



## MONTEREAU®

July 30, 2021

Dear Residents, Employees, and Families:

### **Patience and Support**

Thank you in advance for your patience and support as we maneuver through this second wave of COVID infections, which is more than likely the result of the highly contagious Delta variant. Certainly, we do **not** have all the answers and our circumstances are changing daily as new positive cases are identified. We continue to mobilize quickly and strategize each scenario to contain and further mitigate community spread.

### **COVID Positive Garden Home and Towers Residents**

Since our last communication on July 29<sup>th</sup>, one resident has tested positive. Two residents have completed their 10-day quarantine. The active fully vaccinated resident total is 25. Two are hospitalized, one is residing in the COVID apartment, and the other 22 residents will continue to self-monitor and quarantine in their homes for 10 days.

- Quarantined residents are and have been receiving daily check-in calls from designated Montereau staff.

Once a resident is confirmed positive, they are instructed to contact those they have had close contact with and to seek testing if experiencing signs and symptoms or if otherwise concerned. This resident help with contact trace testing is important as we seek to ensure that our trace testing process is sustainable long-term.

### **Masks**

The wearing of masks is required for all Towers common areas.

- KN95 masks are available for residents and employees at the Towers and Health Center concierge desks.

### **COVID Testing Availability for Garden Home and Towers Residents**

The Wellness Clinic is available to perform COVID testing during normal business hours, which are Monday – Friday from 9:00 a.m. to 4:00 p.m. After 4:00 p.m. and on weekends, you may seek testing at local pharmacies and urgent care centers. ***If you have a COVID test performed, it is important that you remain in your home until you are notified by the testing source that your result is negative.***

### **COVID Positive Employees**

Since our last communication on July 29<sup>th</sup>, one employee has tested positive, and one has completed their 10-day quarantine. The total number of employees that have tested positive is 12.

### **COVID Positive Villa Residents**

Since our last communication on July 29<sup>th</sup>, an additional 7 residents have tested positive and are quarantined in their apartments with dedicated nursing staff providing care. One resident is hospitalized, and one is being cared for by members of the nursing team in the COVID apartment. The active fully vaccinated Villa resident total is 9.

A separate more detailed communication has been sent to resident families outlining processes for meals, activities, outside appointments and limited visitation (window, virtual, and outdoor).

### **Most Common Symptoms**

The most common symptoms that have been communicated to our Nurse Management Team have been respiratory in nature with some complaints of headache and slight fever. Respiratory symptoms include sinus congestion, chest congestion, cough.

### **Door Closure**

The double doors leading from the Towers to the Health Center are closed as a reminder not to enter the Health Center. Towers and Garden Home residents that receive therapy may still enter through that doorway, as well as spouses or immediate family visiting their loved one in the Abbey or Chateau. Residents, please do not visit your friends in the Health Center at this time.

### **Visitation**

Based on updated CDC guidance, all Towers and Garden Home visitors must wear a mask. In addition, COVID screening questions have been added back to the Towers check-in kiosk. These two mitigation strategies have remained in place for the Health Center throughout the pandemic.

### **Towers and Garden Home Dining**

Guest dining has been suspended. The configuration of seating in the Grand Riviera Lounge, Café Mondial and Le Marché is designed to support social distancing. Reservations are highly encouraged as we may **not** be able to accommodate walk-ins.

### **Surveillance Health Center Employee Testing**

Surveillance testing of all unvaccinated Montereau Home Care and Abbey employees is conducted once per week. Chateau employees are tested twice per week per CMS regulation for a positivity rate above 10%. At this time, Villa employees will be tested in accordance with outbreak testing guidelines which is twice per week. We continue to COVID test symptomatic employees and contact trace if positive.

- In addition to the above we will also be testing vaccinated staff in the Health Center as an extra precautionary measure.

### **Take Responsibility**

Taking responsibility for your own well-being minimizes your risk for COVID. In many instances, we cannot control what others do, but we can control what we do individually:

- Get vaccinated.
- Wear a mask as a precautionary measure and encourage your family and friends to wear a mask if visiting.
- Wash your hands often.
- Stay 6 feet away from others.
- Avoid crowds and poorly ventilated spaces.
- Monitor your health daily.
- Cover coughs and sneezes.
- Clean and disinfect.

Thank you,

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