



## Your neighborhood resource for care is now three neighborhoods in one.

When you need quality health services, nothing else will do. But not everyone needs the same type of care. That's why The Glen at Aberdeen Heights now offers private skilled nursing neighborhoods that provide targeted, individualized care for you or your loved one – short-term rehabilitation, skilled memory support and dementia care, and long-term skilled nursing care.

These are the same high-quality, on-site care services you've come to associate with The Glen, made even more personal and specialized for your individual needs. We are the only community in greater St. Louis to offer the full continuum of care in this way.

**See the difference a neighborhood environment can make.  
We invite you to tour our health care neighborhoods and consider them for yourself, your patient or a loved one.**

Call **314-909-6010** to schedule your personal tour,  
or learn more at **[www.AberdeenHeightsHealthServices.com](http://www.AberdeenHeightsHealthServices.com)**



As part of the Presbyterian Manors of Mid-America family, serving seniors and their families throughout Missouri and Kansas, The Glen at Aberdeen Heights is backed by 60 years of excellence in senior living.

505 Couch Avenue | Kirkwood, MO 63122  
[www.AberdeenHeightsHealthServices.com](http://www.AberdeenHeightsHealthServices.com)

Assisted Living | Memory Support | Skilled Nursing | Medicare Rehabilitation

# Dedicated Neighborhoods. Dedicated Care.

## Professional rehabilitation with a personal touch.

A dedicated team of doctors, nurses, therapists and social workers tailor personal therapy and skilled nursing care for every patient in The Glen's PATH (Post-Acute to Home) neighborhood. With private residences, private dining and therapy studios dedicated to effective, accelerated rehabilitation, The Glen is your PATH to recovery.



### Individualized Care Services

- Physical, speech and occupational therapies
- Post-surgical care
- Neurologic rehabilitation
- Cardiac recovery
- Hip, knee and other specialized orthopedic rehabilitation
- IV therapy
- Wound care and pain management
- Registered nurse on site 24/7

## A neighborhood designed for skilled memory support.

Those needing skilled care beyond basic memory support – for Alzheimer's or other forms of dementia – will benefit from the person-centered culture in The Glen's secure skilled nursing memory support neighborhood. It's designed specifically to meet the special needs of these individuals.

### Specialized Memory Care

- Landmarks for Living® program
- Medication administration
- Assistance with personal care
- Chef-prepared meals and snacks
- Registered nurse on site 24/7
- Lifestyle Coordinator

## Skilled nursing in just the right setting.

The Glen offers comprehensive, round-the-clock skilled nursing care, delivering high-quality services to each resident, and peace of mind for the family. Look to The Glen's skilled nursing neighborhood for the finest care in the region.

### Individualized Skilled Nursing Care

- Private suites with a full bath
- Complete nursing services 24/7
- Assistance with personal care
- Chef-prepared meals that meet special dietary needs
- Medicare, managed care, private payment



*Only The Glen at Aberdeen Heights Offers Skilled Care in Dedicated Neighborhoods.*  
For more information, visit [www.AberdeenHeightsHealthServices.com](http://www.AberdeenHeightsHealthServices.com).

