infection. Once resolved, treat as per 1A or 2A as appropriate.