

Our Mission

CSS Certification Training Programs are offered by Community Support Services, Inc., a private, nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem, and ability to participate in and contribute to community life.

Our Certification Training Programs in Cardio-pulmonary Resuscitation (CPR), First Aid and Professional Crisis Management (PCM) are ideal for professionals, caregivers and community members:

- Professionally certified instructors
- English **and** Spanish, day, evening and weekend programming available
- Group training available and brought **directly to your place of business**
- Two convenient CSS locations in Brookfield and Cicero



Fact:

"70% of Americans feel helpless to act during an emergency because they don't know how to administer CPR or they're afraid of hurting the victim." — American Heart Association



Community Support Services, Inc.

CSS Locations

CSS Academy

3732 Grand Boulevard
Brookfield, IL 60513
708.354.4547

CSS Family Support Center

5416 West 25th Street
Cicero, IL 60804
708.354.4547



CSS Certification Training Programs

Professionally administered CPR certification training and more for caregivers, professionals and community members, brought to your place of business or at convenient CSS locations.



Community Support Services, Inc.

9021 Ogden Avenue
Brookfield, IL 60513
708.354.4547

www.CSSservices.org

Save a life.



Become certified.



Prevent a crisis.



Cardiopulmonary Resuscitation (CPR)

Eighty-nine percent of those suffering a non-hospital cardiac arrest die because they don't receive immediate CPR¹. Your certified CSS instructor provides:

- 2-year American Heart Association Heartsaver[®] CPR and Automated External Defibrillator (AED) Certification (with BLS Certification for health professionals)
- Training to aid infants and children, compliant with OSHA and State Child Care Licensing requirements.
- 3.5 hours' instruction during convenient day, evening, and weekend classes. Taught in English or Spanish.

The life you save is likely to be someone you know because²:

- 80% of sudden cardiac arrests happen in private/residential settings
- Nearly 400,000 people suffer a non-hospital cardiac arrest annually
- Only 41% of those suffering cardiac arrest at home, work or in public currently receive immediate help

First Aid

More Americans, 1-44 years of age, die from injuries than from any other cause, including cancer, HIV or the flu³. You can save lives by completing CSS' 2-year Heart Association Heartsaver[®] First Aid Certification course:

- BLS Certification available for health professionals
- Training to aid infants and children, compliant with OSHA and State Child Care Licensing requirements.
- 3.5 hours' instruction during convenient day, evening, and weekend classes. Taught in English or Spanish.

Learn emergency first aid for common accidents and injuries such as:

- Animal Bites
- Burns
- Choking
- Cuts & Wounds
- Fractures
- Frostbite
- Heat Stroke
- Hypothermia
- Insect Stings
- Nose Bleeds
- Poisoning
- Seizures

¹ American Heart Association[®], "2012 Hands-Only™ CPR Fact Sheet," http://www.heart.org/idc/groups/heart-public/@wcm/@ecc/documents/downloadable/ucm_441302.pdf, (accessed May 21, 2013).

² American Heart Association[®]

³ Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System (WISQARS) [online] (2007) [accessed June 13, 2013]. Available from URL: <http://www.cdc.gov/injury/wisqars>.

All Healthcare, EMS & Daycare Professionals, Babysitters, Parents, Caregivers, Hospitality Workers, Business People, and Bystanders need CPR & First Aid Certification!

Professional Crisis Management (PCM)

CSS Professional Crisis Management focuses on prevention before a crisis occurs—even before behavior has escalated. If you work with children, the elderly, individuals with development disabilities or those with behavioral challenges, then you will benefit from this workshop.

- Earn 1-year PCM Certification and learn intervention 'best practices'
- Reduce incidents of violent or aggressive behavior and increase your workplace safety
- Reduce your risk of liability
- Increase your confidence and apply what you've learned immediately

To get our schedule or set up a consultation for training at your place of business, call 708-354-4547.