



MONTEREAU®

August 10, 2021

Dear Residents, Employees, and Families:

COVID Vaccine Booster

Our Infection Preventionist (IP) has been in touch with an epidemiologist from the Tulsa City County Health Department (TCCHD) regarding the availability and criteria for receiving a future COVID vaccine booster. The epidemiologist indicated that the CDC is still finalizing applicable groups that will be eligible and when the booster may be available. It is unknown at this time if it will specifically be targeted at the Delta variant. The epidemiologist will contact our IP with any updates.

Current Statistics

- Oklahoma's positivity rate remains at 20.5%.
- Tulsa's 3-day average for hospitalizations is 409 (131 of those in ICU).

COVID Positive Garden Home and Towers Residents

Since our last communication on Aug 8th, no other residents have tested positive. No other residents have completed their 10-day quarantine. The *active* fully vaccinated resident total is four. One resident is hospitalized, one is being cared for by dedicated nursing staff in an open Villa apartment, and two residents will continue to self-monitor and quarantine in their homes for 10 days. The total number of residents who have tested positive remains at 28. Quarantined residents are and have been receiving daily check-in calls from designated Monterey staff.

Once a resident is confirmed positive, they are instructed to contact those they have had close contact with and to seek testing if experiencing signs and symptoms or if otherwise concerned. This resident help with contact trace testing is important as we seek to ensure that our trace testing process is sustainable long-term.

COVID Testing Availability for Garden Home and Towers Residents

The Wellness Clinic is available to perform COVID testing during normal business hours, which are Monday – Friday from 9:00 a.m. to 4:00 p.m. After 4:00 p.m. and on weekends, you may seek testing at local pharmacies and urgent care centers.

Per the CDC, a COVID-19 “exposure” is defined as having close contact, within 6 feet or less for a cumulative total of 15 minutes or more over a 24-hour period. This applies regardless of the use of face coverings during the infectious period. The infectious period is two days prior to onset of symptoms, or two days prior to test date if asymptomatic until the point a person enters quarantine (isolation).

Testing criteria is as follows due to our current availability of rapid COVID tests. However, this is subject to change in the future if supply chains become disrupted:

- Rapid COVID Test
 - ✓ Have NOT had any exposure to COVID (see definition above)
 - ✓ Have NOT experienced any symptoms of COVID
 - ✓ 15-minute result
 - ✓ Do not have to quarantine
 - ✓ Done in Wellness Clinic during above business hours
- PCR COVID Test
 - ✓ Have HAD exposure to COVID (see definition above)
 - ✓ ARE experiencing symptoms of COVID or overall, not feeling well
 - ✓ Takes 24 plus hours to result
 - ✓ Must quarantine in home until result is received
 - ✓ Requires a call to Wellness Clinic or Nurse On-Call phone and Nurse will come to home.

COVID Positive Employees

Since our last communication on Aug 8th, no additional employees have tested positive or completed their 10-day quarantine. The total number of employees that have tested positive remains at 20.

COVID Positive Villa Residents

Since our last communication on Aug 8th, no other Villa residents have tested positive. No other residents have completed their 10-day quarantine and four residents are quarantined in their apartments with dedicated nursing staff providing care. The *active* fully vaccinated Villa resident total is four. The total number of Villa residents who have tested positive remains at 13. COVID-recovered residents may resume normal activity and are asked to continue to remain in the Villa.

All Villa residents who have not had a recent COVID diagnosis were tested today, and results are pending. COVID-recovered residents may resume normal activity in the Villa but are asked to continue to remain in the Villa except for scheduled spa appointments. All other residents should continue to follow guidelines set forth in the Villa-specific communication on July 30th. Indoor visitation continues to be suspended for all.

Abbey

Residents were tested on Aug 2nd due to a potential exposure and all results were negative. They were tested again on Aug 9th per outbreak testing guidelines and results are still pending.

Visitation remains suspended. A separate communication was sent out Aug 5th to resident families outlining the process for scheduling virtual and window visits.

Surveillance Health Center Employee Testing

Surveillance testing of all unvaccinated Montereau Home Care employees is conducted once per week. Chateau employees are tested twice per week per CMS regulation for a positivity rate above 10% (Tulsa County positivity rate for long term care is 24.4%, up from 24.2%). At this time, Villa and Abbey employees are being tested in accordance with outbreak testing guidelines, which is twice per week. We continue to COVID test symptomatic employees and contact trace if positive.

In addition to the above, we are also testing support staff who work in the Health Center as an extra precautionary measure, including Wellness department employees.

Surveillance Unidine Employee Testing

Weekly surveillance testing of all Towers Unidine Staff began yesterday, August 9th and is being completed in the Wellness Clinic.

Take Responsibility

Taking responsibility for your own well-being minimizes your risk for COVID. In many instances, we cannot control what others do, but we can control what we do individually:

- Get vaccinated.
- Wear a mask and encourage your family and friends to wear a mask when visiting.
- Cover coughs and sneezes.
- Wash your hands often; clean and disinfect your spaces.
- Stay 6 feet away from others and avoid crowds and poorly ventilated spaces.
- Monitor your health daily.

Thank you,

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