



MEMORY CARE TOUR CHECKLIST



PMMA

Presbyterian
Manors Of
Mid-America

Take this handy checklist with you every time you visit a senior living community. It will help you ask the right questions, keep your notes together and is an easy way to compare communities side by side.

When it comes time to choose a senior living community with memory care or a specific level of care, you might feel overwhelmed by all the options available. When making a decision about what is right for your loved one, remember that each resident has different needs, preferences and desires that should be taken into account when selecting a memory care community.

When you are helping a loved one select a community, you should involve that person in the process if he or she is able. At the end of the day, you want to make sure it is a campus where they feel comfortable and where the focus is on resident needs. By planning ahead, you can ensure that your loved one will be provided with the highest quality of care and quality of life.

When choosing a memory care community, consider all the options. Written materials or websites can be useful tools for comparing your options. If possible, touring the senior living community and asking questions is the best way to determine a good fit. However, telephone interviews using this guide also can be effective. In the end, by researching and reviewing all aspects of care and services, experiencing success in recovery or transitioning to long-term care will be much easier.

At minimum, you should consider the following when making your decision:

- Campus location is convenient
- Environment is friendly and warm
- Meals are well-presented and delicious
- The tone and demeanor of employees is caring and helpful
- Amenities fit your or your loved one's lifestyles and needs

Enjoy your visit!

Community Name_____

Community Contact Person_____

Phone_____

Email_____



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PHYSICAL FEATURES

- ☐ Does the community have licensure — Alzheimer's, dementia or memory care endorsement?
- ☐ Is the floor plan easy to follow?
- ☐ Are doorways, hallways and rooms accommodating to wheelchairs and walkers?
- ☐ Does the community have good natural and/or artificial lighting?
- ☐ Is the community clean, free of odors and appropriately heated/cooled?
- ☐ Does the community have sprinklers, smoke detectors and clearly marked exits?
- ☐ Does the community have a means of security if a resident wanders?
- ☐ Are residents able to wander freely within the community?
- ☐ Can residents or family members decorate their own apartments?
- ☐ Do the residents have adequate privacy to promote dignity?



NEEDS ASSESSMENTS, RESIDENCY AGREEMENTS & FINANCES

- ☐ Does the periodic resident’s assessment process include the resident’s family/responsible party, community staff and the resident’s physician?
- ☐ Is a residency agreement available that discloses personal care and supportive services, all fees, as well as move-in and move-out provisions? What is the process for refunds and transfers?
- ☐ Is there a written plan of care for each resident? How frequently is it reviewed and updated?
- ☐ Does the community have a process for assessing a resident’s need for services?
- ☐ Are resident needs addressed in a timely manner?
- ☐ Are additional services available if the resident’s needs change?



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ADDITIONAL CONSIDERATIONS

- ☐ Are the residents actively engaged in activities that are appropriate and/or interesting to those with Alzheimer’s or dementia?
- ☐ Are there “activities of daily living” tasks residents can assist with, such as folding napkins or gardening?
- ☐ Does the community have a posted activity schedule or calendar?
- ☐ Can the community provide a list of available personal care services?
- ☐ Does the community arrange transportation for all scheduled medical appointments?
- ☐ Is staff available to provide 24-hour assistance with activities of daily living, if needed? This may include bathing, dressing, grooming, eating or mobility.
- ☐ Does the community offer barber/beautician services on-site?
- ☐ Do you have good rapport with the management and care team? Do you feel comfortable in their abilities and trust them to provide for your loved one’s needs?
