



PRE-OPERATIVE INFORMATION

It is important to avoid certain medications prior to surgery. The following medications can have effects on bleeding, swelling, increase the risk of blood clots, and cause other problems if taken around the time of surgery.

Please notify your surgeon's office if you are taking any vitamins, herbal medications/supplements as these can also cause problems during your surgery and **should not be taken for the two-week period before surgery and one week after surgery.**

It is extremely important that if you come down with a cold, fever, rash, or "any new" medical problem close to your surgery date, you should notify your surgeon's office immediately.

Section One: The following drugs contain aspirin and/or aspirin like effects that may affect your surgery (abnormal bleeding and bruising). **These drugs should be avoided for at least two weeks prior to surgery.**

Medications to Avoid Before Surgery

A.P.C.	A.S.A.	A.S.A. Enseals	Advil
Aleve	Alka-Seltzer Plus	Alka-Seltzer	Anacin
Anaprox	Ansaid	Argesic	Arthritis pain formula Arthritis strength Bufferin Arthropan Liquid
AS.A.	Ascriptin	Asperbuf	Aspergum
Aspirin (all brands)	Atromid	B.C. Tablets & Powder Backache Formula	Bayer Children's Cold Tablets Buff-A Comp
Bufferin	Buffets II	Buffinol	Buff-Tabs
Butazolidin	Caffergot	Cama Arthritis Pain Reliever	Clinoril
Congestion Chewable	Cope Tablets	Damason P	Darvon
Disalcid	Dolobid	Gemnisyn	
Doloprin	Easprin	Ecotrin	Emprin with Codeine Endep
Equagesic Tablets Etrafon	Excedrin	Feldene	
Fiorinal	Flagly	Carisoprodol	Four Way Cold Tablets
Gleprin		Goody's	Ibuprofen (all types)
Indocin	Indomethacin	Lanorinal	Lioresal
Magan	Magsal	Marnal	Marplan
Medomen	Methocarbamol with Aspirin Micrainin	Midol	Mobidin
Mobigesic	Momentum Muscular	Nalfon	Naprosyn
Naproxen	Nardil	Nicobid	Norgesic
Norgesic Forte			



Nuprin	Orudis	Pabalate-SF	Pamelor
Parnate	Percodan	Pepto-Bismol (all types)	Persantine Phenteramine Phenylbutzone
Ponstel	Propoxyphene	Rufen	S-A-C
Saleto	Salocol Sine-Aid/Sine-Off/Sinutab SK-65 Compound	St. Joseph's Cold Tab Sulindac	Synalgos
Tagamet	Talwin Compound Tenuate Dospan	Tolectin	Toradol
Triaminicin	Trigesic	Trilisate Tablets/Liquid	Vanquish
Verin	Voltaren	Zorpin	Zorpin
Motrin	Uracel	Motrin	Compound Robaxial

Section Two: The drugs listed below can have undesirable side-effect that may affect your anesthesia or surgery. Please let your surgeon know if you are currently taking any of these:

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|-----------------------|--------------------|----------------------|
| Achromycin | Ephedrine | Procarbazine HCL |
| Adapin | Extrafon | Pseudoephedrine |
| Amitriptyline HCL/MCL | Flexeril | Sinequan |
| Amoxapine | Imipramine HCL | Sumycin |
| Anafranil | Isocarboxazid | Sumontil |
| Asendin | Limbitrol | Tetracycline |
| Aventyl | Ludiomil | Tofranil |
| Carbamezapine | Maprotiline HCL | Tranylcypramine |
| Co-Tylenol | Matylane | Tri-Cyclen |
| Comtrex | Medipren | Triavil |
| Desipramine HCL | Mystecin-F | Trimipramine maleate |
| Desyrel | Norpramin | Viagra |
| Dilantin | Nortriptyline HCL | Vibramycin |
| Doxepin HCL | Novahistine | Vioxx |
| Effexor | Omade | Vivactil |
| Elavil | Perphenazine | Zomax |
| Ephredra | Phenelzine sulfate | |

Section Three: VITAMINS/HERBAL SUPPLEMENTS: The vitamins and herbal supplements can cause abnormal bleeding problems and can affect your cardiovascular system. Below is a list of herbal supplements/vitamins that may affect surgical outcome and safety. **These vitamins/herbal supplements should be avoided for at least two weeks prior to surgery.**



Dong Quai	Echinacea	Ephedra
Feverfew	Fish Oils (Omega-3 Fatty acids)	Garlic
Ginkgo Biloba	Ginseng	Glucosamine
Goldenseal	Kava	Licorice
St. John's Wort (all types)	Valerian	Vitamin C (more than 2000mg daily)
Vitamin E (more than 400mg daily)	Probiotics	

Section Four: DIET PILLS: Patients having surgery must discontinue any diet pills for at least 2 weeks prior to surgery. This includes but is not limited to Phenetamine, Reduz, Ephedra (any type), and both Prescription and Over-the-counter Non-Prescription Diet Pills. Please let your surgeon know if you have any questions about this policy, but the unknown risks of these substances (however small it may be) is simply not worth it when having an elective procedure. **Failure to abide by this policy may result in cancellation of surgery.**

Section Five: NICOTINE PRODUCTS: Nicotine reduces the blood flow to the skin any may impair healing. Quitting smoking drastically improves the body's response to surgery. Stop all, Cigarettes Nicotine Gum Cigars Patches.

When it doubt, please call our office for guidance: 601.933.2004.