

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>New Year's Day</b> <b>1</b> 10:00 Morning Greeting 10:30 Working Out The Week 11:00 <b>New Years Around the World</b>  1:30 Group Crossword  2:30 Board Games 3:30 1:1 Music Therapy by Appt.	<b>2</b> 10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Bingo 1:30 Word In A Word 2:30 Puzzles Games and Trivia
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle  1:30 Move to the Rhythm  2:30 Sunday Matinee  3:00 Birds Moving South	<b>3</b> 10:00 Morning Greeting 10:30 Moving Monday 11:00 <b>Pictionary</b> <i>Familiar board game on Main St</i>  1:30 Name that Tune 2:30 Cards With Friends SMS 3:00 New Year's Resolutions 3:30 1:1 Music Therapy by Appt.	<b>4</b> 10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 <b>Curse of the Bambino Day</b> <i>Baseball Trivia</i>  1:30 Best of Broadway 2:30 Short Story Club 3:00 Move to the Music 4:00 Live Music & Relaxation	<b>5</b> 10:00 Morning Greeting 10:30 Mindfulness and Stretching 11:00 Group Exercise 2 <sup>nd</sup> Floor 11:30 Queen for the day 11:00 <b>Worship Service</b> 1:30 Birds flying south 2:30 Sing-a-Long 3:00 Wheel of fortune 3:30 1:1 Music Therapy by Appt	<b>6</b> 10:00 Morning Greeting 10:30 Silver Sneakers 11:00 <b>Adaptive Bowling</b> 1:30 Creative Art 2:30 1940's Famous Boxers 3:00 America's Got Talent 3:30 Community Music Experience	<b>7</b> 10:00 Morning Greeting 10:30 Working Out The Week  11:00 <b>The Waveny Singers</b> <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Word in a Word 2:00 Faithful Fridays 3:30 1:1 Music Therapy by Appt.	<b>8</b> 10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Reading Aloud 1:30 Walking Club 2:30 Group Crossword
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle  1:30 Music and relaxation  2:30 Sunday Matinee  3:00 Animals in the Winter	<b>10</b> 10:00 Morning Greeting 10:30 Moving Monday 11:00 <b>Balloon Volleyball</b> <i>Group volleyball adapted for all</i>  1:30 Morse Code Day 2:30 Group Puzzles 3:00 Spin and Solve 3:30 1:1 Music Therapy by Appt.	<b>11</b> 10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 <b>Put Your John Hancock Here</b>  1:30 Winter Studio Art 2:30 Men's Indoor Bowling League 3:00 Afternoon Tea 4:00 Live Music & Relaxation	<b>12</b> 10:00 Morning Greeting 10:30 Mindfulness and Stretching 11:00 Group Exercise 2 <sup>nd</sup> Floor 11:30 Remember When... 11:00 <b>Worship Service</b> 1:30 Short Stories 2:30 Walking Club 3:00 Bingo 3:30 1:1 Music Therapy by Appt.	<b>13</b> 10:00 Morning Greeting 10:30 Silver Sneakers 11:00 <b>Music and Movement</b>  1:30 Taking a Stroll 2:30 Yahtzee 3:00 Best of Mozart 3:30 Community Music Experience 4:00 Creative Expressions Group	<b>14</b> 10:00 Morning Greeting 10:30 Working Out The Week  11:00 <b>The Waveny Singers</b> <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Sweet Home Chicago Travelogue 2:30 Skip-Bo 3:30 1:1 Music Therapy by Appt.	<b>15</b> 10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Tabletop Games 1:30 Name That Tune 2:30 Relaxation
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle  1:30 Figure Skating Reminiscing  2:30 Sunday Matinee  3:00 Short Stories	<b>17</b> <b>Martin Luther King Jr. Day</b> 10:00 Morning Greeting 10:30 Moving Monday 11:00 <b>Martin Luther King Day</b>  1:30 Oh Pooh day 2:30 Vivaldi's The Four Seasons 3:00 Motown Sing a Long	<b>18</b> 10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 <b>Happy Birthday, Dolly</b> <i>Music and Facts about Dolly Parton</i>  1:30 Coloring to Music 2:30 Group Trivia 3:00 Short Story Time 4:00 Live Music & Relaxation	<b>19</b> 10:00 Morning Greeting 10:30 Mindfulness and Stretching 11:00 Group Exercise 2 <sup>nd</sup> Floor 11:30 Penguin Day 11:00 <b>Worship Service</b> 1:30 Musical Balloon Game 2:30 Coloring 3:00 Music and Relaxation 3:30 1:1 Music Therapy by Appt.	<b>20</b> 10:00 Morning Greeting 10:30 Silver Sneakers 11:00 <b>Rhythm Circle</b>  1:30 40's Flashback Day 2:30 Remembering Joan Crawford 3:00 Winter Bingo 3:30 Community Music Experience 4:00 Creative Expressions Group	<b>21</b> 10:00 Morning Greeting 10:30 Working Out The Week  11:00 <b>The Waveny Singers</b> <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Walking Club SMS 2:00 Faithful Fridays 3:30 1:1 Music Therapy by Appt.	<b>22</b> 10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Stretching 1:30 Sing-a-long 2:30 Making Crafts
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle  1:30 Creative Corner  2:30 Sunday Matinee  3:00 Trip to the Alps	<b>24</b> 10:00 Morning Greeting 10:30 Moving Monday 11:00 <b>Royal Wedding Anniversary</b>  1:30 Winter Art in the Making 2:30 Café Waveny 3:00 Jeopardy 3:30 1:1 Music Therapy by Appt.	<b>25</b> 10:00 Morning Greeting 10:30 Groovy Tuesday 11:00 <b>Phantom of the Opera Broadway Premiere</b> 1:30 Australia Day, Visit Down Under 2:30 January Birthday Celebration 3:00 Rocky Mountain National Park Day and Songs from the Mountains 4:00 Live Music & Relaxation	<b>26</b> 10:00 Morning Greeting 10:30 Mindfulness and Stretching 11:00 Group Exercise 2 <sup>nd</sup> Floor 11:30 Breaking News 11:00 <b>Worship Service</b> 1:30 50's Sing-a-Long 2:30 Sensory Exercise Games 3:00 Afternoon Tea- and Mozart 3:30 1:1 Music Therapy by Appt.	<b>27</b> 10:00 Morning Greeting 10:30 Silver Sneakers 11:00 <b>BINGO</b>  1:30 Kazoo Day 2:30 Making Connections 3:00 Relax and Breath to Music 3:30 Community Music Experience 4:00 Creative Expressions Group	<b>28</b> 10:00 Morning Greeting 10:30 Working Out The Week  11:00 <b>The Waveny Singers</b> <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Critter Cam Critter-Vision 2:30 Who What Where When Trivia 3:30 1:1 Music Therapy by Appt.	<b>29</b> 10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Artistic Expressions 1:30 Word Games 2:30 Can You Picture This?
10:00 Morning Greeting 10:30 Exercise 11:00 Crossword Puzzle  1:30 Making Winter Art  2:30 Sunday Matinee  3:00 Grammy Awards Hits	<b>31</b> 					