

News from CureGN

Sponsored by the National Institutes of Health (NIH)
National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

April 2018

Thank you for your time and contributions to CureGN. As you may be already aware, the CureGN study is a huge effort aimed to further the understanding of rare forms of kidney diseases, including minimal change disease (MCD), focal segmental glomerulosclerosis (FSGS), membranous nephropathy (MN), and IgA Nephropathy. Please find below some updates about this important, one-of-a-kind study.

Additional content can be found on our website CureGN.org or at Nephcure.org.

Patient Advisory Committee Member Spotlight:

Hello, my name is Shahd. I'm currently a Junior in high school. I decided to start Track and Field this year for the first time and I've been participating in different types of mixed martial arts. When I was eight years old I was diagnosed with minimal change nephrotic syndrome. Living with a condition like this brought my immune system down, as many may know, and I was constantly missing school and it became harder and harder to keep up in school and maintain my good grades. I am thankful that I am in remission now and am working on becoming healthier every day. I try to not worry about whether I will have another relapse because then I'm stopping myself from living my life to its fullest potential. When I was approached to join this study it gave me hope that a cure could be found to prevent other little kids as well as adults from having to face what I went through and the struggles that come with it. It's such a terrifying thing, being a kid and being told you have to switch to a low sodium diet, start taking medications daily and drive to clinic almost every week, especially when you were perfectly healthy before. I hope that we find a reason for why kidney disease like minimal change nephrotic syndrome as well as many others happen and develop a cure.



Enrollment

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Clinical research studies like CureGN depend on you!

As of 04/02/2018:

Total Enrolled: 2084

Totals by disease:

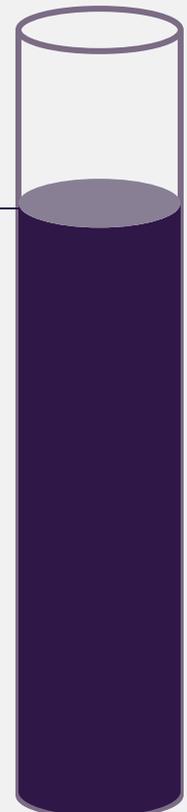
MCD: 488

FSGS: 524 Goal: 2400

MN: 403

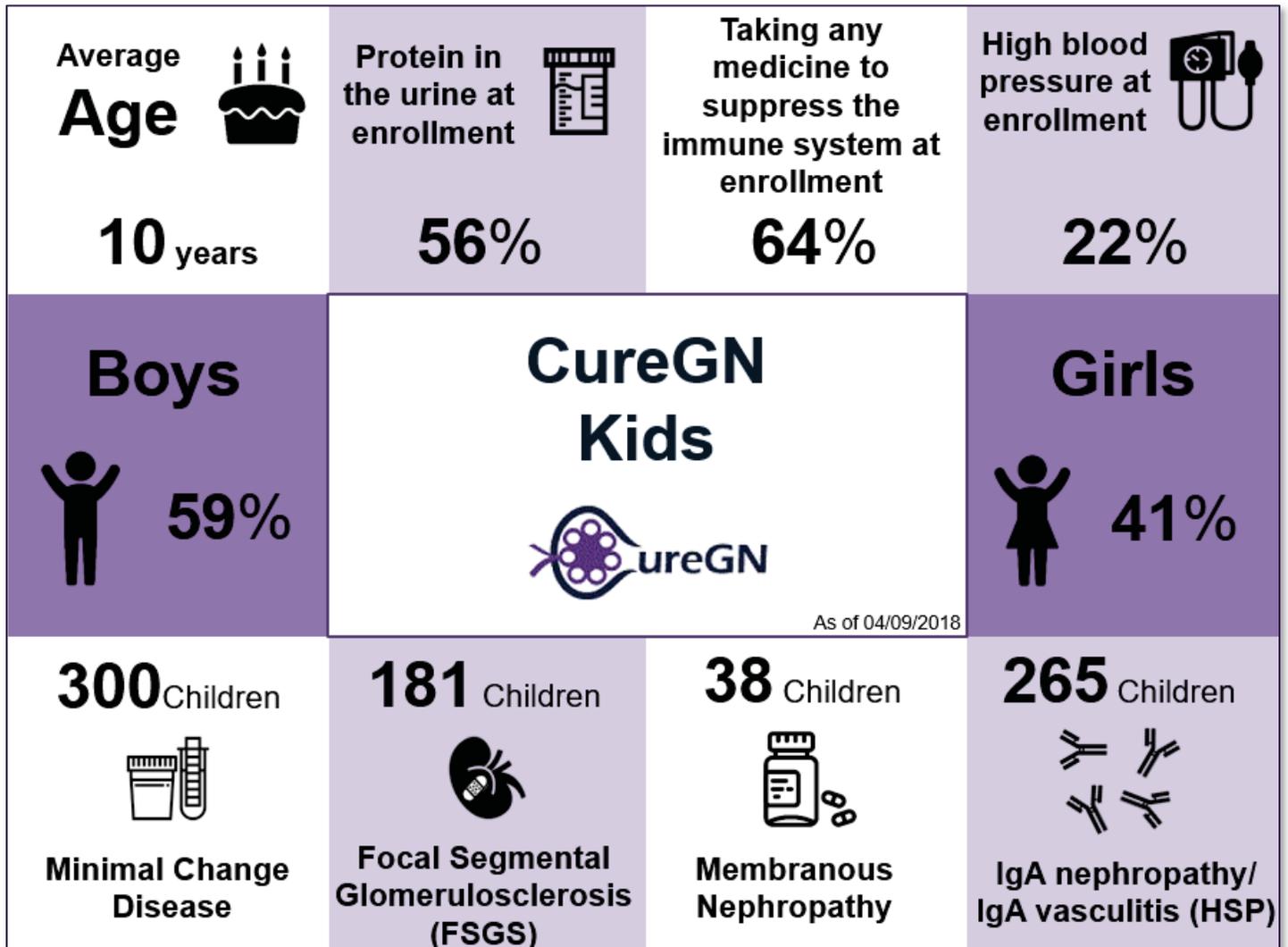
IgA: 669

87%



CureGN Pediatric Update:

Children with glomerular diseases make up 39.1% of the CureGN patients enrolled to date. Children are a very important part of our research study so we can learn as much as possible about what causes these diseases and how to treat them. Here is some information about the children and teenagers (under age 18) who are enrolled in CureGN so far!



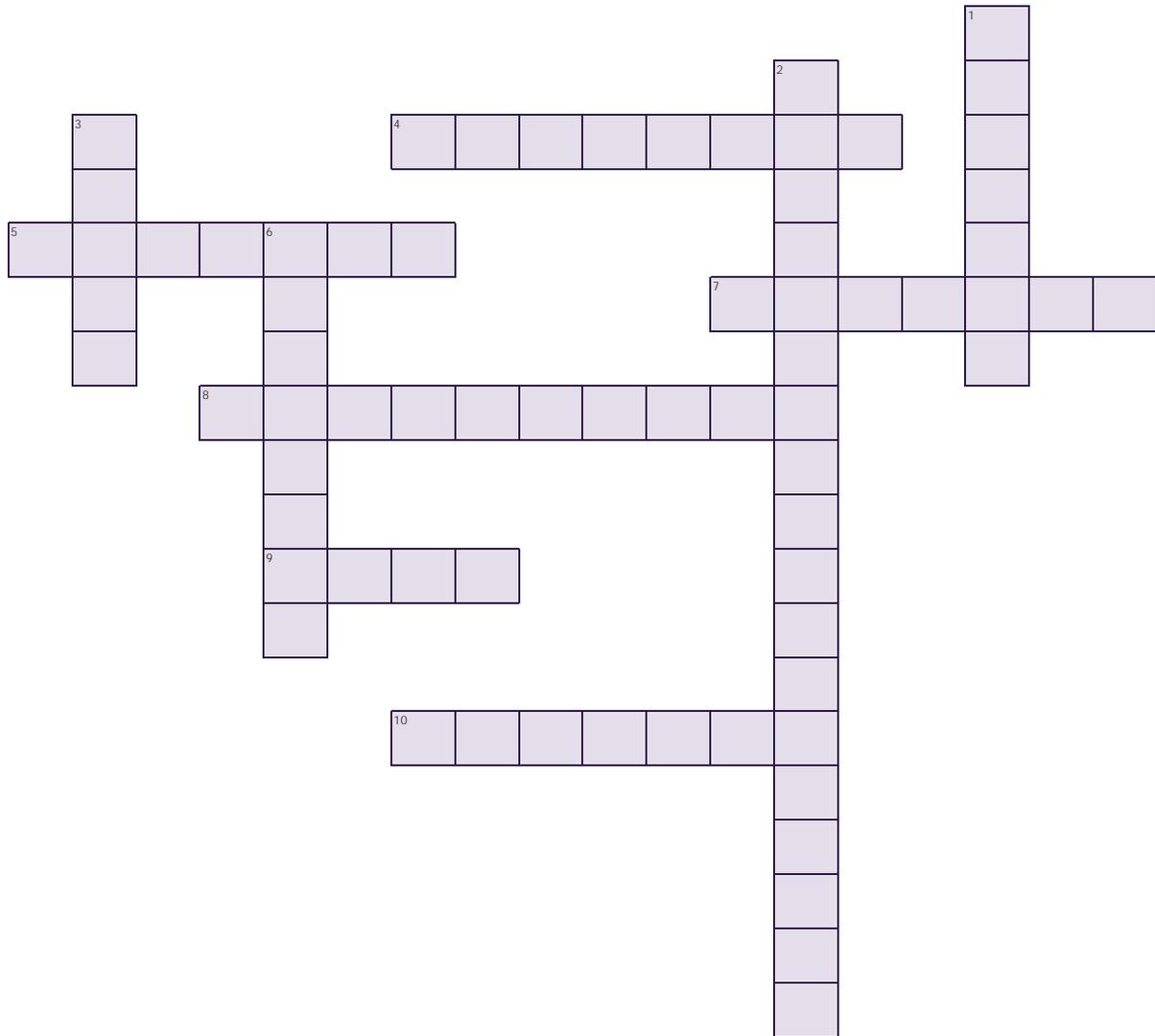
Did you know...?



CureGN is on social media! Follow us on Facebook (<https://www.facebook.com/CureGN>) and Twitter (<https://twitter.com/curegn>) to receive updates on study progress, publications, and latest research in glomerular diseases.

CureGN Crosswords

Complete the crossword below



Created with TheTeachersCorner.net [Corsswrđ Puzzle Generator](http://TheTeachersCorner.net)

transplant

urine

nephrotic syndrome

exercise

salt

protein

bladder

nephron

kidneys

hormones

Across

4. Chemicals produced by different glands and organs, including the kidneys, to trigger certain responses in your body
5. These are the bean-shaped organs which act as the natural filter of the body
7. Having small amounts of this in your urine can be a sign of kidney disease
8. An operation that places a healthy organ in your body
9. Eating less of this can help control blood pressure and reduce swelling
10. The basic structural and functional unit of the kidney

Down

1. The muscular sac that stores urine
2. A group of clinical findings characterized by massive protein in the urine, low albumin, high cholesterol, and swelling
3. The liquid waste product of the body
6. Doing enough of this on a regular basis will help keep your heart and kidneys healthy