

SAMPLE DAILY MENU

BEVERAGES

Decaf & Regular Coffee
Hot Tea
Sweet or Unsweetened Tea
Raspberry Tea

Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Mug Root Beer, Sierra Mist
Various choices of Milk Products
Hot Chocolate

SOUPS AND SALADS

SOUP DU JOUR

Soup of the day, served with choice of roll or cornbread upon request. Cup or Bowl Entree.

SIDE SALAD

Changes daily.

THE ATRIUM FLANK SALAD

Grilled peppers and onions, with strips of grilled flank served over a bed of romaine topped with avocado, croutons, Parmesan cheese and dressing.

THE ATRIUM CHICKEN WALNUT SALAD

Spinach salad with a raspberry vinaigrette, cranberries, apples and walnuts topped with bleu cheese crumbles. Optional: Add chicken or shrimp.

SHRIMP & AVOCADO SALAD

Cold seasoned Cajun shrimp mixed with avocado, pico and mandarin oranges, with dressing of choice or bed of spring salad dressing.

SANDWICHES

Served with a drink and choice of fries, onion rings, potato salad, coleslaw, or cup of soup.

CLASSIC REUBEN

Fresh corned beef, 1000 Island dressing, swiss cheese, and grilled sauerkraut served on rye bread.

BLT

Bacon, lettuce and tomato sandwich served on your choice of bread.

GRILLED CHEESE

Melted cheese served on Texas Toast.

CHEESEBURGER

Served with your choice of trimmings.

GRILLED TURKEY SANDWICH

Served on our fresh baked bread with swiss cheese and your choice of trimmings.

SUB SANDWICH

Turkey or Ham served on a hoagie bun with your choice of trimmings.

PHILLY CHEESE STEAK

Philly Steak served on a toasted hoagie bun with Swiss cheese and sautéed peppers & onions.

CHICKEN SANDWICH

A 5-oz. grilled or fried chicken breast with provolone cheese, sliced tomatoes, lettuce, and guacamole. Served on a toasted bun.



PINECREST



AN MRC HEALTHY LIVING COMMUNITY

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ENTRÉES

NEW YORK STRIP STEAK

An 8-oz. to 10-oz. regular or thick cut steak grilled to the temperature of your choice.

CHEDDAR JACK CHICKEN BREAST

Chicken breast topped with melted cheddar & pepper jack cheese, accompanied by fresh diced tomatoes and green onions.

CHICKEN FAJITAS

Your choice of beef or grilled chicken served with corn or flour tortillas, sautéed peppers, onions, pico, guacamole and sour cream.

CAJUN SHRIMP & GRITS

Shrimp sautéed in Cajun seasoning served over a bowl of creamy grits, topped with crumbled bacon and fresh chopped parsley.

CHICKEN STIR FRY

Sautéed fresh broccoli, shredded carrots, mushroom, bell peppers, fresh asparagus with strips of chicken breast served over a bed of rice. Optional: Add shrimp.

BLACKENED SALMON FILLET

Pan-seared 6-oz. blackened salmon fillet topped with lemon butter or cream sauce.

CLASSIC FETTUCCINE ALFREDO

Served with garlic bread.
Available in 1/2 order; Optional: Add chicken or shrimp.

STUFFED CHEESE RAVIOLI

Ravioli stuffed with fresh diced tomatoes, artichokes and Parmesan cheese, tossed in your choice of marinara or creamy parmesan sauce and served with garlic bread.

SIDES

Carrots with a light Maple Syrup Glaze

English Pea Salad

Mashed Potatoes

Steamed Fresh Broccoli

Beer-Battered Onion Rings

Sweet Potato Fries

Baked Beans

Baked Potato (with cheese, sour cream, and chives)

Fresh Fruit Bowl

Fresh Asparagus

Fried Corn Nuggets or Fried Okra

DESSERTS

Warm Chocolate Chip Cookie à la mode

Sugar-Free Pie

French Silk Pie

Cobbler (flavor changes daily)

Lemon Cake

Key Lime Pie

Rainbow Sherbet (ask your server for flavor selection)



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