



September 2020

Village Music Therapy/TR Coordinator Shane Sullivan 203-594-5279

THE VILLAGE & ADULT DAY PROGRAM THERAPEUTIC RECREATION CHOICES at Waveny LifeCare Network (www.waveny.org) ADP PROGRAM: 203-594-5314

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Wreck of the Titanic Found <i>An engaging program about this historical event</i> 1:30 Skype Sessions by Appt. 3:00 Pet Therapy Visits	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Worship Service <i>Small group religious service with live music</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Garden Croquet <i>Croquet in Clare's Garden in small groups</i> 1:30 Skype Sessions by Appt. 4:00 Creative Expressions Group	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 The Waveny Singers <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Individualized Programming 1:30 Skype Sessions by Appt. 3:00 Group Crossword Puzzles
6	Labor Day 7	8	9	10	11	12
10:00 Morning Greeting 10:30 Clare's Garden Visits 11:00 Individualized programming 1:30 Skype Sessions by Appt. 3:00 Sunday Matinee <i>"Fiesta" Ch. #14</i>	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Adaptive Games on Main St. <i>Familiar games adapted to the physical needs of all residents</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy Sessions	10:00 Morning Greeting 10:30 Exercise 11:00 Pledge of Allegiance <i>A patriotic sing-a-long on Main St.</i> 1:30 – 3:00 Skype Sessions by Appt. 3:00 1:1 Individualized Programs	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Worship Service <i>Small group religious service with live music</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Adaptive Bowling <i>Group bowling on Main St. adapted to meet residents physical needs</i> 1:30 Skype Sessions by Appt. 4:00 Creative Expressions Group	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 The Waveny Singers <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Individualized Programming 1:30 Skype Sessions by Appt. 3:00 Small group music and relaxation
13	14	15	16	17	18	Rosh Hashanah 19
10:00 Morning Greeting 10:30 Clare's Garden Visits 11:00 Individualized programming 1:30 Skype Sessions by Appt. 3:00 Sunday Matinee <i>"My Fair Lady" Ch. #14</i>	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Individualized programming 1:30 Skype Sessions by Appt. 2:00 "Deuces Wild" <i>A live music performance in Clare's Garden</i> 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Beatles Singo <i>A musical themed game of BINGO</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy Sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Worship Service <i>Small group religious service with live music</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Group Drumming on Main St. <i>A music group where residents will explore a variety of percussion instruments</i> 1:30 Skype Sessions by Appt. 4:00 Creative Expressions Group	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 The Waveny Singers <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Individualized Programming 1:30 Skype Sessions by Appt. 3:00 Bingo
20	21	22	23	24	25	26
10:00 Morning Greeting 10:30 Clare's Garden Visits 11:00 Individualized programming 1:30 Skype Sessions by Appt. 3:00 Sunday Matinee <i>"La Traviata" Ch. #14</i>	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Plastic Bottle Day <i>Sing-a-long with bottle games</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy Sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Elephant Appreciation Day <i>Fun facts about elephants</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy Sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Worship Service <i>Small group religious service with live music</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Family Feud <i>An adapted version of the popular quiz show</i> 1:30 Skype Sessions by Appt. 4:00 Creative Expressions Group	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 The Waveny Singers <i>Weekly music therapy group led by Shane Sullivan MT-BC</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	10:00 Morning Greeting 10:30 Small Group Exercise 11:00 Individualized Programming 1:30 Skype Sessions by Appt. 3:00 Who? What? When? Trivia
27	Yom Kippur 28	29	30			
10:00 Morning Greeting 10:30 Clare's Garden Visits 11:00 Individualized programming 1:30 Skype Sessions by Appt. 3:00 Sunday Matinee <i>"The Sound of Music" Ch. #14</i>	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 "Come on Down!" <i>The price is right game, with song prices</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy Sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 National Hispanic Heritage <i>A celebration of Hispanic heritage with a piñata and refreshments.</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy Sessions	10:00 Morning Greeting 10:30 Exercise on Main St. 11:00 Worship Service <i>Small group religious service with live music</i> 1:30 Skype Sessions by Appt. 3:00 1:1 Music Therapy sessions	