



# HOW TO CELEBRATE ANTI-BULLYING WEEK IN YOUR SCHOOL\_

Show us that your school is #UnitedAgainstBullying by tagging @antibullyingpro and using the hashtag #ABW2020 on social media throughout the week. You can also follow us on Facebook, Twitter, Instagram and TikTok.

You can also register your interest in our FREE Anti-Bullying Ambassador training for 2021 on our website.

### WHAT IS ANTI-BULLYING WEEK?

Every year in November, UK schools and the Anti-Bullying community celebrate Anti-Bullying Week, coordinated by the Anti-Bullying Alliance. To mark the week, The Diana Award will offer schools across the UK several exciting pre-recorded video workshops from some famous faces, along with online activities and resources designed to bring the country together to creatively tackle bullying behaviour.

## WHAT IS THIS YEAR'S THEME?

This year's theme is 'United Against Bullying' and we can't think of a more fitting theme for 2020. By taking part in our Anti-Bullying Week workshops, you'll join thousands of others who are taking a stand against bullying behaviour.

### **HOW CAN WE TAKE PART?**

All you need to do is click the links in the email we send to everyone who has signed up to Anti-Bullying Week.

Why not kick off the week with an Anti-Bullying Week Assembly delivered by your Anti-Bullying Ambassadors? You can adapt our powerpoint template to introduce the weeks' activities and workshops to the whole school.

We've also created two fun form time quizzes – one for primary students and one for secondary. These take just 10 minutes and are a great way to get everyone thinking and excited for the week.

Our workshops are suitable for all student age groups. They are pre-recorded so that you can play them at a time that suits your school timetable. Each video is 15 minutes long and we recommend then giving students around 40 additional minutes to complete the rest of the workshop with your support. Each workshop comes with a handy guide on what topics they cover and how to run them in your school. We recommend that lots of your students from across classes and age groups take part in the workshops to help the whole school unite against bullying behaviour - the workshops can be played in different classrooms to ensure social distancing and bubbles.

Last but not least, we also have handy resources and activity sheets specifically for Anti-Bullying Week, so be sure to also check those out

## WHAT CAN WE DO AFTER ANTI-BULLYING WEEK?\_

Check out our online Resource Centre for further activities and guides for your students and you as an educator

Just because Anti-Bullying Week is over, this doesn't mean your anti-bullying campaign stops here - register your school's interest in our FREE Anti-Bullying Ambassador training for 2021 by visiting our <u>website</u>. We look forward to seeing you very soon.

We're proud to be the only charity set up in memory of Diana, Princess of Wales, and her belief that young people have the power to change the world. It's a big mission but there are two things within it that we focus our charity's efforts on – young people and change.

Throughout all of our programmes and initiatives, 'change' for and by young people is central, including our anti-bullying work which encourages change in attitudes and behaviours.

We hope you found this resource useful and wish you all the best in your anti-bullying journey. If you would like to help us create more resources and train even more Anti-Bullying Ambassadors, you can make a £5 donation by texting CHANGE 5 to 70470 or visit diana-award.org.uk/donate

**Give us feedback on this resource:** https://tinyurl.com/ab-feedback







**@antibullyingpro** 



**@antibullyingpro** 



/antibullyingpro

The Diana Award is a registered charity (1117288 / SC041916) and a company limited by guarantee, registered in England and Wales number 5739137. The Diana Award's Office, 1 Mark Square, London EC2A 4EG.

All images and text within this resource © The Diana Award and cannot be reproduced without permission.