# **Women with Disabilities Australia**

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# **Sexually Transmitted Infections - STIs**

A close up of a logo

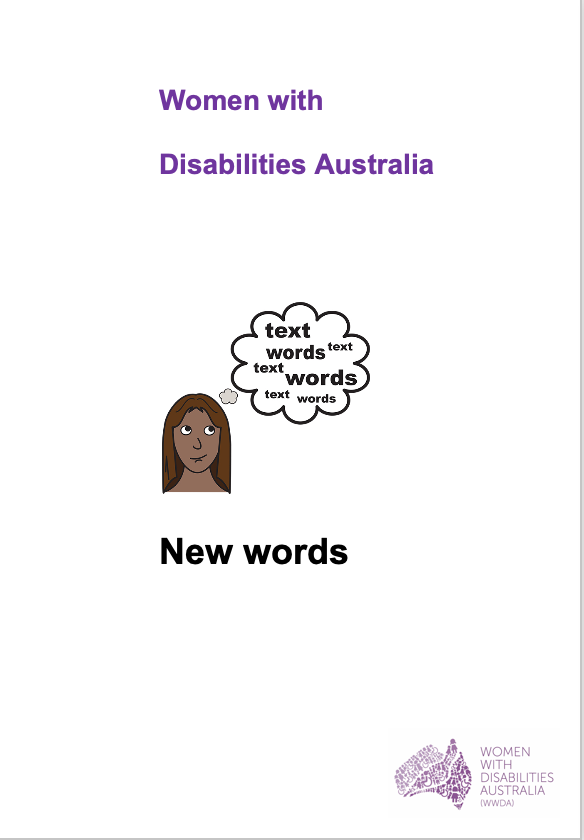
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This book is about sex germs. They are also called Sexually Transmitted Infections.

We will write **STI** when we talk about them.

A picture containing clipart

Description automatically generated

We wrote this book for women and girls

with **disability.** Read more about **disability**

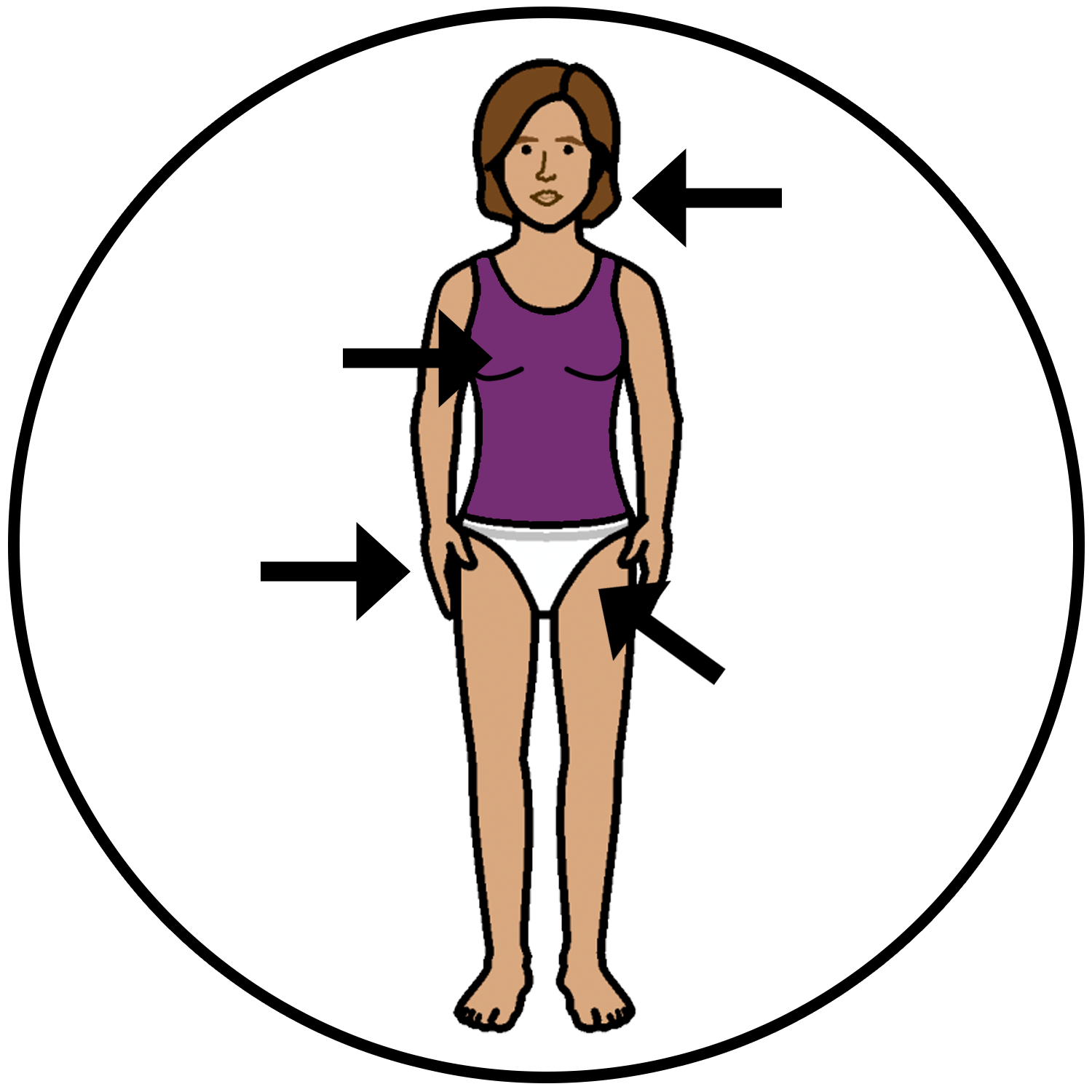
in our book **New Words.**

A close up of a logo

Description automatically generated

We are Women with Disabilities Australia .

**How do I know if I have a STI?**

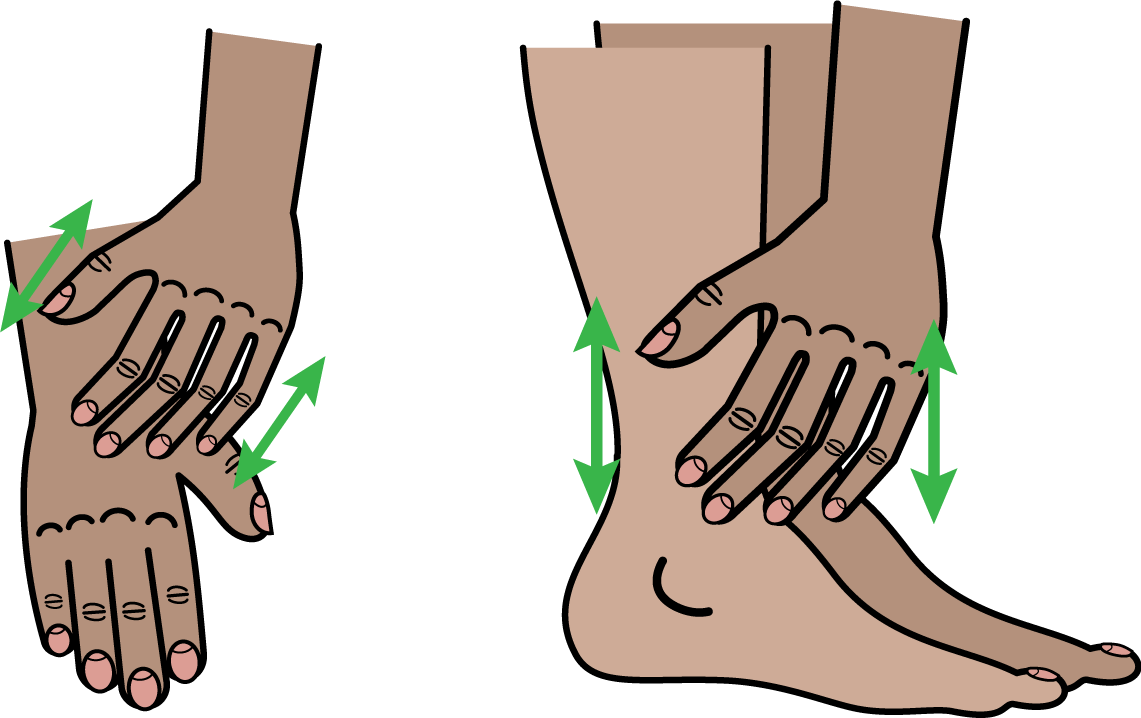
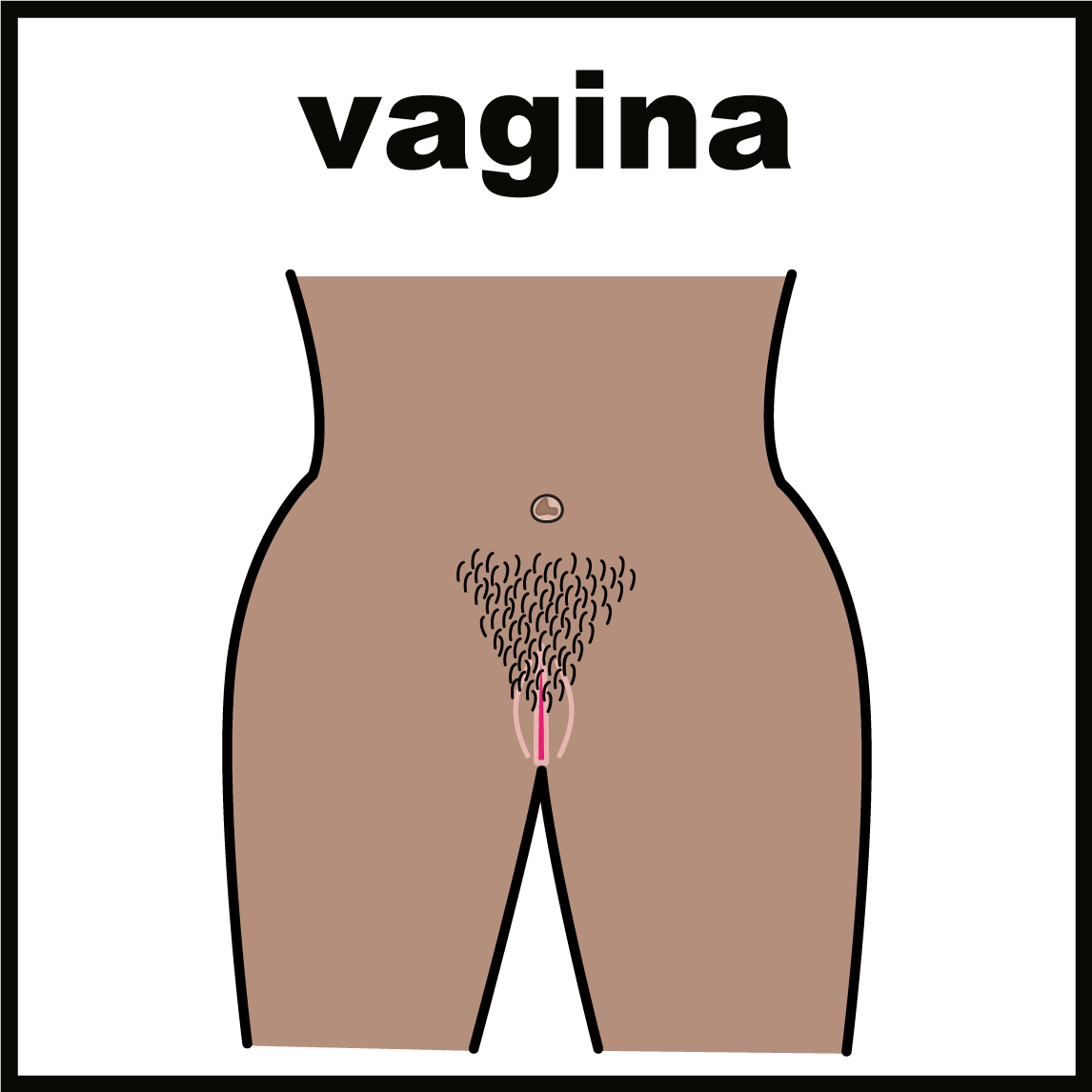


You may have lumps

* on your vagina

**or**

* your private parts.



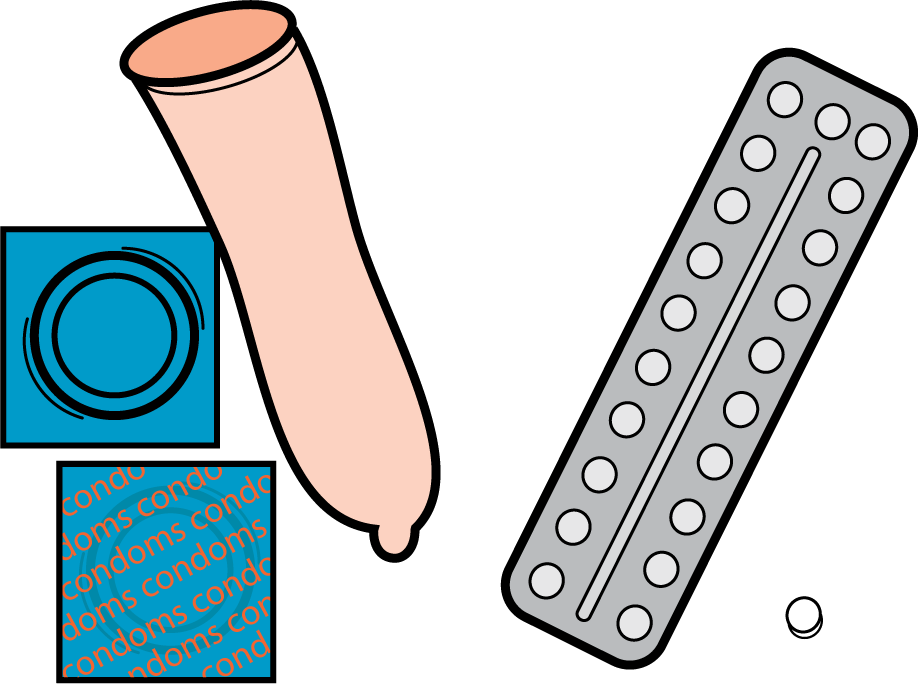
Your private parts may be itchy.

**A close up of a logo

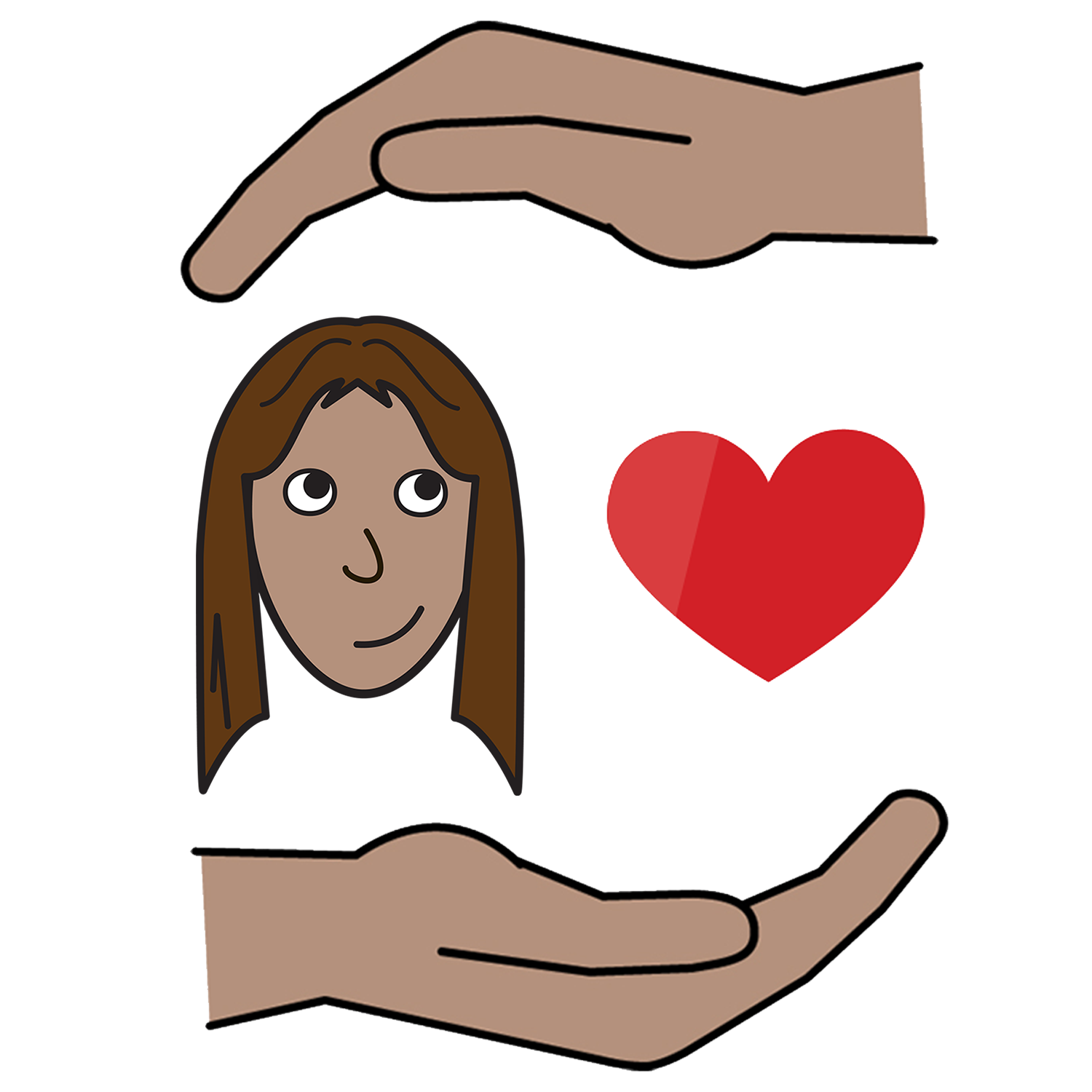
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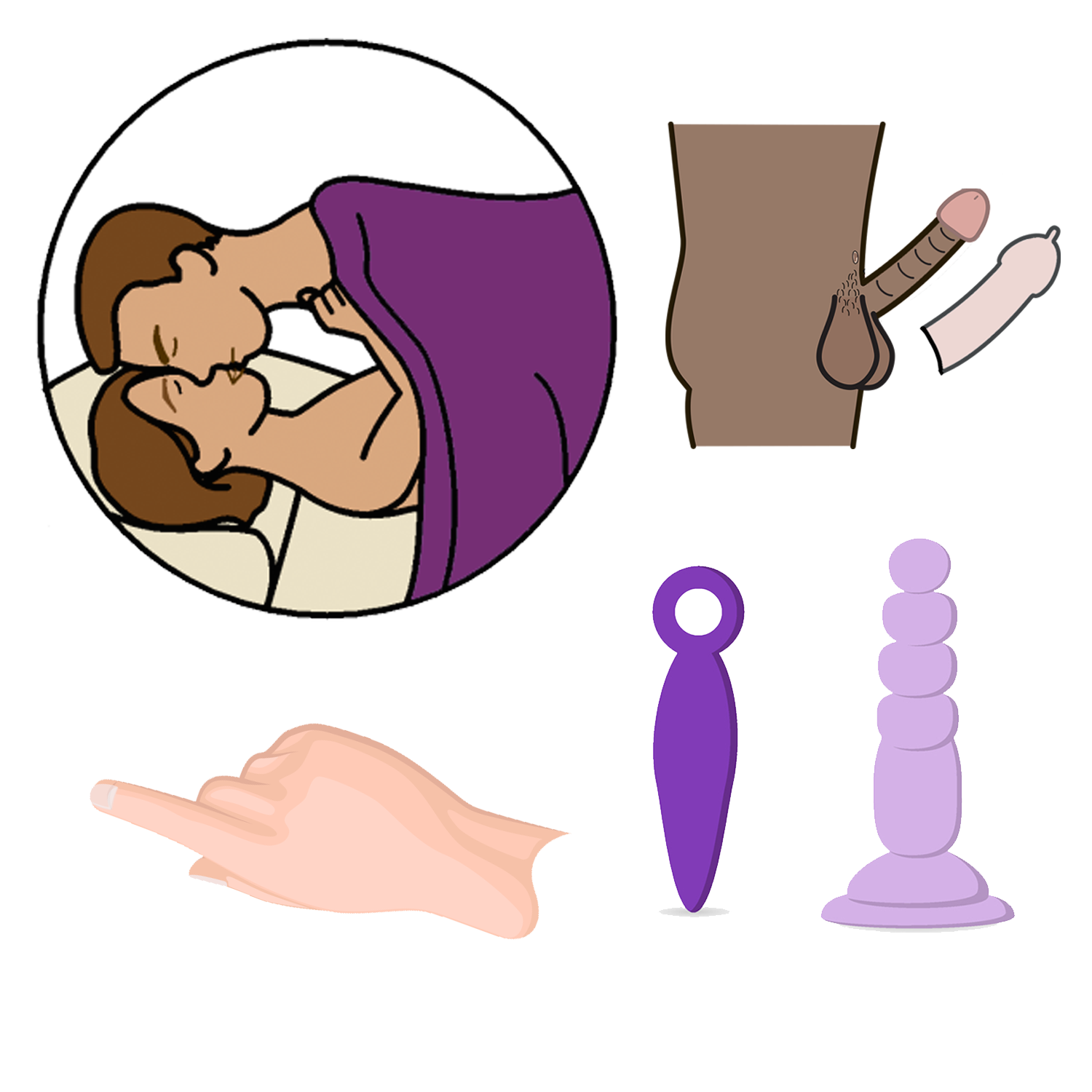
Talk to your doctor.

**How can I stop** getting **STIs?**

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When you have sex use a **condom** every time**.**



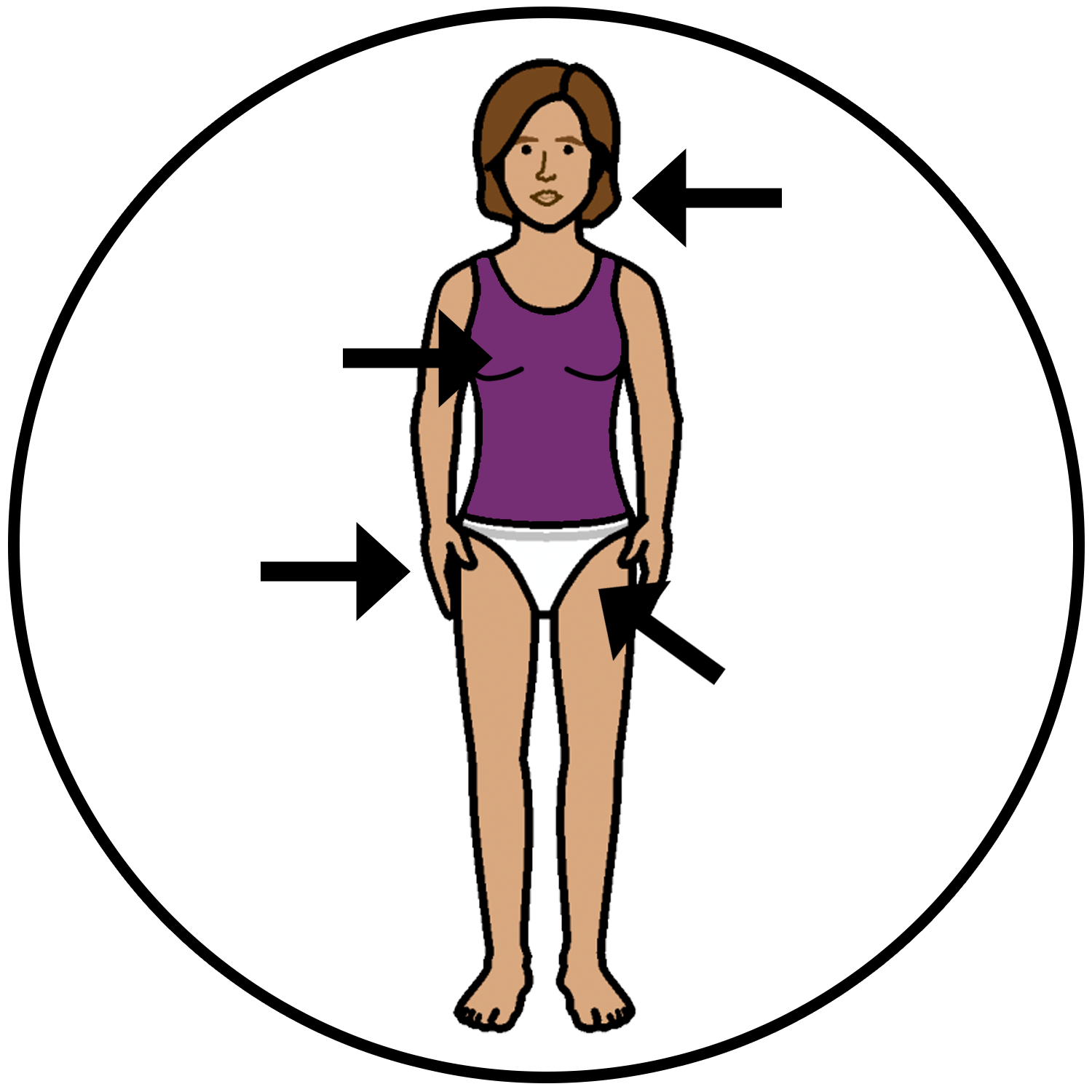


Read more about **condoms** in our book

**Safer Sex and Contraception.**

**A close up of a logo

Description automatically generatedAn STI Test**

Your doctor may ask to see your **private parts**.

* your vagina
* your breasts
* your poo hole.

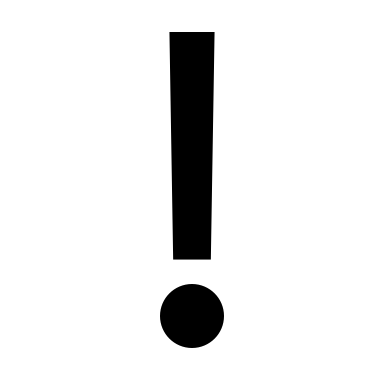


It all helps the doctor know

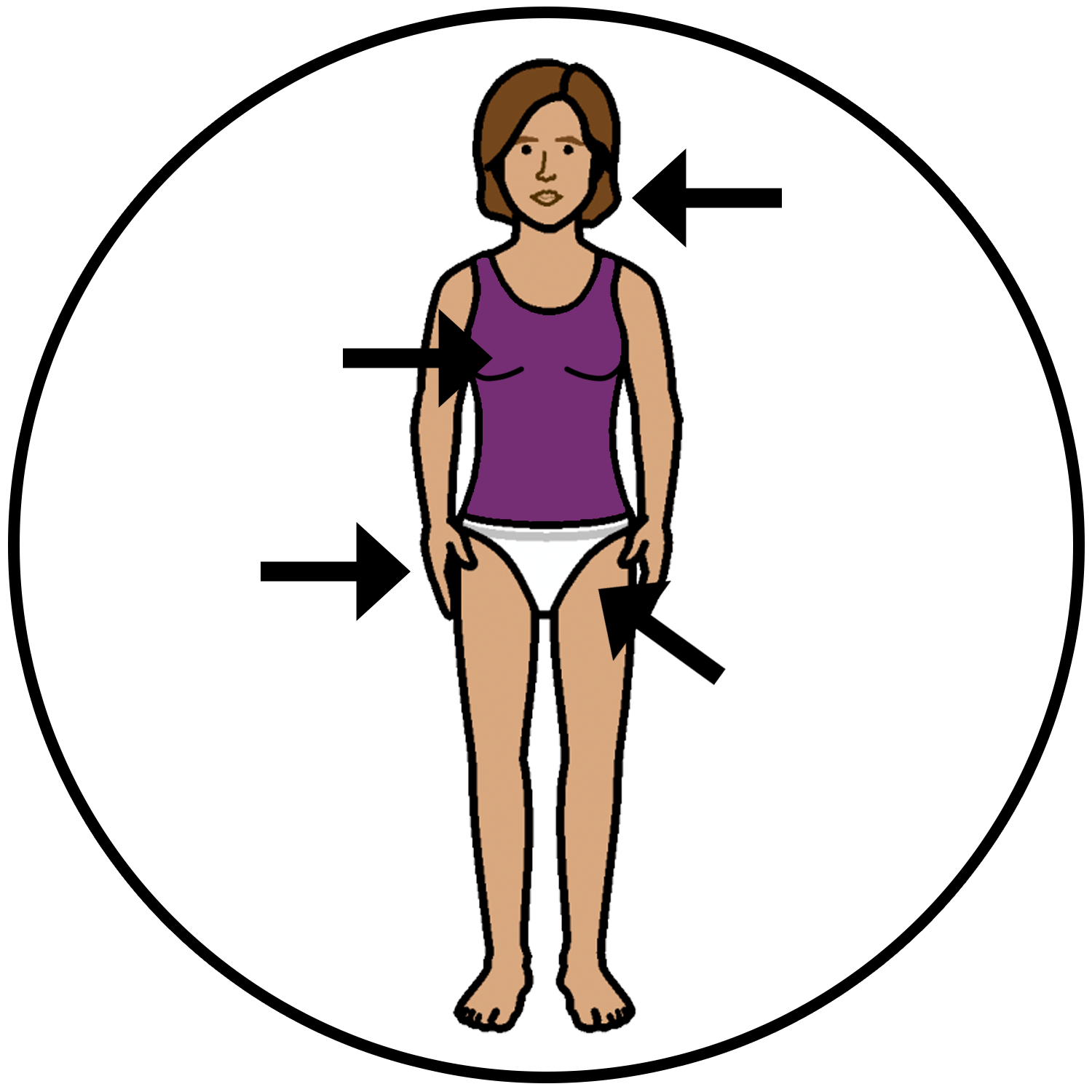
* what is wrong
* what to give you to get well.



You **must** say it is **ok** for the doctor to do this with your private parts.This is called **consent**.

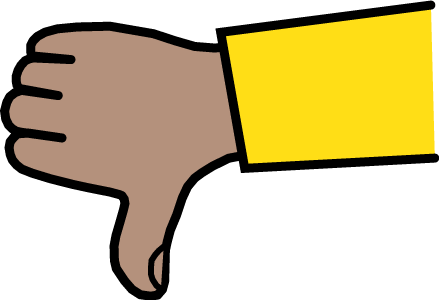
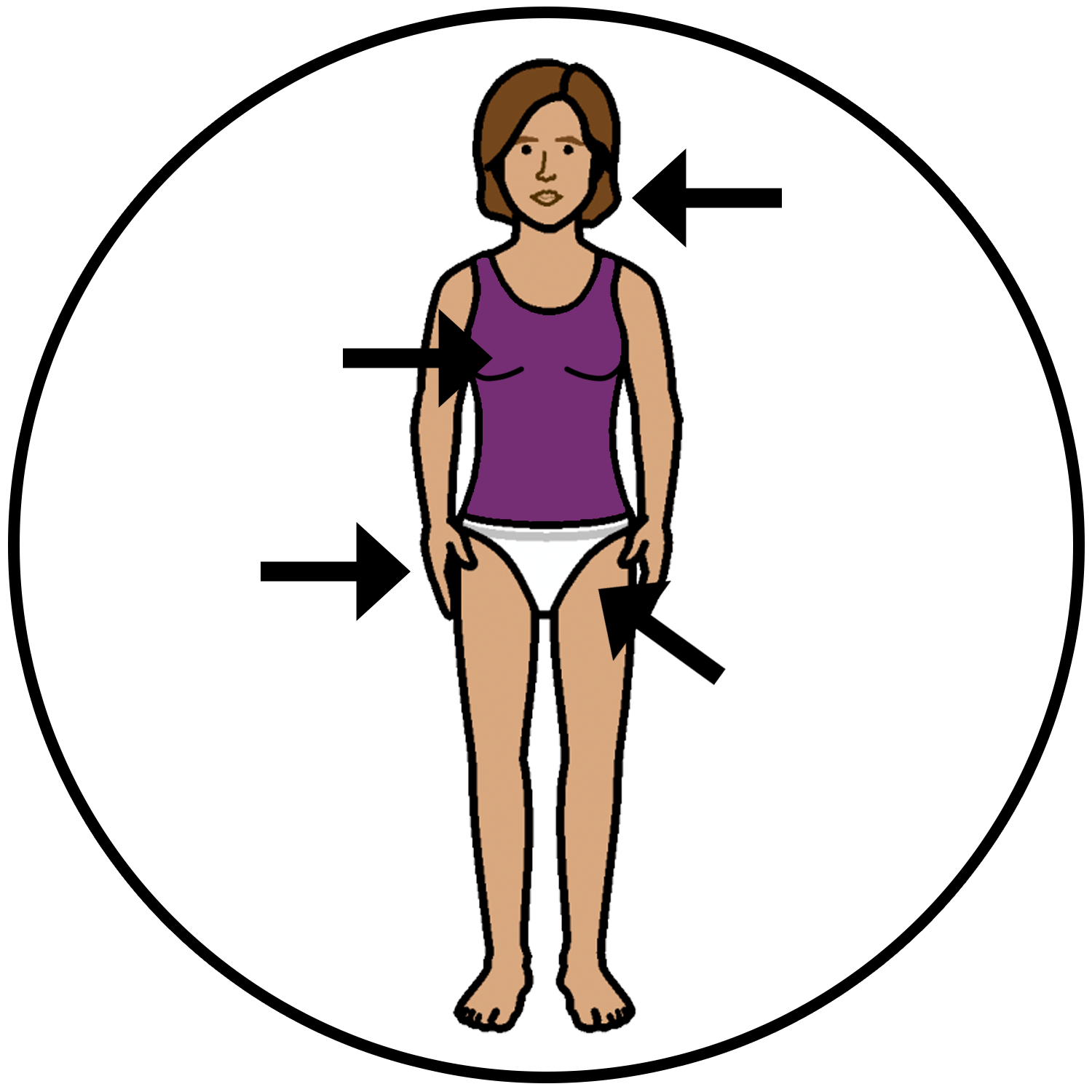


**Remember!**

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Your private parts are private to you.



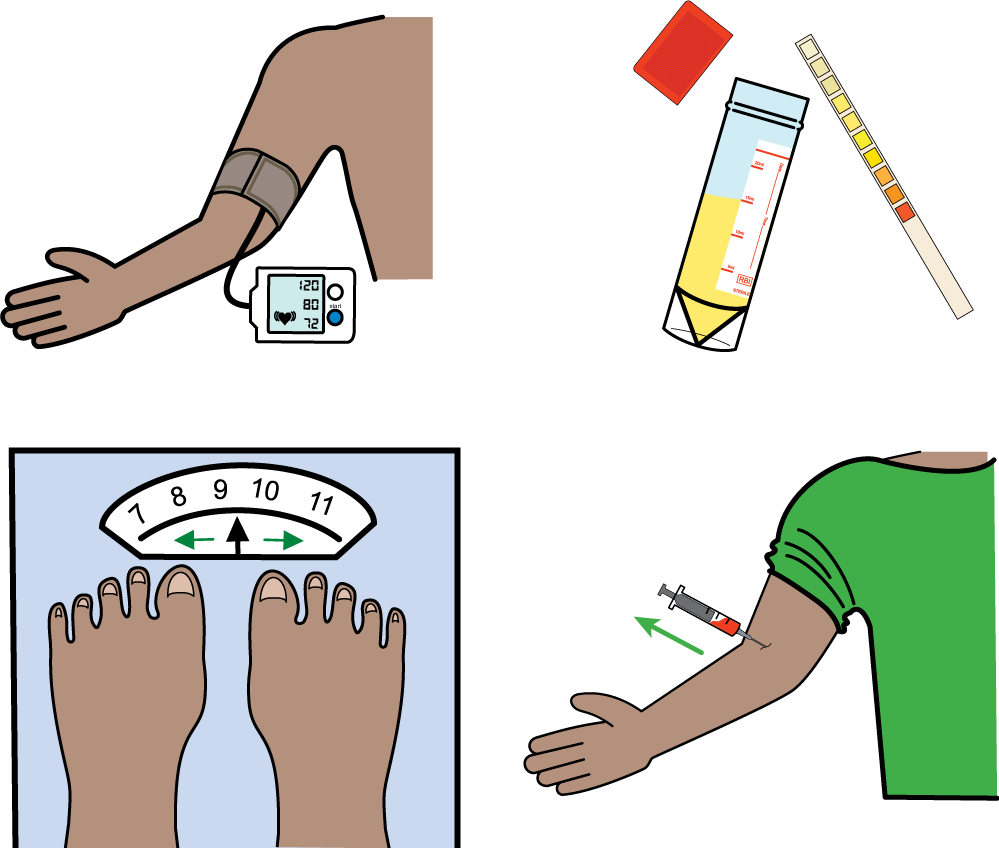
When you say **no.**

The doctor or nurse can **not** touch

your private parts.

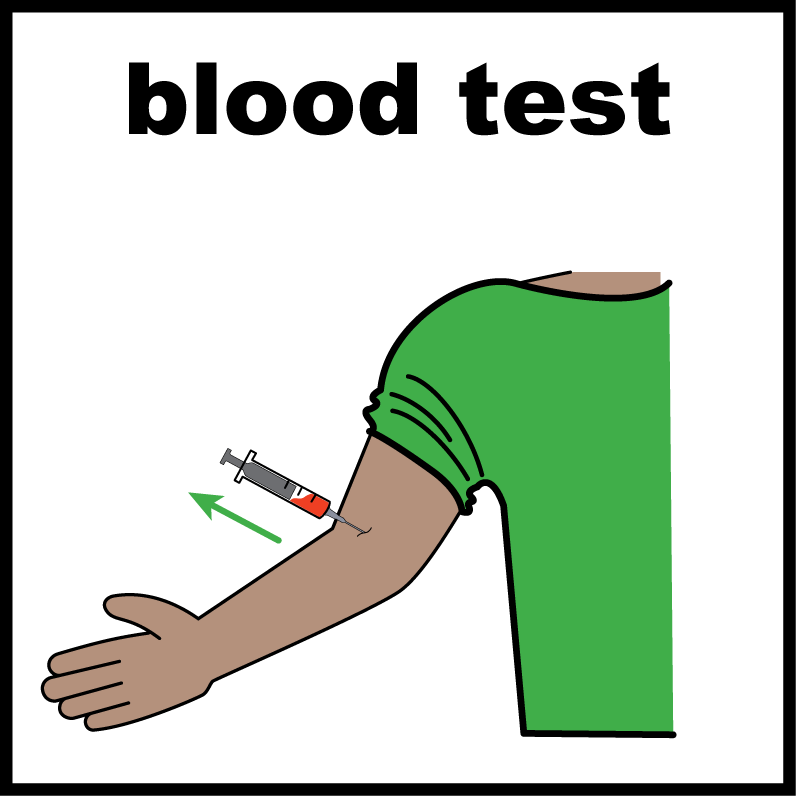
**A close up of a logo

Description automatically generated**The doctor may also ask for



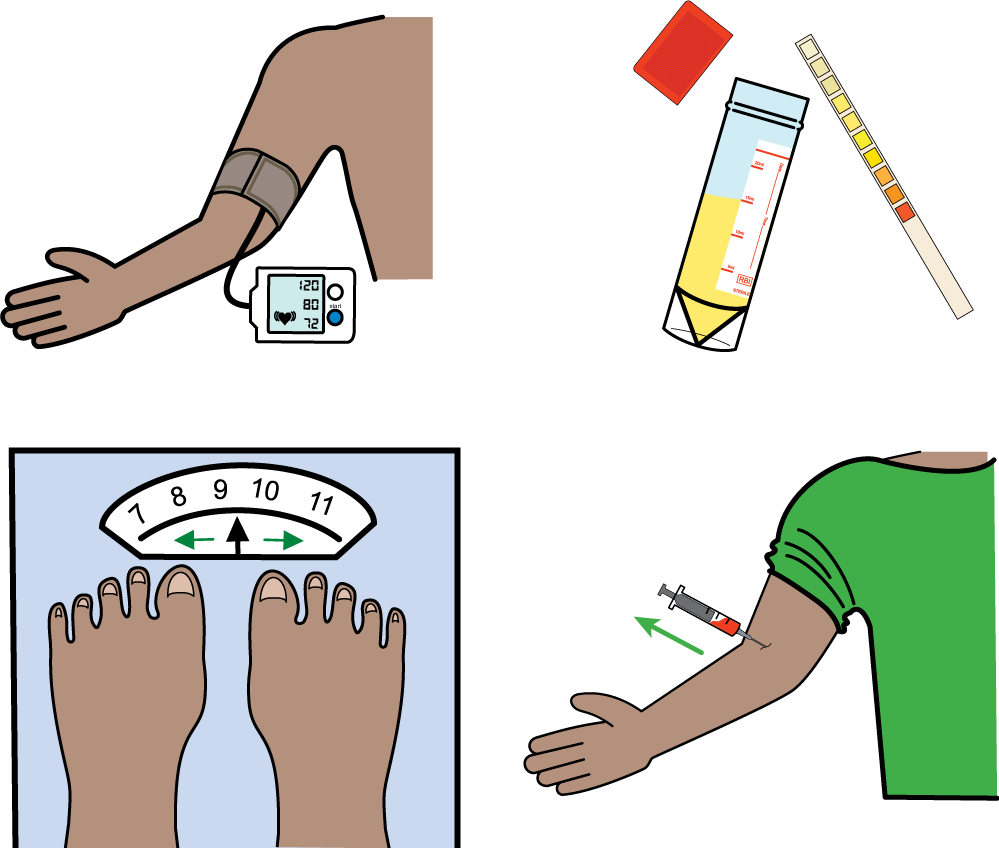
* some wee in a jar

**and**

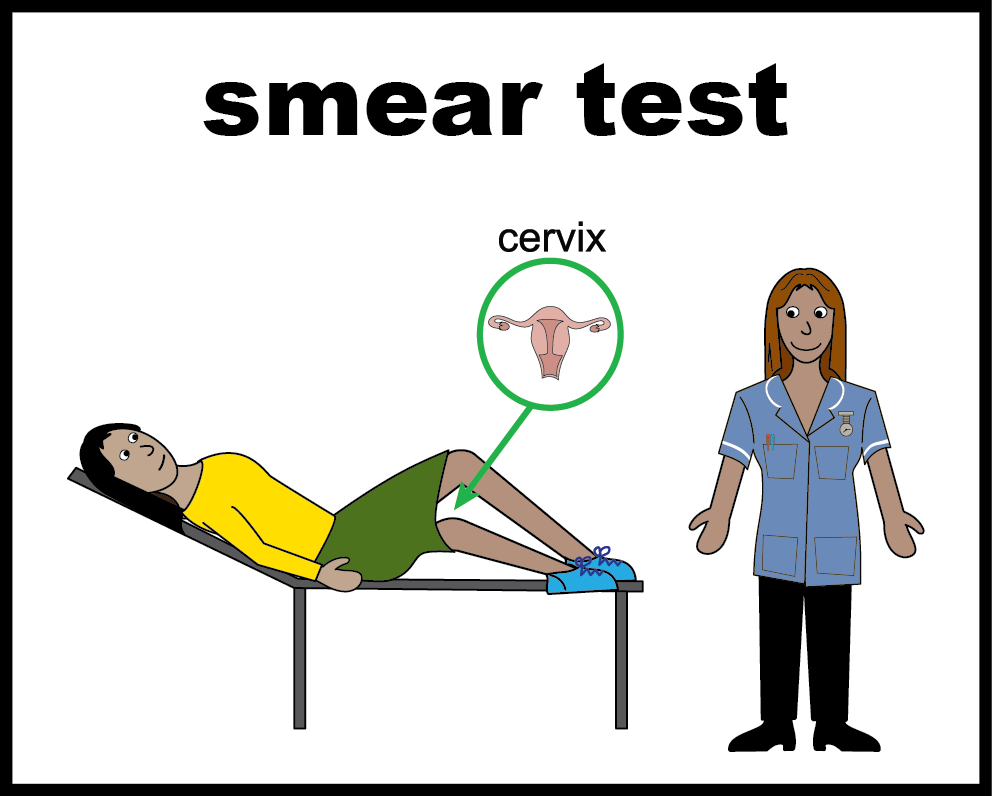


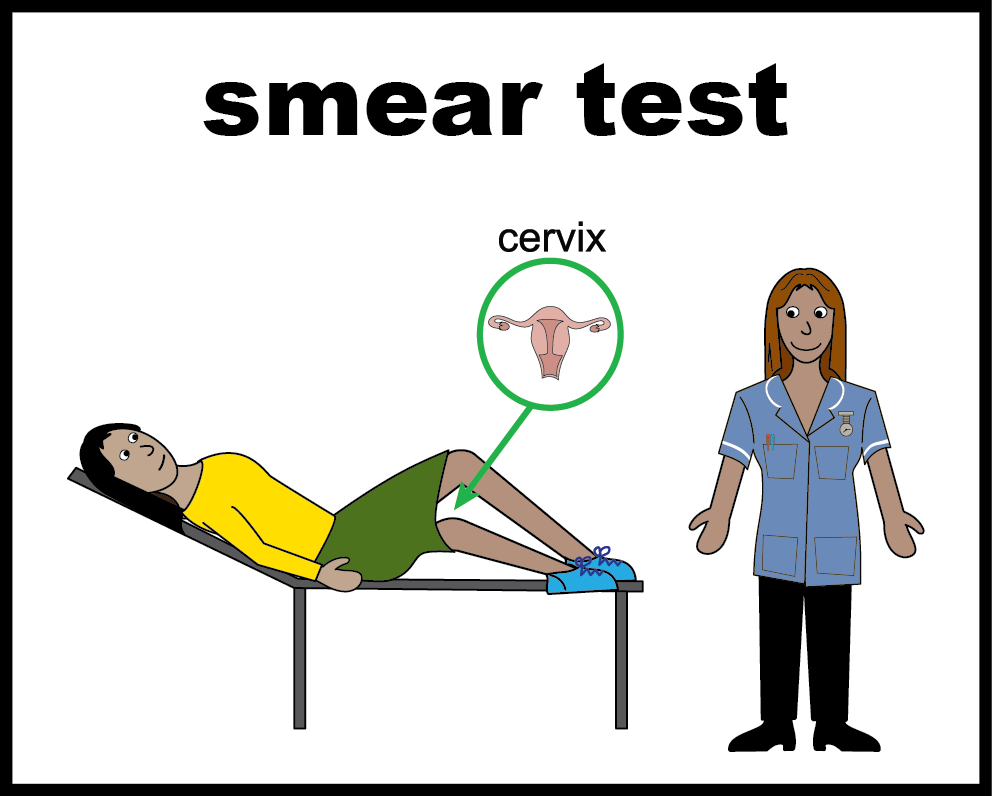
* some blood in a blood test

**and**

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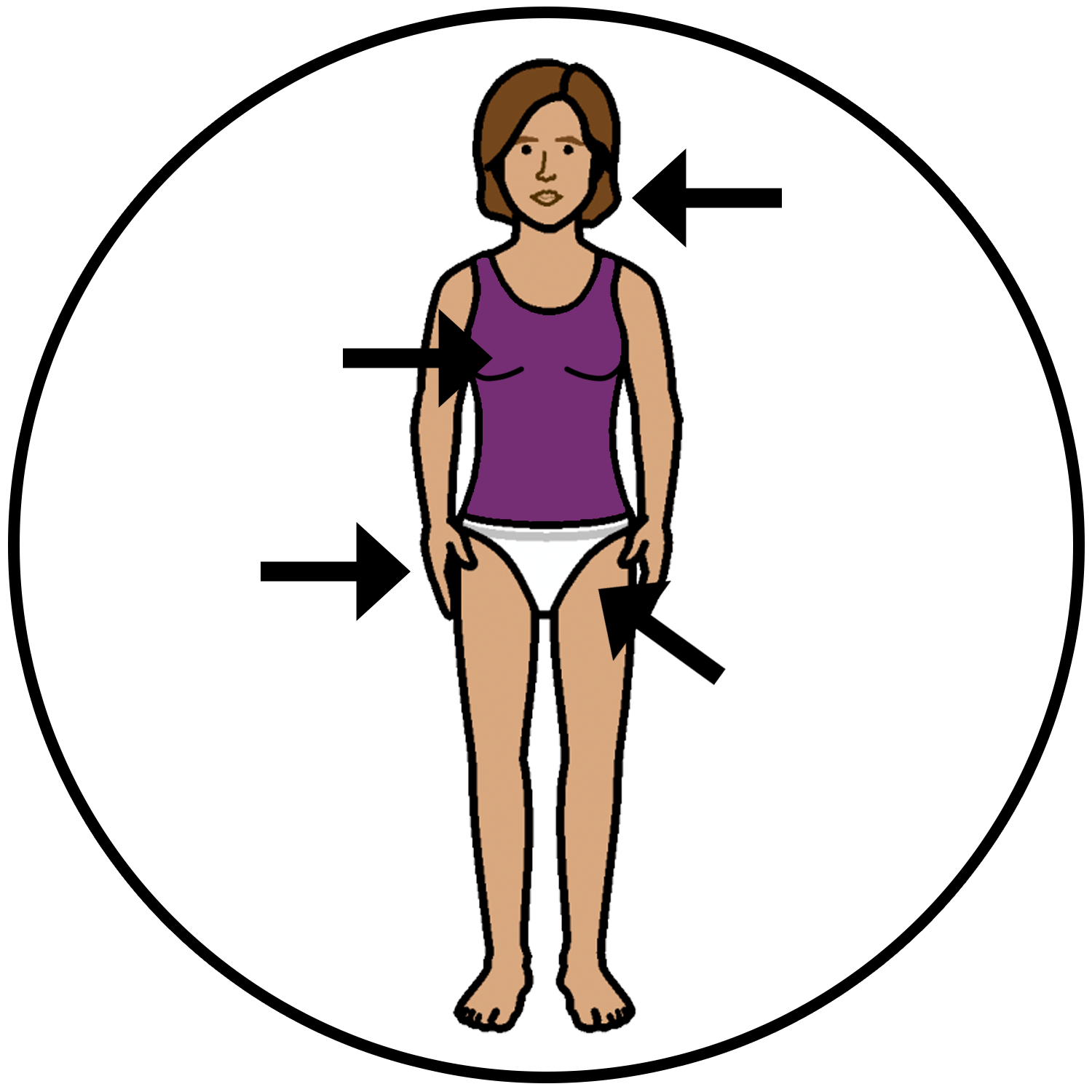
* to test your blood pressure.

**For people with a cervix**



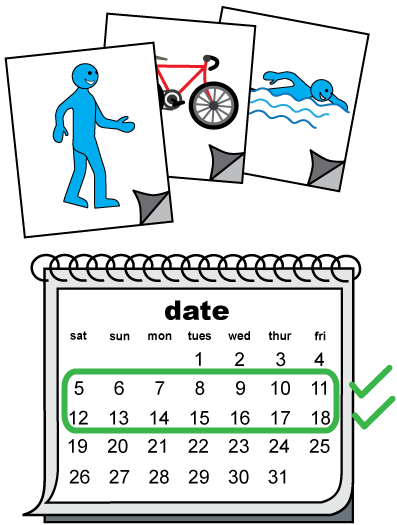
You may need to do a test called a

**cervical screen**. This is also called a **pap smear**.



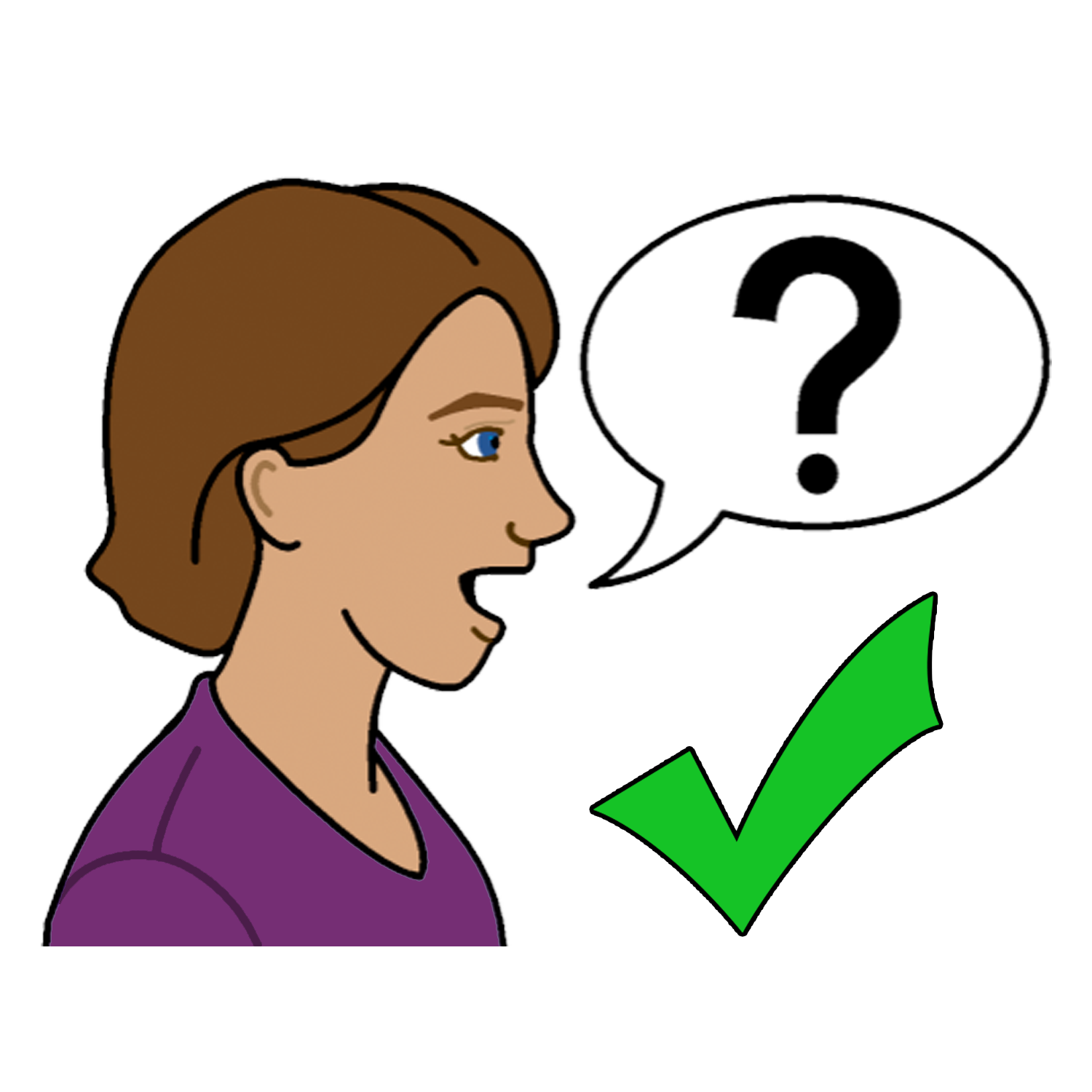
The doctor will need to see your private parts

to do this.

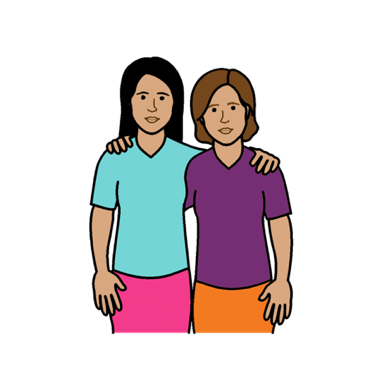


Your doctor will tell you the answer

in 1 to 2 weeks.

**To find out more**

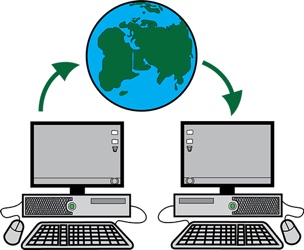
Talk to some one you trust. Like



* a friend
* a family member

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* your doctor
* ****your local Family Planning service.   
  Go to www.[familyplanningallianceaustralia.org.au/services](http://familyplanningallianceaustralia.org.au/services/)

You can use the National Relay service

Call ………. 1800 555 677

TTY ……… 133 677

Need a translator

Call ……… 131 450

**Thank you**

**Who wrote this book?**

Women with Disabilities Australia wrote this book in 2019-2020.

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**Thank you for the money to write this book.**

The National Disability Insurance Scheme gave Women with Disabilities Australia some money to help build this website.

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