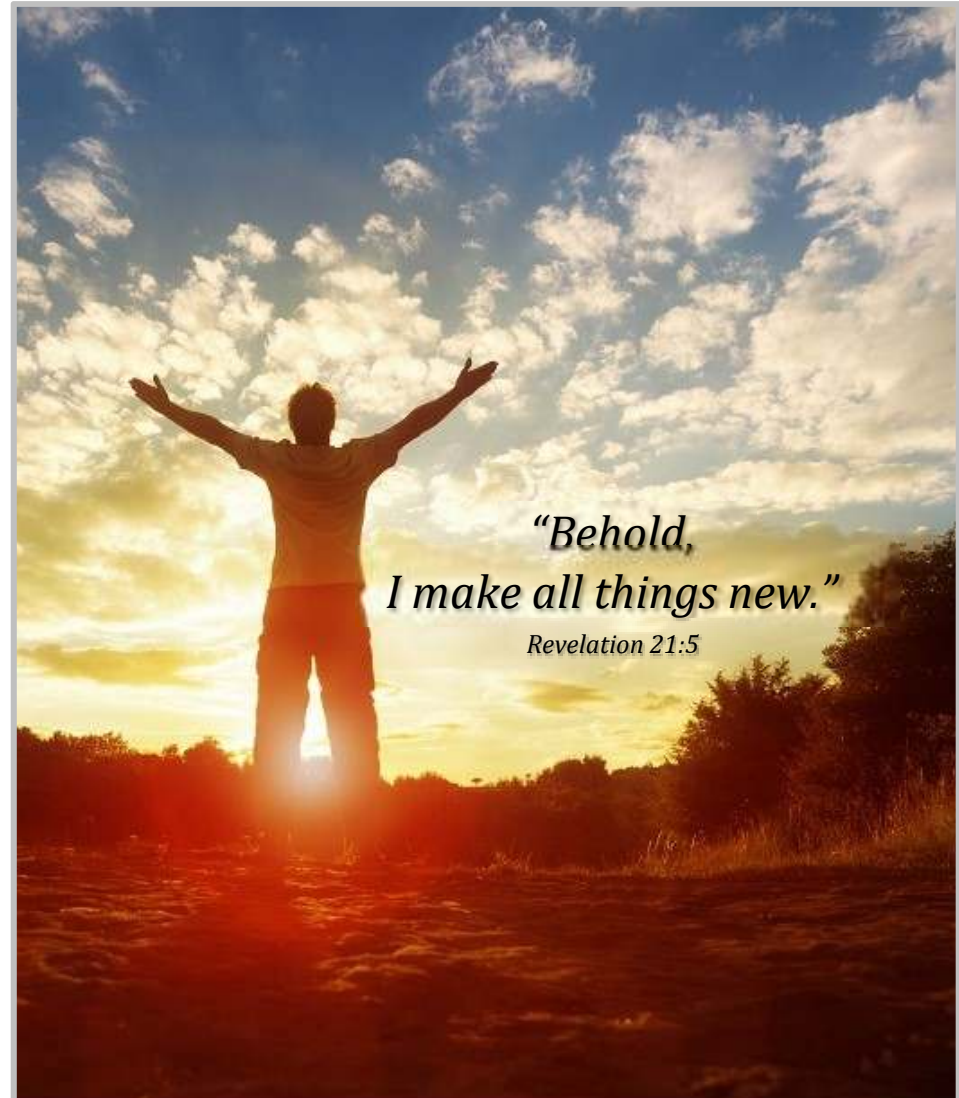


# Celebrate Recovery<sup>®</sup>

A CHRIST-CENTERED 12 STEP RECOVERY PROGRAM



**FRIDAYS AT 7PM**  
CELEBRATERECOVERY@ITHRIVECHURCH.COM



MEETS EVERY FRIDAY NIGHT: 7-9PM

**3109 DWIGHT ROAD  
ELK GROVE, CA 95758  
PHONE: (916) 391-5433**  
[CelebrateRecovery@ITHRIVECHURCH.COM](mailto:CelebrateRecovery@ITHRIVECHURCH.COM)

## Is Celebrate Recovery for me or for someone I know?



Almost everyone suffers from a hurt, habit, or hang-up and almost anyone can benefit from Celebrate Recovery. Celebrate Recovery is a Christ Centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery meetings are a safe place to find community and freedom from the issues that are controlling our lives. Join us this Friday at Thrive Church as we work out our recoveries together.



A hurt is classified as any life experience that has damaged your heart: abandonment, abortion, abuse, adoption, betrayal, dysfunction, neglect, rape, rejection. Habits tend to be unhealthy patterns that turn into a chronic bad behavior or addiction: abuse, alcohol, bitterness, critical spirit, drugs, eating disorders, gambling, gossip, isolation, lying, sex addictions, stealing, unforgiveness. Hang-ups are road blocks that prevent you from progressing further in God's plan for your life. Some include: anger, anxiety, codependency, depression, fear, greed, guilt, perfectionism, pride, racism.

### Things We Are...

- A safe place to share • A refuge
- A place of belonging
- A place to care for others & be cared for
- A place where respect is given freely
- A place where confidentiality is highly regarded
- A place to learn • A place to grow and become strong again
- A place where you can take off your mask • A place for healthy challenges and healthy risks
- A possible turning point in your life

### Things We Are **NOT**.

- A place for selfish control
- Therapy
- A place for secrets
- A place to look for a dating relationship
- A place to rescue others or be rescued by others
- A place for perfection
- A place to judge others
- A quick fix



## FRIDAY NIGHT

MEETINGS ARE HELD EVERY FRIDAY

**7:00 PM Music, Praise and Worship**

**7:30 PM Lesson or Testimony**

**8:00 PM Women's/Men's  
Small Groups**

**8:45 PM Solid Rock Café  
(fellowship & concessions)**



Step studies are smaller gender-specific groups that meet weekly, on different days than our regular Friday meetings. These groups use Celebrate Recovery's 4 participant guide workbooks. When you finish the study you will have worked your hurts, habits and hang-ups through each of the 12 steps. Please speak with a group leader for information.

Celebrate Recovery®



The purpose of the CR ministry is to fellowship and celebrate God's healing power in our lives through the *8 Recovery Principles*. We share our experiences, strengths and hopes with one another and become willing to accept God's grace in our lives. By working and applying these biblical principles we begin to grow spiritually. CR strives to maintain an atmosphere of trust that enables recovery. Who you see here, what you hear here, when you leave here, stays here. Our Friday night meetings are a place to set aside the busyness and stress of the outside world. This experience allows us to discover our personal, loving and forgiving Higher Power – Jesus Christ, the one true Higher Power.



Celebrate Recovery at Thrive Church is led by trained Christians in recovery who have worked through the 12 steps themselves. We serve alongside many others on the road to recovery who volunteer in the ministry as part of their long-term recovery. We understand. We come from a wide variety of recovery issues and backgrounds. We are not perfect, but we have a wealth of experience to offer those in recovery. We all have a heart for CR.