



ENT OTOLARYNGOLOGY

ASCENTIST EAR, NOSE & THROAT

Katherine Aberle, MD; Douglas Cowan, MD; and Colleen Johnson MD

As the region's largest and most progressive ear, nose and throat practice, Ascentist Ear, Nose & Throat sets the standard of care for patients in need of ear, nose and throat care in Kansas City. In recent years, Ascentist Ear, Nose & Throat has focused on becoming a full service provider of ear, nose and throat care by adding specialists that focus on specific ailments of the sinus, facial plastic surgery needs related to ear, nose and throat care, cancer care and, most recently, the addition of otologists—specialists who focus on the ears.

Dr. Katherine Aberle

Dr. Aberle has been with Ascentist Ear, Nose & Throat for five years and treats a full spectrum of ENT-related conditions, though she has a special interest in advanced sinus surgery and pediatric ENT. Additionally, Dr. Aberle credits her experience as a mother to her ability in providing comforting care to her smallest patients and their families. A unique aspect of her practice is that she offers to pray with patients before surgery. "Going to sleep for surgery can be a stressful experience for patients and their families," she says. "Asking if a prayer would help can provide a sense of calm to those families."

Dr. Aberle earned a bachelor's degree from Miami University in Ohio and a master's degree from Colorado State University. She received her Doctorate of Medicine from Rush University in Chicago and completed a residency at the University of Nebraska. Dr. Aberle is certified by the American Board of Otolaryngology.

Dr. Douglas Cowan

Dr. Cowan is the CEO of Ascentist. He has been at the practice for eight years and specializes in general otolaryngology. Most of his focus is on sinus issues and breathing disorders and he is a national leader in minimally invasive sinus surgery. "We have an amazing culture where we encourage everyone to openly discuss concerns and ways to improve patient care," he says. "Our providers collaborate extensively both in person and on continuous daily chat feeds."

Dr. Cowan completed his residency at the University of Kansas Department of Otolaryngology and is certified by the American Board of Otolaryngology. Cowan has won numerous

awards including being named a Top Doc in 2019.

Dr. Colleen Johnson

Dr. Colleen Johnson has been with the practice for four years. Dr. Johnson continues to serve the north metro area in our Kansas City, Kansas, location near Legends Outlets, which is also conveniently located near Fort Leavenworth so she can continue to regularly treat military service members and their families. Dr. Johnson treats both adults and children for the full spectrum of ear, nose and throat disorders, including endocrine surgery, voice issues, nasal obstruction, allergy concerns, ear disorders and tonsil problems. Her primary areas of interest are thyroid surgery, voice disorders and advanced sinus surgery.

Dr. Johnson earned her undergraduate degree from the University of Kansas. She earned her master's degree in public health and Doctorate of Medicine from Tulane University in New Orleans. Dr. Johnson completed her residency at the San Antonio Uniformed Services Health Education Consortium and is a board-certified otolaryngologist.

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**ABOUT US**

The practice has been serving Kansas City for over 50 years and is the largest ENT practice in the metropolitan area, currently partnering with twelve health systems across 16 locations. The values and commitment to patients established by the founding physicians continues in their strategic mission and day-to-day operations.

