

# INN-SIGHTS

The Inn • Part of the Waveny LifeCare Network  
73 Oenoke Ridge New Canaan CT 06840 203-594-5450

January 2021

**WISH ON A SNOWFLAKE**  
**MONDAY, JAN. 4 – 3 P.M.**

We're cutting intricate snowflakes and as each one comes to life we'll make a wish for the coming year.

**SHORT STORIES**  
**TUESDAYS AT 3 P.M.**

We read Christmas stories last month and were delighted to find out that the Mormon Tabernacle Choir's annual Christmas TV show featured actor Richard Thomas reading OUR Pearl Buck story!

**PINECONE BIRD FEEDERS**  
**THURSDAY, JAN. 7 – 3 P.M.**

Pinecones smothered in peanut butter and bird seed are sure to attract our feathered friends this month.

**CHRISTMAS TREE DÉCOR**  
**FRIDAY, JAN. 8 – 1:15 P.M.**

It's now time to take the tree down, wrap each ornament and stash the decorations away for another year. Many hands needed.

**MEDITATION**  
**MONDAYS & THURSDAYS AT 11:30 A.M.**

Guided imagery is a simple relaxation technique that can help you quickly and easily manage stress and reduce tension in your body. It's easier than exercise, no risk of side effects, and can be done by anyone! Meets in our library.

**TEA WITH A TWIST**  
**WEDNESDAYS AT 3 P.M.**

Our midweek afternoon teas provide a quiet and peaceful interlude with the added enjoyment of a "twist" that sparks thought and conversation.

**WATERCOLOR CLEANUP**  
**MONDAY, JAN. 11 – 3 P.M.**

Time to do a bit of watercolor housekeeping. We'll clean each set, add new paint and prepare for the next

watercolor painting project (Valentine's Day is coming!)

### **PLAY READING**

**THURSDAY, JAN. 14 – 2:30 P.M.**

We've chosen Rachel Field's one-act play, "The Patchwork Quilt" to read aloud this afternoon. The old, worn quilt is a symbol of all that elderly Mrs. Willis loves. With it, she feels secure in her memories; without it, her mind grows hazy and clouded. Locked in these memories is the location of a deed for valuable property which becomes the crux of the play.

### **CRAFTS WITH MARTA**

**SATURDAYS, JAN. 16 & 30 – 1:15 P.M.**

Join Marta after lunch. She always comes up with a creative and fun crafts project!

### **WORD DETECTIVE**

**MONDAY, JAN. 18 – 3 P.M.**

Don your imaginary Sherlock Holmes hat and try to come up with new words from an original word. This is one of our favorite word games, and it's rare that we don't find at least 100 words!

### **JEOPARDY!**

**THURSDAY, JAN. 21 – 3 P.M.**

What will the categories be this afternoon? Come try to give the correct questions to this popular game. We even have prizes (of sorts) today!

### **PAINTED HEARTS**

**MONDAY, JAN. 25 – 3 P.M.**

Our watercolor sets are clean and ready for the next project – let's start making Valentines!

### **PAPER STRIP HEARTS**

**THURSDAY, JAN. 28 – 3 P.M.**

Valentine's Day is just around the corner! We'll get a head start today making these little paper strip hearts for a Valentine tree! Meets in the library.

### **JANUARY BIRTHDAYS – CELEBRATED ON TUESDAY, JAN. 26<sup>TH</sup> AT LUNCH**

Midge Murphy – 1/24

Jill Stevens – 1/24

## **inn-formation**

**INN-NOTES** – if it's Tuesday, it must be singing time! Join us around the piano at 11 a.m.

### **RESIDENT MEETINGS**

Wednesdays at 11:30 a.m.

### **TAKE PRECAUTIONS!**

We can't stress enough the Covid precautions that need to be observed to keep folks healthy and safe. Wash hands frequently, wear mask inside and outside, and observe social distancing.

