

MEDICATIONS TO AVOID It is important to avoid certain medications prior to surgery. The following medications can have effects on bleeding swelling, increased risk of blood clots, and other problems if taken around the time of surgery.

Aspirin and Ibuprofen products

ASPIRIN avoid 2 weeks prior	4-Way Cold Tabs	5-Aminosalicylic Acid	Acetylsalicylic Acid
Adprin-B products	Alka-Seltzer products	Amigesic	Anacin products
Anexsia with Codeine	Argesic-SA	Arthra-G	Arthriten products
Arthritis Foundation products	Arthritis Pain Formula	Arthritis Strength BC Powder	Arthropan
ASA	Asacol	Ascriptin products	Aspergum Azdone
Asprimox products	Axotal	Azulfidine products	B-A-C
Backache Maximum Strength Relief	Bayer Products	BC Powder	Bismatrol products
Buffered Aspirin	Bufferin products	Buffets II	Buffex
Butal/ASA/Caff	Butalbital Compound	Cama Arthritis Pain Reliever	Carisoprodol Compound
Cheracol	Choline Magnesium Trisalicylate	Choline Salicylate	Cope
Coricidin	Cortisone medications	Damason-P	Darvon Compound-65
DarvonIASA	Dipentum	Disalcid	Doan's products
Dolobid	Dristan	Duragesic	Easprin
Ecotrin products	Empirin products	Equagesic	Excedrin products
Fiorgen PF	Fiorinal products	Gelpirin	Genprin
Gensan	Goody's Extra Strength Headache Powders	Halfrin products	Isolyl Improved
Kaodene	Lanorinal	Lortab ASA	Magan
Magnaprin products	Magnesium Salicylate	Magsal	Marnal
Marthritic	Meprobamate	Mesalamine	Methocarbamol
Micrainin	Mobidin	Mobigesic	Momentum
Mono-Gesic	Night-Time Effervescent Cold	Norgesic products	Norwich products
Olsalazine	Orphengesic products	Oxycodone	P-A-C
Pabalate products	Pain Reliever Tabs	Panasal	Pentasa
Pepto-Bismol	Percodan products	Phenaphen Codeine #3	Pink Bismuth
Propoxyphene Compound products	Robaxial	Rowasa	Roxeprin
Saleto products	Salflex	Salicylate products	Salsalate
Salsitab	Scot-Tussin Original 5-Action	Sine-off	Sinutab
Sodium Salicylate	Sodol Compound	Soma Compound	St. Joseph Aspirin
Sulfasalazine	Supac	Suprax	Synalgos-DC
Talwin	Triaminicin	Tricosal	Trilisate
Tussanil DR	Tussirex products	Ursinus-Inlay	Vanquish
Wesprin	Willow Bark products	Zorprin	

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IBUPROFEN – avoid Two weeks prior	Actron	Acular (ophthalmic)	Advil products
Aleve	Anaprox products	Ansaid	Cataflam
Clinoril	Daypro	Diclofenac	Dimetapp Sinus
Dristan Sinus	Etodolac	Feldene	Fenoprofen
Flurbiprofen	Genpril	Haltran	IBU
Ibuprin	Ibuprofen	Ibuprom	Indochron E-R
Indocin products	Indomethacin products	Ketoprofen	Ketorolac
Lodine	Meclofenamate	Meclomen	Mefenamic Acid
Menadol	Midol products	Motrin products	Nabumetone
Nalfon products	Naprelan	Naprosyn products	Naprox X
Naproxen	Nuprin	Ocufen (ophthalmic)	Orudis products
Oruvail	Oxaprozin	Piroxicam	Ponstel
Profenal	Relafen	Rhinocaps	Sine-Aid products
Sulindac	Suprofen	Tolectin products	Tolmetin
Toradol	Voltaren		

Other Meds	4-Way with Codeine	A-A Compound	A.C.A.
Accutrim	Actifed	Anexsia	Anisindione
Anturane	Arthritis Bufferin	BC Tablets	Children's Advil
Clinoril C	Contac	Coumadin	Dalteparin injection
Dicumerol	Dipyridamole	Doxycycline	Emagrin
Enoxaparin injection	Flagyl	Fragmin injection	Furadantin
Garlic	Heparin	Hydrocortisone	Isollyl
Lovenox injection	Macrochantin	Mellaril	Miradon
Opasal	Pan-PAC	Pentoxifylline	Persantine
Phenylpropanolamine	Prednisone	Protamine	Pyrroxate
Ru-Tuss	Salatin	Sinex	Sofarin
Soltice	Sparine	Stelazine	Sulfinpyrazone
Tenuate	Tenuate Dospan	Thorazine	Ticlid
Ticlopidine	Trental	Ursinus	Vibramycin
Vitamin E	Warfarin		

TRYCYCLIC Antidepressant products

Tricyclic	Adapin	Amitriptyline	Amoxapine
Anafranil	Asendin	Aventyl	Clomipramine
Desipramine	Doxepin	Elavil	Endep
Etrafon products	Imipramine	Janimine	Limbitrol products
Ludiomil	Maprotiline	Norpramin	Nortriptyline
Pamelor	Pertofrane	Protriptyline	Sinequan
Surmontil	Tofranil	Triavil	Trimipramine
Vivactil			



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Please notify your surgeon's office if you are taking any vitamins, herbal medications/supplements as these can also cause problems during your surgery and should not be taken for the two-week prior before surgery and one week after surgery. **TURMERIC MUST BE AVOIDED FOR 2 MONTHS PRIOR TO ANY SURGICAL PROCEDURE**

Herbal supplements and vitamins

Dong Qui	Echinacea	Ephedra	Feverfew
Fish Oils	Garlic	Ginkgo Biloba	Ginseng
Glucosamine	Licorice	St. John's Wort	Turmeric - Please stay off two months before procedure
Valerian	Vitamin C - more than 2000 mg daily	Vitamin E	Probiotics

Diet Pills

Patients having surgery must discontinue any diet pills for at least 2 weeks prior to surgery. This includes but is not limited to Phenetamine, Reduz, Ephedra (any type), and both prescription over the counter non-prescription diet pills. Please let your surgeon know if you have any questions about this policy but the unknown risks of these substances (however small it may be) is simply not worth it when having an elective procedure. Failure to abide by this policy may result in cancellation of surgery.

It is extremely important that if you come down with a cold, fever, rash, or any new medical problem close to your surgery date you should notify us immediately.

Nicotine Products

Nicotine reduces the blood flow to the skin any may impair healing. Quitting smoking drastically improves the body's response to surgery. Stop all, Cigarettes, Nicotine Gum, Cigars, Patches.

When in doubt, please call us for guidance: 601.933.2004