

March 15, 2018

“CSS Welcomes 5 new residents!” New Group Residence is Home Sweet Home

CSS is happy to welcome five new ladies to their new group residential home, fondly called the Kensington home.



From left to right: Courtney, Dani, Ashley, Lisa and Sam

Two of the ladies came to CSS from the Kiley Developmental Center in Lake County while the three other roommates transitioned from the community or from other CSS programs. They are enjoying living in a community and having a place to call their own where they feel comfortable and independent. Now that all of the ladies are moved in, they are forming a great bond. CSS is grateful for the generous donations from our community supporters who purchased items and made in-kind donations.

“The girls are my sisters,” says Ashley

The ladies are settling in and keeping busy! Almost all of the ladies are participating in other CSS programs. Sam is enjoying the Community360 Day Program and loves going on the culture club field trips every month. Lisa and Dani are taking cooking and scrapbooking classes at CSS Academy and Dani hopes to start working in the community with the help of CSS' Supported Employment Program. Lisa is currently applying for jobs on her own and Dani has been researching colleges to study to be a massage therapist.



The ladies help prepare dinner

One of the goals the ladies set for themselves when they moved in was to live a healthier lifestyle. Each week students from the Rush University Nursing program visit the home and teach the ladies healthy lifestyle tips and healthy food recipes. The staff is even looking to buy a treadmill for the home.

“I have already lost seven pounds since moving to my new house! I am learning how to cook healthier meals and I started exercising. I am going to work hard to reach my goal!” says Lisa.

The transition of moving can be stressful, especially for individuals with intellectual/developmental (I/DD). A lot of preliminary planning went into preparing the home to make sure the ladies were ready to move in. Prior to moving in they each chose their favorite color for their bedroom and met each other periodically. As many as ten staff members worked hard to make sure this transition was as smooth as possible. The roommates are becoming a great support system for one another.



Courtney and Sam are smiling bright

The ladies continue to flourish in their new home. The residents of the Westchester home receive hands-on supportive services including self-care, nursing care, nutritious meal preparation, transportation and social activities. This transition is strengthening their independence, self-esteem, and ability to contribute to community life.



OUR MISSION

CSS is a private nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem and ability to participate in and contribute to community life.

Illinois' largest Respite Provider

Each year, more than 377,890 hours of service are provided by our dedicated staff. We serve 814 individuals and their families throughout 51 communities in Chicago's western suburbs.

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CSS News



Join us for our Spring Event!

Friday, April 20th

6:00 pm-10:00 pm

The Hyatt Lodge
2815 Jorie Boulevard,
Oak Brook IL

[Buy Tickets Here!](#)

Event Volunteers Also Needed!

Shifts include:

Daytime Auction Set-up
Evening Registration
Evening Raffle Sales

If you are available please contact Michelle Jimenez at:
info@CSSservices.org



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