

RUSH University College of Nursing names CSS Outstanding Partner

This summer, CSS was honored with an Outstanding Partner award by the Rush University. Nursing services is a crucial program that supports nearly 80 participants however it is underfunded. Through this partnership CSS participants receive medical care while the nursing students themselves, gain the practice and education they need in a supervised setting. The nursing students devote approximately 400 hours of direct care per year.

The students who partner with CSS are in several clinical rotations of courses to include Public Community/Health, Mental Health, and Master of Science in Nursing (MSN) or Doctoral (DNP) Capstones that Rush students have partnered with CSS in working on for over sixteen years.

Rush University is the academic component of the Rush University Medical Center, a leader in healthcare in Chicago and the Midwest for more than 170 years. Nurses train at CSS during the Spring, Summer, or Fall session.

The recognition took place at the Rush annual Awards Reception on June 15th. CSS wishes to acknowledge Drs. Kathy Swartout, Masako Mayahara, and Tanya Friese for this honor along with all our RUSH nursing friends and colleagues.

New Furniture Needed for CSS Residents



The couch is very worn and is falling apart.



Collin and Yaakov will benefit from your contribution.



A traditional dining set is preferred.

Your gifts to the Décor for Dignity program provide CSS residents with intellectual/developmental disabilities with a more dignified home. This year we are raising money for Collin and Yaakov's home.

As you can see, the current furniture is **very** worn out. They are in need of a new sofa and dining room set.

Collin and Yaakov receive a safe place to live, and round-the-clock support with crucial life skills such as meal preparation, dressing, bathing, taking medications and getting rides where they need to go. But there is no state support for home improvements.

To make your gift today, visit www.CSSservices.org/donate Thank you!

Yoga & Zumba Back at CSS Academy



CSS Academy is excited to bring back two favorite classes this summer: Yoga and Zumba! Yoga focuses on mindfulness, strength, and flexibility. Zumba instructor, Hilda, is certified in Zumba Gold™ (basic level Zumba). The Zumba class can be modified for others that need it, such as alternative choreography or chair Zumba options.

Cost: \$8 per class, or \$60 for a 10-class punch card.

Location: CSS Academy, 3732 Grand Blvd., Brookfield, IL.

Schedule:

Yoga Saturdays at 9:00 a.m.

Zumba Saturdays at 10:00 a.m.

To Register: call Cassandra Colucy at 708.354.4547 x191 or email ccolucy@CSSservices.org.

CSS Academy is an all-ability facility and serves individuals with and without intellectual/developmental disabilities. All are welcome.

