

Schedule August 30 – September 5

It's College  Spirit Week!

Let's have fun and help our college teams "KICK OFF" the 2021 season!

Monday ... August 30

- 9:30 Strength & Balance w/Nancy – C
Focus on strength (more standing)
- 10:15 Body & Balance w/Nancy – C
Focus on balance & range of motion
- 11:00 Groove w/Nancy (aerobics) – C
- 1:00 Party Bridge – CR
- 1:00 Dominoes – AC
- 7:00 **New!** "Victoria" – Conference Room
Season #4 of "The Crown" is not yet available for purchase.
Let's start a new series!

Tuesday... August 31

- 8:45 Water Aerobics with Sheri – Pool
- 10:45 Chair Yoga w/Carla – C
- 11:00 Chicken Foot – AC
- 1:00 **NO** Trivia Pursuit w/Gary – AC
- 1:30 Games in the Card Room – CR
- 2:30 **All Floor Trivia Football Challenge**
 1st vs 2nd vs 3rd!!
Wear your favorite team Hat
- 3:00 CHESS Club – NR
- 7:00 **Cool Pool Swim Hour – Pool**
Join friends at the pool
for an easy-breezy social 
- 7:00 Card Game '99' - CR

Wednesday... September 1

It's Alma Mater Day!
Wear your school colors!!



- 9:30 Mahjong – CR
- 9:30 Chair exercise with Nancy – C.
- 10:30 Dominoes – AC
- 1:00 Mexican Train – CR
- 4:00 **HOWDY HOUR – B**
Food, Fun, Prizes & Fight Song!
- 7:00 Corn Hole – C


Thursday ... September 2

Wear your favorite team football t-shirt!!


- 8:45 Water Aerobics with Sheri – pool
- 9:30 Ladies Bible Study w/Louise- Conf
- 10:45 Chair Yoga w/Carla – C
- 1:00 Learn Mahjong w/Margie – AC
- 1:00 Party Bridge – CR
- 2:00 **College Football Bloopers - C**
- 6:30 – 8:30 Evening Bridge – CR

Friday... September 3

Texas A&M Day!! Wear your Maroon!!

- 8:30 **Water Walking w/Leslie – Pool**
- 9:30 **Shop & Drop – Lobby**
Sign-up required at the front desk.
- 9:30 **NO** Strength & Balance w/Nancy
- 10:15 **NO** Body & Balance w/Nancy
- 11:00 **NO** Groove w/Nancy (aerobics)
Nancy will be gone today ☹️
- 1:00 Chicken Foot – AC
- 2:00 Hand & Foot Game – CR
- 3:30 **Pep Rally & Yell Practice!! – C** 
Maroon ice cream shakes!!

Saturday ... September 4

- 2:00 Movie Matinee & Popcorn
Conference Room Theatre
- 7:00 Movie & Popcorn - Conf
- 7:00 **Texas A&M vs Kent State**
 Neighborhood Room (if available)
Popcorn & soda

Sunday... September 5

- 9:00 Bible Study – C
- 2:00 Church Service – C
First United Methodist - Bryan
- 5:45 **Sunday Fun – AC**

Happy Birthday!

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|--------|-------------------|------|
| Aug 30 | Cathy Godfrey | #216 |
| Sept 2 | Mary Jane Wiggins | #127 |
| Sept 5 | Betty Trant | #217 |

