



News Release

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Aberdeen Heights reports COVID-19 positive employee

KIRKWOOD, Mo. – An essential health care worker at Aberdeen Heights has tested positive for COVID-19.

The employee last worked Monday, June 14, in assisted living. The employee passed pre-shift screening and wore personal protective equipment as required. The employee began to feel unwell and sought testing for COVID-19 on Tuesday, June 15. The employee received a positive result on June 16 and notified a supervisor.

The St. Louis County Health Department has been notified and the community will follow any direction they provide. Indoor visitation will be suspended temporarily due to the outbreak. We will test unvaccinated staff in the assisted living neighborhood every week until two rounds of testing is completed with no new cases identified. The first round of testing will be June 22.

The employee will quarantine at home until cleared to return to work. We will follow CDC guidelines for when an employee or contractor may return to work. Under the current guidelines, symptomatic individuals may return to work when at least 24 hours have passed since resolution of fever without the use of fever-reducing medications and their symptoms have improved and at least 10 days have passed since symptoms first appeared. Asymptomatic positive employees and contractors will quarantine for at least 10 days. Upon their return to work, we will follow CDC recommendations related to work practices and restrictions.

Aberdeen Heights continues to screen all employees as they enter the community building for a shift and before they have any direct contact with residents. Residents will continue to be monitored for signs and symptoms of the virus. Employees and residents are encouraged to follow CDC guidance for preventing and containing the spread of COVID-19.

Every person who receives the vaccine will strengthen the protection for all residents, staff and the community at-large. PMMA strongly encourages our families, employees and residents to carefully consider obtaining a vaccine for themselves as well as their loved ones.

For more information about Aberdeen Heights' response, go to PMMA's (Presbyterian Manors of Mid-America's) website, [Presbyterianmanors.org/Media-room](https://www.presbyterianmanors.org/Media-room).

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