

KEY TERMS_

UNDERSTANDING

GENDER

SECONDARY LEVEL



GENDER EXPRESSION_

HOW YOU LOOK

The way an individual expresses their gender identity.



GENDER IDENTITY_

HOW YOU FEEL

A sense of self and sense of being female, male, a combination of both, or neither regardless of biological sex



SEXUAL ORIENTATION_

WHO YOU LOVE

Indicates the gender of the people that an individual is most likely to be attracted to regardless of their own gender



BIOLOGICAL SEX_

HOW YOU WERE BORN

The sex that an individual was assigned at the time of birth, usually based on a combination of physical factors



We're proud to be the only charity set up in memory of Diana, Princess of Wales and her belief that young people have the power to change the world. It's a big mission but there are two things within it that we focus our charity's efforts on – young people and change.

Throughout all of our programmes and initiatives 'change' for and by young people is central, including our anti-bullying work which encourages change in attitudes and behaviours.

We hope you found this resource useful and wish you all the best in your anti-bullying journey. If you would like to help us create more resources and train even more Anti-Bullying Ambassadors you can make a £5 donation by texting CHANGE 5 to 70470 or visit diana-award.org.uk/donate

Give us feedback on this resource:
<https://tinyurl.com/ab-feedback>



[/antibullyingpro](https://www.facebook.com/antibullyingpro)



[@antibullyingpro](https://www.instagram.com/antibullyingpro)



[@antibullyingpro](https://twitter.com/antibullyingpro)



[/antibullyingpro](https://www.youtube.com/antibullyingpro)

The Diana Award is a registered charity (1117288 / SC041916) and a company limited by guarantee, registered in England and Wales number 5739137. The Diana Award's Office, 1 Mark Square, London EC2A 4EG.

All images and text within this resource © The Diana Award and cannot be reproduced without permission.