



## News Release

April 22, 2021

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### **Aberdeen Heights reports COVID-19 positive employee, pauses indoor visitation**

KIRKWOOD, Mo. – After a non-direct resident care employee tested positive for COVID-19 in testing conducted April 19, Aberdeen Heights has paused indoor visitation for residents in The Glen at Aberdeen Heights, which includes the health care center, assisted living and memory care.

The community conducted employee surveillance testing April 19, testing 164 employees. One non-direct resident care employee tested positive. The employee last worked Wednesday, April 21, when the test results were received. The employee passed pre-shift screening and wore personal protective equipment as required.

The St. Louis County Health Department has been notified and the community will follow any direction they provide. Surveillance testing will continue Monday, April 26.

The employee will quarantine at home until cleared to return to work. We will follow CDC guidelines for when an employee or contractor may return to work. Under the current guidelines, symptomatic individuals may return to work when at least 24 hours have passed since resolution of fever without the use of fever-reducing medications and their symptoms have improved and at least 10 days have passed since symptoms first appeared. Asymptomatic positive employees and contractors will quarantine for at least 10 days. Upon their return to work, we will follow CDC recommendations related to work practices and restrictions.

Aberdeen Heights continues to screen all employees as they enter the community building for a shift and before they have any direct contact with residents. Residents will continue to be monitored for signs and symptoms of the virus. Employees and residents are encouraged to follow CDC guidance for preventing and containing the spread of COVID-19.

Every person who receives the vaccine will strengthen the protection for all residents, staff and the community at-large. PMMA strongly encourages our families, employees and residents to carefully consider obtaining a vaccine for themselves as well as their loved ones.

For more information about Aberdeen Heights' response, go to PMMA's (Presbyterian Manors of Mid-America's) website, [Presbyterianmanors.org/Media-room](https://Presbyterianmanors.org/Media-room).

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