

CLT001

PRESENTER

A Community Level Course in the Trainer Pathway



The Oceania Sport Education Programme (OSEP) is an initiative of the Oceania National Olympic Committee. It is designed to develop sport education in the Pacific region with National Olympic Committees, Regional Sports Federations in Oceania and their member national Federations.

The OSEP comprises a number of training programmes that have been specifically designed to provide a regional approach to sport education by developing flexible, relevant, modern curricula. The programme underwent an external, independent evaluation which involved several layers of stakeholder consultations, compilation of findings, recommendations, validation with stakeholders before moving into a new strategy and direction. At its core, the courses remain the same.

The courses are in five streams targeting community, development and national level sport volunteers and paid professionals:

1. Administration
2. Coaching
3. Strength and Conditioning Coaching
4. Trainer
5. Team management

PRESENTER

The Presenter training programme will assist individuals develop skills to run quality training in the Pacific by learning how to plan and run good training programmes, meet the learning needs of all participants, and review and improve their training sessions. It is designed for individuals who want to be better presenters.

PROGRAMMES	ADMINISTRATION (A)	COACHING (C)	STRENGTH & CONDITIONING (S)	TEAM MANAGEMENT (M)	TRAINER (T)
COMMUNITY LEVEL (CL)	CLA001 Sports in Communities Administrator	CLC001 Community Beach Volleyball Coach			CLT001 Presenter CLT002 Assessor CLT003 Educator
		CLC002 Community Coach and Official Coach			
DEVELOPMENT LEVEL (DL)	DLA001 Management in Sporting Organisation	DLC001 Development Coach	DLS001 Community Strength and Conditioning Coach		DLT001 Master Educator
			DLS002 Development Strength and Conditioning Coach		
NATIONAL LEVEL (NL)	NLA001 Building Better Management – eOSEP			NLM001 National Team Manager	NLT001 Regional Master Educator
	NLA002 Advanced Sport Management				NLT002 Mentor

PREREQUISITES

None

LEARNING OUTCOMES

Upon successful completion of the Presenter Training Programme, the participants will be able to:

Planning

- Understand the benefits of planning
- Understand the elements of a good plan
- Plan a good introduction to the session
- Plan a good conclusion to the session
- Plan a complete competency-based session plan

Presentation and feedback

- Understand the need to run all training safely
- Be aware of and understand the various common training aides available
- Understand the importance of using adult learning principles
- Plan and present training activities that meet the different learning styles
- Provide feedback during and after training
- Reflect on and review the success of training
- Develop ways to improve training based on review and feedback

Recording

- Understand the importance of keeping OSEP training programme information

DURATION

OSEP Presenter will take approximately 8 hours plus post course requirements i.e. workplace assessment to complete for accreditation.

POST-COURSE REQUIREMENTS

1. Co-facilitate both the Sport in Communities

Administrator and Community Coach course within one year of completing the OSEP Presenter Course OR If partner organisations engage with OSEP for this course, the trainee OSEP Presenter must deliver the course or program of the partner organisation within one year of completing the OSEP Presenter Course.

MODULES

It consists of three modules:

1. How to plan training sessions

- a. Identifying training needs
- b. Planning training sessions
- c. Training approaches
- d. Planning a good introduction
- e. Planning the conclusion

2. How to present training sessions

- a. Setting up a safe and suitable place for training
- b. Presentation methods
- c. Training methods
- d. Adult learning
- e. Multi-sense learning

3. How to review training sessions (Implementation Phase)

- a. Presenter self-assessment
- b. Review Training
- c. Recording training information

FURTHER INFORMATION

Talk to an officer in charge of OSEP in your National Olympic Committee or an OSEP Training Provider for **further details.**