


UNDERSTANDING SENIOR LIVING

INDEPENDENT LIVING



Apartments or town homes
Usually pre-set monthly fee
Dining services and housekeeping
Scheduled transportation and activities
Home Care can be arranged by resident if needed

ASSISTED LIVING

24-hour assistance with daily tasks
Range of care
Scheduled transportation and activities
Medication management




MEMORY CARE

Specialized memory-related care
Secure environment
Specially trained staff



REHAB & RECOVERY



Skilled nursing care to treat, manage, observe and evaluate care

Examples: physical therapy, intravenous injections, wound care

Med A Stay

SKILLED NURSING

24-hour care
Long-term and short-term

RESPIRE / DAY SERVICES

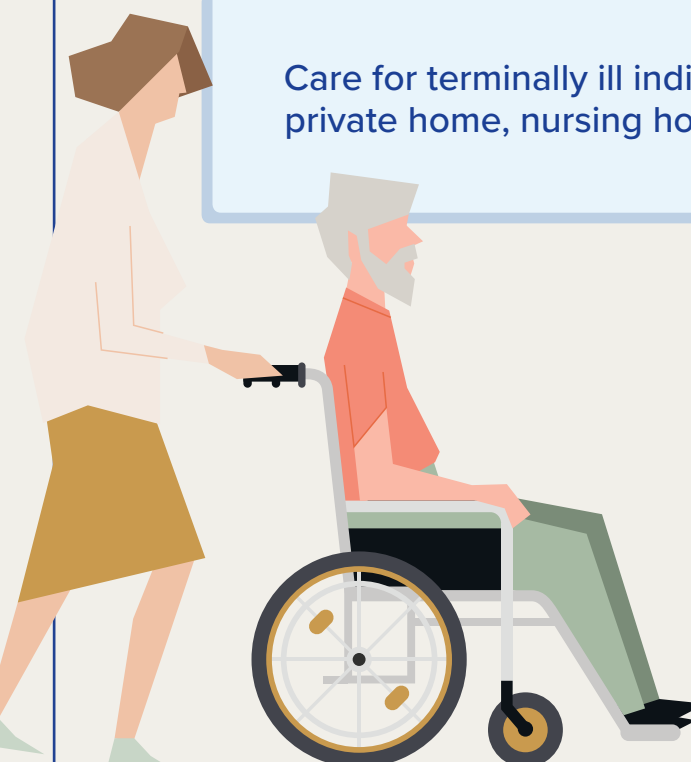
Short-term stay in Assisted Living or Skilled Nursing Center

Day Services are for one day (4 to 8 hours)

Respite typically is a 3–10 day stay



HOSPICE



Care for terminally ill individuals in a private home, nursing home, hospice

CCRC (Continuing Care Retirement Communities)

Life Plan Community

Includes all care options from independent living to skilled nursing in one location

Fees and contracts



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