

# PACKING FOR YOUR PATH<sup>®</sup> STAY.



**ABERDEEN HEIGHTS**  
A PMMA COMMUNITY

## BELOW, PLEASE FIND A LIST OF SUGGESTED ITEMS TO BRING FOR YOUR PATH<sup>®</sup> STAY:

- Medicare card
- Supplemental insurance card
- Social Security Card
- State Identification Card
- Power of Attorney documents
- Advanced Directive or Living Will documents (if available)
- 7 changes of wash & wear day clothes  
(items with elastic waistbands and easy to get on and off)
- 4 changes of night garments
- 6 changes of underwear
- 6 pairs of socks
- 1 robe
- Walking shoes
- Non-skid slippers
- Dental care products
- Comb and hairbrush
- Other desired toiletry items
- Favorite pillow and/or afghan
- Books or other reading materials
- Favorite family photos
- Electronic devices to use with our complimentary WiFi

**PLEASE DO NOT HESITATE TO CALL 314-403-2586 IF YOU HAVE ANY QUESTIONS.**