

Bay Area Colon & Rectal Surgeons

A Division of BASS Medical Group

Drs. R. Kim, B. McGuinness and N. Salehomoum

365 Lennon Lane #290, Walnut Creek CA 94598

(925)274-9000 Fax (925)274-9004

PREPARATION FOR RECTAL EXAM

Date of appointment: _____

Time: _____

Patient Name: _____

On the day of the appointment you must do as follows:

1. ___ 2. ___ Disposable FLEET enema

1. ___ 2. ___ Tap water enema (fill enema bottle with warm tap water only)

No Preparation is needed for this appointment_____

- 1) FLEET enemas are available over the counter at any drugstore. Start the enema approximately two hours before your appointment
- 2) Retain each enema for as long as possible before proceeding to the next one.
- 3) There is no fasting required for this examination; however, it is advised that you drink plenty of water and eat soft foods on the day of your appointment.

After completing the attached Patient registration packet, please send them to the office preferably before the appointment so we can input the information in the system. If you have any questions, please feel free to contact the office.

Thank you