

# Nomad Health Insurance

## Policy Wording

International Private Medical Insurance

### Important

This Policy Wording is to be read in conjunction with Your Policy Schedule, Your Application Form, the Benefit Schedule, the Geographical Coverage Schedule and any written Endorsements, Amendments or Riders attaching to Your Policy.

The Policy is an annual contract between Underwriters and those persons named as Insured Persons in the Policy Schedule.

Please ensure that You carefully read Your Policy Wording, the Data Protection Statement, the Terms of Business Agreement and the Policy Schedule to ensure that all the details shown are accurate and correct. If this is not the case please notify Us immediately.

Cooling Off Period: If for any reason You are not satisfied with the Policy provided You may cancel Your cover within 14 days of the Effective Date, as long as You have not made a claim, Your premium will be refunded in full.

Policy provided and administered by Expatriate Group & Expatriate Healthcare (trading styles of Strategic Insurance Services Limited), authorised and regulated by the Financial Conduct Authority (FCA). FCA Firm reference Number is 307133. Strategic Insurance Services Limited is authorised to carry on Regulated Activities in accordance with the permissions granted by the FCA under PART IV of the Financial Services and Markets ACT 2000.

Your Data: Please read the Data Protection Statement for full details of how we handle your data and our Document Retention Policy.

Insured Nomads



## Nomad Health Insurance

### Benefit Schedule

Annual Aggregate Maximum

**Select**  
\$/€5,000,000

**Primary+**  
\$/€1,500,000

**Primary**  
\$/€1,000,000

### Hospital Benefits

Private Hospital Bed	✓	✓	✓
Surgeries, Anaesthetists' fees, Operating Theatre, Specialist, Physician and Nursing Fees, Intensive Care.	✓	✓	✓
Prescribed Medicine and Drugs	✓	✓	✓
Diagnostic Tests & Procedures (including MRI, CAT, PET)	✓	✓	✓
Oncology/Cancer Treatment	✓	✓	✓
Psychiatric	30 days	30 days	30 days
Home Nursing (following hospitalisation)	30 days	30 days	30 days
Hospital Cash Benefit	\$/€150/night	\$/€150/night	\$/€150/night
Parent Accommodation	✓	✓	✓
Second Opinion for Surgery	✓	✓	✓
Organ Transplant	\$/€300,000	\$/€100,000	\$/€100,000

**Outpatient & GP Benefits**
**Select**
**Primary+**
**Primary**

Family doctor, GP, Specialist and Physician consultations fees; including outpatient surgeries	✓	✓	✓ prehospitalization, then for 60 days following a valid hospitalization
Prescribed Medicine and Drugs	✓	✓	
Diagnostic Tests and Procedures (including MRI, CAT, PET)	✓	✓	
Physiotherapy & Alternative Medicine	✓	✓	
Oncology/Cancer Treatment	✓	✓	✓
Management of Chronic Conditions	\$/€2,000	\$/€2,000	—
Psychiatric	10 sessions/\$/€3,000	10 sessions/\$/€3,000	—

**Assistance Services & Special Benefits**

Emergency Medical Transportation	✓	✓	✓
Local Ambulance	✓	✓	✓
Expenses for accompanying Dependent - Travel - Accommodation & Subsistence	✓ \$/€150 per day	✓ \$/€100 per day	✓ \$/€75 per day
Repatriation of Mortal Remains	\$/€10,000	\$/€5,000	\$/€5,000
Compassionate Travel	✓	✓	✓
Terminal & Palliative Care	\$/€30,000	\$/€20,000	\$/€15,000
HIV, AIDS & ARCS	\$/€50,000 (lifetime)	\$/€50,000 (lifetime)	—

<b>Maternity Benefits</b>	<b>Select</b>	<b>Primary+</b>	<b>Primary</b>
Complications of Pregnancy	100%*	\$/€5,000*	\$/€5,000*
Normal Delivery	\$/€7,500*	—	—
Elective Caesarean Operation	\$/€7,500*	—	—
Non-elective Caesarean Operation	\$/€7,500*	—	—
Home Delivery	\$/€7,500*	—	—
Home Nursing following Home Delivery	5 days*	—	—
Newborn Care	\$/€25,000*	—	—

\* = Excludes costs incurred in first 12 months

<b>Dental Care Benefits</b>	<b>Select</b>	<b>Primary+</b>	<b>Primary</b>
Accidental Emergency Dental Treatment	✓	✓	✓
Routine Dental Treatment	\$/€750*	—	—
Basic Restorative Dental Treatment	\$/€750*	—	—
Major Restorative Dental Treatment	\$/€1,000*	—	—

\* Dental benefits (except Accidental) are subject to a 20% co-pay

**Optical Care Benefits**

**Select**

**Primary+**

**Primary**

Examinations & Lenses (inc. contact lenses)	\$/€150	—	—
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**Preventative Care Benefits**

Medical Check-up	✓	✓	—
Travel Vaccinations	✓	—	—
Cervical Smears	✓	—	—
Mammograms	✓	—	—
Prostate Cancer Screening	✓		

✓ = 100% refund to policy annual maximum aggregate

## Premium Rewards

Premium Rewards are our way of rewarding customers who remain claim free by discounting future premiums by up to 20%. Simply put: if you don't make a claim in a policy year you can earn a discount of up to 10% on your subsequent annual premium, up to 15% for two years without a claim and up to 20% for 3 years claims free or greater, as the table below demonstrates.

If you are a Select customer claims under the Maternity, Dental, Optical or Preventative Services will not affect your entitlement to Premium Rewards.

Premium Rewards are also available to **new** customers who are insured elsewhere.

Simply demonstrate the period you have been claim free, purchase a similar level of insurance and you'll enjoy discounted premiums.

Claim Free Period	Premium Reward		
	Primary	Primary+	Select
1 year	-5%	-10%	
2 years	-7.5%	-15%	
3+ years	-10%	-20%	

Notes: New customers claiming Premium Rewards must provide proof of the period they have been claims free from their current insurer. Cover must be current, continuous and without any break. A comparable level of cover must be purchased from us.

## Section 1: Definitions

The following words have the same meaning wherever they appear in this Policy Wording. No words in this Policy Wording are gender specific and are applicable to both male and female subjects.

**Accident** - A bodily injury resulting solely from sudden & unexpected external force and which is independent of all other causes.

**Advice** - Any information, consultation or Treatment received from a Nurse, Physician or Specialist; including the issuing of any medication or prescription.

**Acute** - An Accident or Illness that is not Chronic and that responds quickly to Treatment and which leads to Your full recovery.

**Chronic** - An Illness that fails to respond effectively to Treatment, or is ongoing or frequently recurring without likelihood of complete cessation, or requires Palliative Treatment, or requires constant or long periods of supervision.

**Commencement Date** - The date on which the Policy becomes effective as shown on the Policy Schedule.

**Co-insurance** - The percentage You must pay in respect of any Covered Charges, as detailed in the Policy Wording or as shown in the Benefit Schedule. In all instances any Excess applicable must be satisfied before the Co-insurance becomes effective.

**Company/Our/Us/We** - Expatriate Group acting on behalf of certain Underwriters, including any organisation appointed by Us to act on Our behalf.

**Complementary Medicine/Therapies** - Treatment or medicine provided by a registered and properly qualified Osteopath, Chiropractor, Homeopath and Acupuncturist on the written recommendation of Your treating Physician for a Covered Charge.

**Cosmetic Surgery** - Surgery performed primarily to change or restore physical appearance.

**Country of Residence** - The country stated in Your Policy Schedule.

**Covered Charges** - A charge incurred for Your Medically Necessary Treatment which is Reasonable and Customary and incurred during the Period of Cover.

**Day Care Treatment** - Medically Necessary Treatment received in a Hospital that requires the use of an operating theatre, but where You are not admitted to a Hospital bed overnight.

**Dependant** - A family member of the Primary Insured who is either:

- a) the legally married spouse or partner with whom you permanently reside, provided the spouse/partner is at least 18 years of age and younger than 65 at the time of application for cover under this Policy and permanently resident with You, or
- b) a child, who is unmarried, below 21 years of age, permanently resides with, and is financially dependent on You.

**Effective Date** - The date of first inclusion under this Policy of each Insured Person, as noted on the Policy Schedule.

**Emergency Medical Evacuation** - A medical condition or situation, which in Our opinion, cannot adequately be treated in the location in which it has arisen. In this event the Emergency Assistance provider will arrange for You to be transferred to the nearest location where adequate appropriate Treatment can be provided.

**Excess** - The amount payable by You, as detailed in Your Policy Schedule, in respect of each new medical condition, before any claims are payable by Us. In all instances the Excess must be satisfied before any Co-insurance becomes effective.

**Geographical Treatment Area** - The geographical regions in which You are able to receive Treatment for Covered Charges. The countries in which You are able to receive covered Treatment is as detailed in Your Policy Schedule, to be read in conjunction with the Geographical Coverage Schedule.

**Hazardous Activity** - Activities that carry an increased potential for injury. These may include, but are not limited to: professional, semi-professional or competitive sporting events of any kind; organised group, club, interscholastic or intercollegiate sports play; use of any type of firearms (any device that discharges a projectile of any type); any activity relating to flying except while travelling as a passenger in a fully licensed passenger carrying aircraft; parachuting, para-gliding, bob-sleighbing, gliding/soaring, hang-gliding, micro-light flying, skeleton, luge; american football; bungee jumping; base jumping; trekking above 3,500 meters; mountaineering / rock-climbing; scuba diving in excess of 25 meters or any flights within 24-hours of diving



activity; white water canoeing, white water rafting; skiing or snowboarding, except on the normally marked publicly open ski trails at a ski resort; skating, off-road mountain biking, ice hockey; participation in any type of motor-sport, motor-sport race or motor-sport contest. Unless otherwise accepted by Us in writing.

**Home Country** - A country of origin for which You hold a passport.

**Hospital** - A facility which operates as a Hospital in accordance with the laws of the respective country, is open at all times, is operated mainly to diagnose and treat Illnesses as an Inpatient, has organised facilities for major Surgery, has a staff of one or more Physicians on call at all times, has 24 hour nursing services by, or under, the supervision of government licensed nurses, is not, other than incidentally, a skilled nursing facility; clinic place for alcoholics or drug addicts, nursing home, rest home, convalescent home; home for the aged; place for the Treatment of mental disorders or a similar establishment, and maintains a daily medical record for each patient, which is accessible by Us.

**Illness** - A disease or body impairment, which is not a consequence of an Accident, and which requires Medically Necessary Treatment.

**Inpatient Treatment** - Medically Necessary Treatment received where You are admitted to a Hospital bed overnight.

**Insured Person/You/Your** - Any person who is covered under this Policy and is named as such in the Policy Schedule.

**Medical Check-up** - A physical examination with a Physician, including the cost of the Physician's fee, blood test (red blood count, white blood count, blood sugar, cholesterol, triglyceride, uric acid) and urine test (sugar, protein).

**Medically Necessary Treatment** - A service, supply or Period of Hospitalisation which is ordered by a Physician or a Specialist for the diagnosis and/or Treatment of an Accident or Illness and is:

- a) appropriate and consistent with the symptoms and findings or diagnosis, and
- b) provided in accordance with generally accepted medical practice on a national basis, and
- c) the most appropriate supply or level of service which can be provided on a cost effective basis, and
- d) not of an experimental or research nature and is not of an investigative nature for the

purposes of experiments or research, and e) is not solely of a preventative nature.

**Needle Stick Injury** - A break in the skin caused by a hypodermic syringe or other type of needle for surgical or medical use, which was caused during, or immediately following, administering surgical or medical Treatment.

**Nursing at Home** - Services provided in Your home by a qualified nurse, following Inpatient Treatment, which is prescribed by the treating Physician or Specialist.

**Newborn Care** - Treatment received by a newborn child from the date of birth until 30 days following discharge from Hospital, provided that an Application Form has been completed and accepted by Us for the child within fourteen days of birth. No other benefits are available to newborns until 30 days following birth, which shall be the child's Effective Date (or as noted in the Policy Schedule, if later) when the selected Plan Benefits, Exclusions and Rules apply.

**Out of Territory** - Any Treatment received outside of Your Geographical Treatment Area.

**Outpatient Treatment** - Medically Necessary Treatment received when You are not an Inpatient and are not receiving Day Care Treatment.

**Palliative Treatment** - Any medical procedure, the primary purpose of which is to offer only temporary relief of symptoms, rather than to cure the actual medical condition causing the symptoms.

**Period of Cover** - The period, as detailed in Your Policy Schedule, for which this Policy is in force.

**Period of Hospitalisation** - A continuous period of time during which an Insured Person is confined to a Hospital as an Inpatient for the receipt of Medically Necessary Treatment.

**Physician** - A medical or dental practitioner who is registered and legally licensed to practice medicine or dentistry in the country where Treatment is provided and who is not a relative of the Insured Person.

**Policy** - The legally binding document between Us and You providing insurance cover as detailed within. Your Policy Schedule, Benefit Schedule, Geographical Coverage Schedule, Your Application Form together form the Policy and must be read in conjunction with each other.

**Policy Anniversary** - The anniversary of the Policy Commencement Date.

**Pre-authorisation** - The requirement to contact Our helpline to obtain written authorisation, in advance of receiving any Treatment.

**Pre-existing Condition** - Any condition, disease, Illness or injury, secondary or associated complaint where You have sought or received advice, Treatment, therapy, been submitted to a special diet or shown symptoms in the two years prior to Your Effective Date (whether or not the condition has been diagnosed).

**Primary Insured** - The main applicant for cover and the person who is responsible for paying the premium.

**Reasonable and Customary** - The average cost of any Covered Charge within any particular region, area or country as determined by Us.

**Room and Board** - The Reasonable and Customary Covered Charges for the cost of a ward, semi-private or private Hospital room and associated costs.

**Sickness** - An illness or disease or body impairment, which is not a consequence of an Accident and which requires Treatment.

**Specialist** - A Physician who is classified by the country's health authorities as a Physician with superior or special expertise in specified fields of medicine or dentistry.

**Surgery** - Incision, excision and suturing of wounds (excluding removal of suturing), electrocautery, cryocautery, laser and ultrasonic techniques, reduction of a fracture and dislocation by manipulation or endoscopic procedures.

**Treatment** - The Medically Necessary Treatment, Surgery, Advice, provision of medication, provision of medical procedures under the direction of a Physician or Specialist to cure or relieve an Accident or Illness.

**Underwriter(s)** - Guardrisk Insurance Company Mauritius Ltd PCC, authorised and regulated by the FSC in Mauritius (Registration number: C142417/C1/GBL).

## **Section 2: WHAT WE COVER**

Benefits in this section are provided for in accordance with the Plan Type (Section 4) You have selected. Except where otherwise limited or amended by Section 4 (Plan Type), We will indemnify You, subject to Reasonable and Customary charges, for the Benefits detailed in this Section (except where as otherwise limited by Section 4. Plan Type), for the provision of Medically Necessary Treatment and Palliative Treatment of new Accidents or Illnesses incurred by You during Your Period of Cover up to €5,000,000 (annual aggregate maximum) per Period of Cover, after applying the appropriate Excess and Co-insurance. Benefits are payable, subject to the exclusions, limitations

### **Medical Benefits**

**Hospital Services** - Benefits are payable for Inpatient Treatment or Day Care Treatment when appropriate diagnostic procedures and/ or Treatments are not available as Outpatient Treatment. Hospital Services include Covered Charges for Room and Board, Surgery, intensive care Treatment, Specialist's and Physician's fees, nursing fees, ancillary charges, drugs, dressings and diagnostic procedures.

**Outpatient Services and Physician's Fees** - Benefits are limited to Outpatient Treatment services including Covered Charges for services provided by or ordered by a Physician; or by a Specialist to whom the Insured Person has been referred to by a Physician.

**Diagnostic Tests** - Benefits are limited to Covered Charges made for laboratory tests, X-rays, MRI, PET or CT scans which are ordered by a Physician or Specialist.

**Prescribed Medicine and Drugs** - Benefits are limited to Covered Charges for prescribed medicine and drugs, whose sale and use are legally restricted, by the order of a Physician.

**Specialist Consultation Fees** - Benefits are payable for Covered Charges for a visit to a Specialist's room or a registered clinic, provided such a visit is recommended in writing by a Physician.

**Physiotherapy** - Benefits are limited to Treatment received from a registered physiotherapist where ordered by a Physician or Specialist. This Benefit is limited to a maximum number of 20 sessions per Insured Person, per Period of Cover.

**Complementary Medicine and Treatments** - Benefits are limited to Covered Charges for Complementary Medicine and Treatment by registered chiropractors, osteopaths, homeopaths and acupuncturists when under the direct control of and following referral by a Physician. This Benefit is limited to a maximum number of 10 sessions in aggregate per Insured Person, per Period of Cover.

**Home Nursing following Hospitalisation** - Benefits are limited to Covered Charges for the medical services of an appropriate government licensed nurse for Treatment in Your home, when prescribed by a Physician and where directly related to, and following, a valid claim for Hospital Services (Section 2. What We cover) under this Policy. Benefits will be limited to a maximum of 30 days per annum, per Insured Person.

**Hospital Cash Benefit** - Where You receive all Treatment in respect of an Accident or Illness, which would otherwise be covered under this Policy, completely free of cost or charge to Us, We will pay You a Benefit of \$/€150 for each complete 24 hour period You are admitted to a Hospital for Hospital Services (Section 2. What We cover).

**Prostheses** - Benefits are limited to the purchase and fitting of artificial body parts where fitting of such artificial body parts is directly related to a valid claim for Hospital Services (Section 2. What We cover) under this Policy. Benefits exclude the manufacture and fitting of artificial teeth unless resulting from an Accident. Benefit in respect of prosthesis that is not intraoperative is limited to a maximum of \$/€2,000 per period of cover per Insured Person.

**Psychiatric Treatment (Inpatient and Day Care Treatment)** - Benefits are limited to Inpatient and Day Care Treatment in an appropriate registered psychiatric facility provided to the Insured Person under the order of a registered psychiatric Specialist. Benefit is limited to a maximum of 30 days per Insured Person, per Period of Cover.

**Psychiatric Treatment (Outpatient)** - Benefits are limited to Outpatient Treatment in a registered psychiatric facility provided to the Insured Person under the order of a registered psychiatric Specialist. Benefit is limited to a maximum of 10 sessions and \$/€3,000 per Insured Person, per Period of Cover.

**Second Opinion for Surgery** - Benefits are payable for a second opinion by a Specialist if the Insured Person is due to undergo a major Surgery. If the second opinion differs from the first opinion, benefits will also be payable for a third opinion by a Specialist.

**Chronic Conditions** - Benefits under this section are not subject to the Policy Excess.

- i) Curative: Benefits are limited to Covered Charges and Surgeries related to costs in relation to Inpatient curative Treatment of a Chronic Condition.
- ii) Stabilisation of an Acute episode: Benefits are limited to Covered Charges and Surgeries related to costs in relation to Inpatient stabilisation of an acute attack of a Chronic Condition.
- iii) Routine Management: Benefits are limited to Covered Charges and Surgeries related to a Chronic condition, subject to a limit of \$/€2,000 per Insured Person per Period of Cover.

**Palliative Care** - Benefits for Palliative Treatment are limited to costs incurred in respect of a terminal Medical Condition; including the cost of hospice accommodation, the costs of a Physician or Specialist and prescribed medication. Benefit is limited to a maximum of \$/€30,000 per Insured Person, per lifetime.

**HIV, AIDS & ARC** - Benefits are limited to Covered Charges for Treatment related to Human Immunodeficiency Virus, Acquired Immune Deficiency Syndrome or AIDS Related Complex and any related Illness. Benefit is limited to a maximum of \$/€50,000 per Insured Person, per lifetime.

**Organ Transplantation** - Benefits are payable for Covered Charges for a heart, lung, kidney, pancreas or liver transplant and postoperative drugs prescribed by a Physician or Specialist. Benefit is limited to \$/€300,000 per Insured Person, per lifetime.

**Preventative Services** - Benefits in this section are not subject to the Policy Excess. Benefits are payable for Covered Charges for:

- a) Travel Vaccinations,
- b) Medical Check-ups, limited to one per person per Cover Period,
- c) Cervical smears, limited to one per person per Cover Period,
- d) Mammograms, limited to one per person per Cover Period,
- e) Prostate cancer screening, limited to one per person per Cover Period (only for men aged 45+).

## Assistance & Transportation Benefits

**Local Ambulance Service** - Benefits are payable for Covered Charges incurred for transportation to a local Hospital by ambulance.

**Parent Accommodation** - Benefits are limited to costs incurred in respect of Hospital accommodation of a parent or guardian insured under this plan accompanying an insured dependent, who is under the age of 18, receiving covered Inpatient Treatment.

**Emergency Medical Transportation** - Benefits are payable for Covered Charges for Emergency Medical Evacuation and medical care to move an Insured Person who has a critical medical condition which requires Inpatient Treatment or Day Care Treatment to the nearest Hospital where appropriate care and facilities are available. In the event of such an emergency, Our designated 24- hour Assistance Services Provider must be contacted immediately to approve and arrange any Emergency Medical Evacuation. In emergencies in remote or primitive areas, where the Assistance Services Provider cannot be contacted in advance, the Emergency Medical Evacuation must be reported as soon as possible.

The Assistance Services Provider acting on Our behalf retains the right to decide on the place to which the Insured Person shall be transported. In case of an Emergency Medical Evacuation, the cost of a return economy air ticket back to the Insured Person's Country of Residence will be payable for the Insured Person and a round trip economy air fare ticket for one accompanying Dependent (who is insured under the Policy), when this is deemed necessary and certified by the appointed Physician and authorised by Us. Furthermore, the accompanying Dependent will receive a benefit of up to \$/€150 per day towards the cost of accommodation and reasonable subsistence.

**Repatriation of Mortal Remains or Local Burial** - Benefits are payable for Covered Charges for the preparation and the air transportation of the mortal remains of an Insured Person from the place of death to the Home Country or for the preparation and local burial of the mortal remains of an Insured Person up to a maximum of \$/€10,000 per event.

**Travel outside Your Geographical Treatment Area** - Benefits are payable for Covered Charges received outside Your Geographical Treatment Area for new incidents of Accidents and Illnesses, which You would not have reasonably expected prior to travelling.

Each period of travel covered by this Benefit is subject to the trip being for no more than 30 days in total duration from the date You leave Your Geographical Treatment Area to the date that You return to Your Geographical Treatment Area.

Benefit is limited to a maximum of \$/€50,000 per Insured Person, per trip.

**Family Compassionate Travel** - Benefit is limited to the cost of economy class transport for up to two close relatives (being Your parent(s), sibling(s) or child(ren)), who reside outside Your Country of Residence, to attend You if You are admitted to a hospital bed in respect of a valid claim for more than three consecutive nights. Limited to a maximum of \$/€250 per period of cover.

**Compassionate Home Travel** - Benefit is limited to an economy return airfare, for the Primary Insured (or their spouse/partner, who is insured under this Policy) to return to Your Country of Nationality to attend the funeral of a parent, sibling or child. This benefit is limited to costs incurred 12 months after Your Effective Date and is limited to one claim every 2 years of cover.

## **Maternity & Newborn Benefits**

Maternity & Newborn benefits are not subject to the Policy Excess.

**Childbirth (normal childbirth and elective caesarean section)** - Benefits are payable for Covered Charges for Room and Board incurred by You during the Period of Hospitalisation, including the use of the operating theatre and Covered Charges made by a Specialist or Physician, up to €7,500 per pregnancy. A caesarean section necessitated due to a previous caesarean section is considered to be elective.

**Childbirth (complications & emergency caesarean section)** - Benefits are payable, subject to the sub-limit noted on the Benefit Schedule, for Covered Charges resulting from an emergency obstetric procedure in the antenatal stages of childbirth or during childbirth, including the use of the operating theatre and Covered Charges made by a Specialist or Physician.



**Prenatal examinations** - Benefits are payable for Covered Charges for up to 3 prenatal examinations with a Physician or Specialist at a registered clinic or Hospital or the residence of the Insured Person.

**Home nursing following home delivery** - Benefits are payable for Covered Charges for the medical services of a government licensed nurse related directly to and following a normal delivery, limited to 5 days per home delivery.

**Newborn Care** - Benefits are payable for Medically Necessary Treatment received by Your newborn child up to 30 days following the date of birth. Benefit is limited to a maximum of \$/€25,000.

The Newborn Care benefit is subject to receipt of an Application Form to include the Dependent under Your Policy and receipt of the full premium within fourteen days of birth. No other benefits are available to newborns until 30 days following discharge from Hospital at which time Policy Benefits, rules and exclusions reapply in respect of the newborn.

## Dental Benefits

Dental Benefits are payable, subject to the Exclusions, limitations and conditions specified in this Policy. Dental Benefits are not subject to the Policy Excess. In respect of all Dental Benefits, except Emergency Dental Treatment following an Accident (as detailed below), a Coinsurance of 20% is payable by You. You must undertake a routine dental check-up at Your own expense after Your Effective Date and prove that all recommended Treatment has been completed before You are eligible for indemnity under the Dental Benefits section of cover.

**Routine Dental Examination and Treatment** - Benefits are payable for Covered Charges for basic Treatment such as X-rays required prior to Treatment, extractions, root canal fillings, Treatment of abscesses, anterior or amalgam fillings, scaling, polishing and prophylaxis limited to a maximum of \$/€750 per Period of Cover per Insured Person.

**Basic Restorative Treatment** - Benefits are payable for Covered Charges for restorative Treatment to natural teeth including capping, crowns and bridges in plastic or porcelain fused to gold, limited to a maximum of \$/€750 per Period of Cover per Insured Person.

**Major Restorative Treatment** - Benefits are payable for Covered Charges for complex Treatment including Covered Charges for periodontal Surgery, inlays and implants, dental prosthesis - fitting of artificial oral appliances, apicectomy - molars and premolars, and the surgical extraction of wisdom teeth, limited to a maximum of \$/€1,000 per Period of Cover per Insured Person.

**Emergency Dental Treatment** following Accident - Benefits are payable for Covered Charges incurred as a result of an Accident for dental Treatment received within 48 hours of the occurrence of the Accident to restore or replace sound natural teeth lost or damaged.

### **Optical Benefits**

Benefits payable under this section are not subject to the Policy Excess. Where there is a change to Your prescription We will also cover You for the cost of prescription lenses (including standard contact lenses). Benefit is limited to \$/€150 per Insured Person per annum.

### **Section 3 - WHAT WE DO NOT COVER**

The following is not covered by this Policy:

1. Pre-existing Conditions, except where You have been symptom, Treatment and advice free for a period of not less than 24 consecutive months following Your Effective Date.
2. Treatment which is not, in the opinion of a Physician or Specialist, medically necessary or is unlikely to improve a medical condition.
3. Inpatient and Day Care Treatment, or Outpatient Treatment likely to exceed €1,000, which has not been pre-authorized by Us in writing, (see Section 4. Claims Procedure).
4. Emergency Medical Evacuation incurred without Our prior knowledge and written approval (see Section 4. Claims Procedure).
5. Costs relating to pregnancy or childbirth (including complications) incurred within 12 months of Your Effective Date.
6. Impotence, sexual dysfunction, infertility, fertility, assisted conception (including subsequent complications with pregnancy and/or delivery), contraception, sterilisation (including reversal), birth control, pregnancy

terminations which are not medically necessary, venereal and sexually transmitted diseases and gender changes, including any secondary or associated problems.

7. Weight loss or weight problems, Cosmetic Surgery and elective Surgery, including any secondary or associated complaints, whether or not for psychological purposes, unless Cosmetic Surgery is medically necessary as a consequence of an Accident and received within 12 (twelve) months of the date of the Accident.
8. Routine Treatments and check-ups for hearing, including the costs of provision of hearing aids.
9. Routine medical examinations and check-ups including, but not limited to routine tests, inoculations, neo-natal care, excepting where provided for in Section 2. What We cover - Preventative Services.
10. Hereditary or congenital abnormalities, genetic deformities, birth injuries or birth defects.
11. Developmental, learning, cognitive and behavioural problems.
12. Suicide, attempted suicide, self Inflicted injury, narcotics, drug or alcohol abuse, associated and secondary conditions.
13. AIDS, HIV or ARC which has not been contracted accidentally through a blood transfusion or accidental injury incurred by a registered medical professional with a used medical syringe, which has duly been recorded as a Needle Stick Injury.
14. Treatment directly or indirectly arising from or required as a consequence of war, invasions, acts of foreign enemy, hostilities (whether or not war is declared), civil war rebellion revolution, insurrection or military or usurped power, mutiny, riot, strike, martial law or state of siege or attempted overthrow of government or any acts of terrorism, unless You sustain bodily injury whilst an innocent bystander.
15. Claims arising directly or indirectly from, or as a consequence of, chemical contamination or contamination by radioactivity from any nuclear material whatsoever or from the combustion of nuclear fuel, asbestosis or related condition.
16. Claims resulting from the release of weapon(s) of mass destruction (nuclear, chemical or biological) whether such involve(s) an explosion sequence(s) or not.
17. Hazardous Activities.

18. Organ transplantation costs not directly associated with the actual Surgery, including costs for locating a replacement donor, organ removal from the donor, transportation costs and any administration costs.
19. Claims incurred while travelling, or in pursuit of any activity, against medical Advice.
20. Claims incurred outside Your Geographical Treatment Area, except where provided for under Section 2. What We cover - Travel outside Your Geographical Treatment Area.
21. Charges in respect of any long term care facility, spa, hydro, sanatorium, nursing home or home for the aged that is not a Hospital.
22. Treatment rendered by a family member.
23. The costs of a coffin.
24. Treatment that is unlicensed, experimental or unproven.
25. Alternative medicines and Treatment, except as provided for under Section 2. What We cover - Complementary Medicine and Treatments.
26. Orthodontic Treatment, or any Dental Treatment not provided for in Section 2. What We cover - Dental Benefits.
27. Claims for sleep related disorders or problems including, but not limited to; sleep apnoea, snoring and fatigue.
28. Investigations into or Treatment for loss of hair.
29. Claims for any supplements or substances which are available naturally. This includes, but is not limited to: vitamins, minerals and organic substances.
30. Any medication, drugs, services or supplies not prescribed by Your attending Physician or Specialist or which are available without prescription.
31. Treatment of Chronic conditions, except where provided for in Section 2. What We cover - Chronic Conditions.
32. Dementia or psychogeriatric conditions.
33. Search and rescue; or the cost of medical evacuation at sea.

## Section 4 - PLAN TYPES

Covered Charges and Benefits provided by the Policy are in accordance with the Plan Name as specified in Your Policy Schedule and as outlined in this Section.

### 1. Select

Where “Select” is shown as the Plan Type on Your Policy Schedule, the standard Policy Wording is in force.

### 2. Primary+

Where “Primary+” or “Primary Plus” is shown as the Plan Type on Your Policy Schedule, the following amendments apply to this Policy Wording and Your cover:

1. The annual aggregate maximum in Section 2 is \$/€1,500,000.
2. The Hospital Cash Benefit (Section 2) is €100 for each complete 24 hour period You are admitted to a Hospital for Hospital Services.
3. Psychiatric Treatment (Outpatient) (Section 2). Your Policy does not cover You for costs incurred in the 12 months immediately following Your Effective Date. Limited to 10 sessions.
4. Delete benefit Preventative Services (Section 2). However, after You have been insured by Us for a period of 12 months You are eligible to claim for a Medical Check-up, limited to one per Insured Person, per period of cover.
5. The Organ Transplantation benefit (Section 2) is \$/€150,000 per Insured Person, per lifetime.
6. The Repatriation of Mortal Remains or Local Burial benefit (Section 2) is \$/€5,000 per event.
7. Delete benefit Childbirth (normal childbirth and elective caesarean section) (Section 2).
8. The benefit Childbirth (complications & emergency caesarean section) is limited to \$/€5,000 per pregnancy.
9. Delete benefit Prenatal examinations (Section 2).
10. Delete benefit Home nursing following home delivery (Section 2).
11. Delete benefit Newborn Care (Section 2).

12. Delete benefit Routine Dental Examination and Treatment (Section 2).
13. Delete benefit Basic Restorative Treatment (Section 2).
14. Delete benefit Major Restorative Treatment (Section 2).
15. Amend point 5. of Section 3 (What We do not cover) to “5. Costs relating to pregnancy or childbirth including any secondary or associated problems, except where provided for under Childbirth (complications & emergency caesarean section) (Section 2) and where the conception is at least 12 months following Your Effective Date.”
16. Add following exclusion to Section 3 (What We do not cover): “34. Routine or restorative dental Treatment, except where provided for under benefit ‘Emergency dental Treatment following an Accident’ under Section 2.”
17. Section 3 - What We do not cover - 8 is deleted and replaced with “Routine Treatments and check-ups for vision, spectacles, contact lenses, hearing, including the costs of provision of visual or hearing aids; frames, lenses and contact lenses”. Delete benefit Optical Benefits (Section 2).
18. Section 2 - Emergency Medical Transportation - “Furthermore the accompanying Dependent will receive a benefit of up to \$/€150 per day towards the cost of accommodation and reasonable subsistence” is deleted and replaced with “Furthermore the accompanying Dependent will receive a benefit of up to \$/€100 per day towards the cost of accommodation and reasonable subsistence”.
19. Benefit Palliative Care (Section 2) is limited to \$/€20,000 per Insured Person, per lifetime.

### **3. Primary**

Where “Primary” is shown as the Plan Type on Your Policy Schedule, the following amendments apply to this Policy Wording and Your cover:

20. The annual aggregate maximum in Section 2 is \$/€1,000,000.
21. Delete benefit Complementary Medicine and Treatments (Section 2).
22. The Hospital Cash Benefit (Section 2) is \$/€75 for each complete 24 hour period You are admitted to a Hospital for Hospital Services.

23. Delete benefit Preventative Services (Section 2).
24. The Organ Transplantation benefit (Section 2) is \$/€100,000 per Insured Person, per lifetime.
25. Delete benefit Chronic Conditions, benefit iii) Routine Management (Section 2).
26. Delete benefit HIV, AIDS & ARC (Section 2).
27. The Repatriation of Mortal Remains or Local Burial benefit (Section 2) is \$/€5,000 per event.
28. Delete benefit Childbirth (normal childbirth and elective caesarean section) (Section 2).
29. The benefit Childbirth (complications & emergency caesarean section) is limited to \$/€5,000 per pregnancy.
30. Delete benefit Prenatal examinations (Section 2).
31. Delete benefit Home nursing following home delivery (Section 2).
32. Delete benefit Newborn Care (Section 2).
33. Delete benefit Routine Dental Examination and Treatment (Section 2).
34. Delete benefit Basic Restorative Treatment (Section 2).
35. Delete benefit Major Restorative Treatment (Section 2).
36. Amend point 5. of Section 3 (What We do not cover) to “5. Costs relating to pregnancy or childbirth including any secondary or associated problems, except where provided for under Childbirth(complications & emergency caesarean section) (Section 2) and where the conception is at least 12 months following Your Effective Date.”
37. Add following exclusion to Section 3 (What We do not cover): “34. Routine or restorative dental Treatment, except where provided for under benefit ‘Emergency dental Treatment following an Accident’ under Section 2.”
38. Add following exclusion to Section 3 (What We do not cover): “35. Treatment received as an Outpatient, except for Treatment received immediately prior to and/or 60 days immediately following (and directly in relation to) a valid Inpatient Treatment or Day Care Treatment claim”.

39. Section 3 - What We do not cover - 8 is deleted and replaced with “Routine Treatments and check-ups for vision, spectacles, contact lenses, hearing, including the costs of provision of visual or hearing aids; frames, lenses and contact lenses”. Delete benefit Optical Benefits (Section 2).
40. Section 2 - Emergency Medical Transportation - “Furthermore the accompanying Dependent will receive a benefit of up to €150 per day towards the cost of accommodation and reasonable subsistence” is deleted and replaced with “Furthermore the accompanying Dependent will receive a benefit of up to \$/€100 per day towards the cost of accommodation and reasonable subsistence”.
41. Benefit Palliative Care (Section 2) is limited to \$/€15,000 per Insured Person, per lifetime.

## Section 5 - GENERAL CONDITIONS

**Policy Commencement of Cover** - The Policy commences on the date shown in Your Policy Schedule. Each Insured Person covered by this Policy may have a separate Effective Date under the Policy. We will endeavour to commence cover on the date requested in Your application form, subject to receipt of the full premium by the date You request.

**Your Effective Date** - This Policy becomes effective in respect of each Insured Person as of the Effective Date stated in the Policy Schedule.

**Renewal of Policy** - The premium (whether annual or monthly) is a guaranteed amount for a 12 month period from Your Commencement Date. Prior to each anniversary date of Your Policy We will advise You what Your premium(s) will be for the following 12 month period. The Policy may be renewed at each Policy Anniversary provided:

- a) the Primary Insured accepts any Policy changes notified by Us and,
- b) the renewal premium is paid on or before the date of renewal.

**Policy Duration** - Unless otherwise accepted by Us in writing, all contracts are for a minimum period of 12 month (regardless of whether You elect to pay Your premium in monthly instalments). Cover is renewable for subsequent 12 month periods (see Renewal of Policy) until such a time that Your Policy terminates (see Termination of Policy).



**Cancellation of Policy** - You may cancel Your Policy at any time by giving written notice to Us. If You terminate Your Policy early only where You have a valid reason accepted by Us (i.e. You have returned to Your Home Country following the end of a contract of employment) and where You have not claimed against the policy will You be entitled to a refund of premium and/or excused from any outstanding instalment premiums. Any refund of premium will be per the following scale:

<b>Time on Risk</b>	<b>Premium retained by Us</b>
Up to 1 month	25% of annual premium
Up to 2 months	30% of annual premium
Up to 3 months	40% of annual premium
Up to 4 months	50% of annual premium
Up to 5 months	60% of annual premium
Up to 6 months	70% of annual premium
Up to 7 months	80% of annual premium
Up to 8 months	90% of annual premium
9+ months	100% of annual premium

We may cancel Your Policy with effect from the next renewal date by giving written notice to the Primary Insured.

**Termination of Policy** - This Policy terminates on the earliest of:

- a) non-payment of premium (this will cancel your current policy from inception), or
- b) the date at which You permanently return to Your Home Country, or
- c) the non-renewal of Your Policy.

**Eligibility of Cover** - Cover is available where the Primary Insured is between eighteen and sixty five years of age (at the Effective Date), permanently resident outside their Home Country and their Dependants, where accepted for cover by Us in writing.

**Our Liability** - We will not be liable for Treatment which takes place outside the Cover Period. In the event of cancellation/ termination of the Policy, We will only pay for Treatment, which takes place before the cancellation or termination of the Policy.

**Policy Schedule** - Each Member who is covered under this Policy will be noted on the Policy Schedule issued by Us which describes:

- a) the Commencement Date of cover and Effective Date for each Insured Person,
- b) to whom cover is provided,
- c) details of any Dependants covered,
- d) any Excess and Co-insurance payable,
- e) the applicable Geographical Area of Treatment.

**Premium** - Our premiums are fixed for a 12 month period. We will offer you the option to pay a monthly premium or, for a 6% discount (to reflect the reduced account administration), an annual premium. Cover will not be effective until such a time that We have received Your premium. We will only accept monthly instalment via our online premium collection facility.

**Policy Changes** - We reserve the right to amend the Policy and premiums, with such amendments applying from Your next Policy renewal.

**Entire Contract** - This Policy, the Policy Schedule, Your application form, the Benefit Schedule, the Geographical Coverage Schedule and any endorsements made by Us in writing make up the entire contract.

**Cover Shall Be Void** - The cover for an Insured Person shall be void from the date the cover for that Insured Person became effective if:

- a) the application made by the Insured Person or any written statement given by the Insured Person is untrue in any respect or if any material fact affecting the risk is incorrectly stated or represented, or
- b) the Insured Person makes any claim, which is fraudulent or exaggerated or makes any false declaration or statement in support of any claim.
- c) non-payment of an installment premium.

In such instances there shall be no refund of premium.

**Records** - You must furnish Us with all information that is needed to determine the premiums and to administer this Policy. Such information must include:

- a) any changes to Your name, address and any other details of You and Your Dependants who are covered under this Policy,
- b) full details of any new Dependant(s) requiring cover under this Policy,
- c) names of the Insured Persons whose cover under this Policy terminates.

**Subrogation** - We have the right to recover Benefits paid under this Policy for any claim made against Us, if the Insured Person has a right to recover such benefits from a third party, such as social security or benefits payable from another insurance provider. We reserve the right to reduce the Benefits payable under this Policy in concurrence with any Benefits payable by third party providers so that the total actual reimbursement will not exceed the Covered Charges incurred.

The Insured Person has an obligation to inform Us of any such Benefits due from a third party and must complete and submit any forms or papers as requested by Us and is responsible to do whatever is necessary to protect Our rights.

**Applicable Law** - This Policy, and all rights, obligations and liabilities that arise shall be construed in accordance with the law of England under the exclusive venue and jurisdiction of the courts of England without regard to conflict of law principles which might result in the application of the laws of another jurisdiction.

**Change of Circumstance** - You must inform Us of any material change to Your circumstances, of that of any Insured Person, whilst cover is in force. Where any material change affects Your risk to Underwriters We have the right to impose an amendment to cover, premium or withdraw cover altogether.

**Amendment of cover at renewal** - If You wish to change the level of cover with Us at any renewal, You may do so within the rules of the Plan available to You at that time. However if such change increases the potential claimable amount by You, such amendment to cover will not be effective for any medical conditions that are Pre-existing at the date of the amendment to cover.

**Re-assignment** - In the event of the death of the Primary Insured, the oldest Insured Person over the age of 18 shall become the Primary Insured.

**Prevention of Money Laundering & Know Your Customer** - In accordance with regulations, We may check the identity and address of those involved with or who have a beneficial interest in the Policy. Therefore, as well as checking Your details electronically, We may also require You to provide proof of Your identity within 14 days from the start date of Your Policy. This may include, but is not be limited to, a copy of Your passport or other appropriate government issued photo identification, such as a driving license. If You are unable to adequately satisfy Us of Your identity We will cancel Your policy ab initio (from inception) and refund Your premium in full.

## **Section 6 - HOW TO MAKE A CLAIM**

Important: Failure to follow these instructions may result in nonpayment of Your claim.

### **Inpatient/Day Care/Claims over €1,000**

All Inpatient and Day Care claims and claims likely to exceed \$/€1,000 in total value are required to be pre-approved by Our Claims Administrators at least 7 days prior to admission for Treatment or receipt of medical services, where it is physically possible to do so.

**Claims Administrators:** Tel: +44 (0)20 3285 7246 Fax: +44 (0)870 112 8455 Email: [claims@expatriategroup.com](mailto:claims@expatriategroup.com)

Claims Department, Delmon House, 36-38 Church Road, Burgess Hill, West Sussex, RH15 9AE, United Kingdom

### **OFFICE HOURS: 24 hours a day**

When You phone it will assist Us in Our efforts to help You if You can provide the following information:

- Your Policy number,
- The condition to be treated,
- The date when You first became aware of the condition,
- What Treatment is planned at this stage,
- The name of the Specialist, physiotherapist, or Complementary Medicine practitioner You have arranged to visit,
- The Hospital to be used (if known or applicable).

Based on the information that You provide We will confirm the following:

- The condition (as described) is covered by the Policy, and
- The Hospital to be used is approved by Us and is within the territorial limits which You have selected for Your Policy,
- The Specialist to be used is approved by Us,
- The proposed Treatment is appropriate for the condition as described.

Please note that any authorisation given at this stage is subject to confirmation upon receipt of a fully completed claim form. If subsequent information contradicts the information upon which Our pre-authorisation has been based, Your claim may be invalidated.

### **Outpatient/Claims under €1,000**

Please make claims via our online claims portal.

From our home page ([www.expatriategroup.com](http://www.expatriategroup.com)) click **“Make a Claim”** and follow the instructions.

The onus is on You to satisfy Us that a valid claim has been incurred. Written proof detailing the dates, nature and cost of the Illness and the Treatment prescribed and provided, giving rise to the claim, original copies of receipts and itemised bills together with a fully completed claim form must be furnished to the Claims Administrator as soon as reasonably possible following the date that a Covered Charge is first incurred. Any costs incurred in the provision of such information are not covered by this Policy and must be borne by You.

**Payment of Claim** - Payments of claims are made to the appointed bank account nominated by the Insured Person, unless the Insured Person instructs the Claims Administrator otherwise, or to the healthcare provider if direct payment has been agreed upon.

### **Emergency Assistance**

In the event that You require emergency medical assistance please ensure that Our medical assistance provider is contacted as soon as reasonably possible after any Treatment is rendered.

### **For emergency assistance contact:**

Tel: +44 (0)20 3285 7248      Fax: +44 (0)870 112 8960      Email: [assist@expatriategroup.com](mailto:assist@expatriategroup.com)

Services are available to You 24 hours a day and 365 days a year.

## Section 7 - COMPLAINTS PROCEDURE

We aim to give You the highest standards of service and to meet any claims covered by this Policy promptly and fairly. However if You feel that We have not met these standards We would like to hear from You. If You have cause for complaint We will investigate and review Your case immediately and respond to you in writing. If You have a complaint about how Your Policy was sold or administered, or about the settlement of a claim, please contact: Tel: +44 (0)20 3551 6634 Fax: +44 (0)87 0428 5141

The Healthcare Manager  
Expatriate Group  
Delmon House  
36-38 Church Road  
Burgess Hill  
West Sussex RH15 9AE United Kingdom

These complaints procedures do not affect Your legal rights.  
Please see the Terms of Business Agreement for the full Complaints Procedure.

Get your group, family, or individual quote from your global benefits broker, or directly.

### Contact us via chat platforms:

<https://www.insurednomads.com/contact>