

STAND UP

TO BULLYING

**Have you witnessed bullying behaviour in school?
Do you want advice on how to be an Upstander,
not a Bystander?**

Speak to your Anti-Bullying Ambassadors and work together to stop bullying behaviour, change attitudes and create an inclusive environment where everyone feels welcome, accepted and safe.

Find out more:
antibullyingpro.com
[@antibullyingpro](https://www.instagram.com/antibullyingpro)



FROM THE DIANA AWARD

We're proud to be the only charity set up in memory of Diana, Princess of Wales and her belief that young people have the power to change the world. It's a big mission but there are two things within it that we focus our charity's efforts on – young people and change.

Throughout all of our programmes and initiatives 'change' for and by young people is central, including our anti-bullying work which encourages change in attitudes and behaviours.

We hope you found this resource useful and wish you all the best in your anti-bullying journey. If you would like to help us create more resources and train even more Anti-Bullying Ambassadors you can make a £5 donation by texting CHANGE 5 to 70470 or visit diana-award.org.uk/donate

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