



## ALWAYS AVAILABLE MENU

### SOUP

CHICKEN NOODLE

### SALAD

CLASSIC KIRKWOOD

### THE ABERDEEN GRILLED SALMON

DELICATE SALMON FILET, SEASONED & GRILLED TO PERFECTION  
TOPPED WITH LEMON HERB BUTTER

### THE ABERDEEN FILET

HEREFORD BEEF FILET, GRILLED TO ORDER, SEASONED WITH ABERDEEN STEAK  
SEASONING BLEND  
TOPPED WITH A SAVORY MAITRE 'D BUTTER

### THE ABERDEEN PASTA

ANGEL HAIR PASTA, SEASONAL TOMATOES, TOSSED IN A GARLIC INFUSED OLIVE OIL  
WITH FRESH BASIL AND A GRILLED CHICKEN BREAST

### THE ABERDEEN GRILLED CHICKEN BREAST

FRESH CHICKEN BREAST, GRILLED TO PERFECTION & TOPPED WITH AN  
HERB CHICKEN GRAVY

### THE ABERDEEN HOMEMADE MEATLOAF

TRADITIONAL BAKED MEATLOAF SLICED AND TOPPED WITH A  
SWEET KETCHUP GLAZE

### THE ABERDEEN SALAD

MESCLUN GREENS, GRAPES, BLUE CHEESE CRUMBLES, STRAWBERRIES, MANDARIN  
ORANGES, DRIED CRANBERRIES, TOASTED ALMONDS & A GRILLED CHICKEN  
BREAST WITH CITRUS DRESSING

### THE CHEF SALAD

JULIENNED STRIPS OF HAM & TURKEY, HARD BOILED EGGS, TOMATOES, ONIONS  
CUCUMBERS & SHREDDED CHEESE

### GLUTEN-FREE

CHICKEN BREAST, FILET\* OR SALMON COOKED TO YOUR LIKING SERVED WITH  
CHOICE OF CORN, PEAS, CARROTS OR A MIXED VEGETABLE BLEND WITH OPTION  
OF SWEET OR BAKED POTATO

### VEGETABLES

MIXED VEGGIE MEDLEY

SAUTEED SPINACH

CARROTS

PEAS/CORN

### STARCHES

BAKED SWEET POTATO

WILD RICE

WHIPPED POTATOES

BAKED POTATO





## DAILY MENU

### FEATURED STARTERS

#### SOUP OF THE DAY

CHICKEN AND RICE

#### SALAD OF THE DAY

SPRING SALAD

### FEATURED ENTREES

#### TURKEY SCALOPPINI

THINLY POUNDED & BREADED FILETS OF SUCCULENT TURKEY BREAST TOPPED  
WITH A SAGE CREAM SAUCE

#### BLACKBERRY PORK LOIN

GRILLED PORK LOIN SLICED & TOPPED WITH A SWEET AND SAVORY BLACKBERRY SAUCE

#### HUMMUS & PITA

GARLIC INFUSED CHICK PEA PUREE, OLIVE MEDLEY,  
BELL PEPPER SLICES & TANDOORI NAAN

#### STARCH

HOMINY

#### VEGETABLES

COUNTRY BRUSSEL SPROUTS

#### ALA CART DESSERT SPECIALS

CHEESECAKE

CHOCOLATE BROWNIE

LEMON MERINGUE

WILD BERRY PIE

ICE CREAM





## THE CAFÉ

### CHILI MAC 4 WAY

HOMEADE CHILI, NOODLES, SHREDDED CHEESE, DICED ONIONS

### FARMERS MARKET SALAD

MIXED GREENS, SLICED SQUASH, ZUCCHINI, ROASTED BEETS, GOAT CHEESE, FRESH BASIL, HOMEMADE RED WINE VINAIGRETTE

### FRENCH DIP SANDWICH

SLICED BEEF SERVED ON TOASTED BUN AND TOPPED WITH PROVOL CHEESE  
SLICED PICKLES

### CRAB BURGER

CLAW MEAT, CELERY, ONION TOPPED WITH CHEESE SERVED ON A WARM HAMBURGER BUN

### FRESH QUICHE

DAILY FRESH QUICHE BAKED EVERY MORNING AND SERVED WITH SIDE OF FRUIT

### THE ABERDEEN HEIGHTS STAPLES - ALWAYS AVAILABLE

COLD SANDWICHES: HAM, TURKEY, TUNA SALAD, EGG SALAD, CHICKEN SALAD

### HOT DOG (CHICAGO OR BALLPARK/TRADITIONAL)

BALLPARK/TRADITIONAL STYLE: HOT DOG, PICKLE RELISH, MUSTARD AND KETCHUP  
CHICAGO STYLE: SPORT PEPPERS, NEON RELISH, ONIONS, TOMATOES, PICKLES, MUSTARD AND CELERY SALT

### CHEESEBURGER

GRILLED HAMBURGER PATTY TOPPED WITH AMERICAN CHEESE, LETTUCE, TOMATO AND ONION

### CHICKEN CEASAR SALAD

GRILLED CHICKEN BREAST SERVED OVER CRISP ROMAINE LETTUCE  
WITH OUR CEASAR DRESSING AND PARMESAN

### FALL SALAD

GRAPES, BLUE CHEESE CRUMBLES, MANDARIN ORANGES, CRANBERRIES, DICED CHICKEN, TOASTED ALMONTS,  
MIXED FIELD GREENS AND POPPYSEED DRESSING

### SIDE ITEMS

POTATO SALAD, COLE SLAW, COTTAGE CHEESE, FRESH FRUIT, PASTA SALAD, LAYS CLASSIC POTATO CHIPS  
(ONE SIDE ITEM PER MAIN ENTRÉE)

### ICE CREAM

VANILLA / CHOCOLATE  
SMALL CUP

