



MONTEREAU®

July 29, 2021

Dear Residents, Employees, and Families:

Patience and Support

Thank you in advance for your patience and support as we maneuver through this second wave of COVID infections. Certainly, we do **not** have all the answers. However, we have been able to mobilize quickly in response to changing guidance and circumstances by implementing many of the same processes and protocols used during the first wave.

COVID Positive Garden Home and Towers Residents

Since our last communication on July 28th, two residents have tested positive. Three residents have completed their 10-day quarantine. The active fully vaccinated resident total is 26. Two are hospitalized, one is residing in the COVID apartment, and the other 23 residents will continue to self-monitor and quarantine in their homes for 10 days.

Once a resident is confirmed positive, they are instructed to contact those they have had close contact with and to seek testing if experiencing signs and symptoms or if otherwise concerned. This resident help with contact trace testing is important as we seek to ensure that our trace testing process is sustainable long-term.

COVID Testing Availability for Garden Home and Towers Residents

The Wellness Clinic is available to perform COVID testing during normal business hours, which are Monday – Friday from 9:00 a.m. to 4:00 p.m. After 4:00 p.m. and on weekends, you may seek testing at local pharmacies and urgent care centers. ***If you have a COVID test performed, it is important that you remain in your home until you are notified by the testing source that your result is negative.***

COVID Positive Villa Residents

There has been no change. The number remains at two fully vaccinated residents in the Villa. Both are now being cared for by members of the nursing team in the COVID apartment.

Until further notice, the only visits permitted in the Villa are outdoor visits at the Health Center outside fountain area.

COVID Positive Employees

Since our last communication on July 28th, two employees have tested positive, and two have completed their 10-day quarantine. The total number of employees that have tested positive is 11.

Most Common Symptoms

The most common symptoms that have been communicated to our Nurse Management Team have been respiratory in nature with some complaints of headache:

- sinus congestion
- chest congestion
- cough

Door Closure

The double doors between the Towers commons hallway will be closed as a reminder not to enter the Health Center. Towers and Garden Home residents that are receiving therapy may still enter through that doorway, as well as spouses or immediate family visiting their loved one in the Abbey or Chateau. Residents, please do not visit your friends in the Health Center at this time.

Visitation

Based on updated CDC guidance issued yesterday, all visitors are now required to wear a mask. In addition, COVID screening questions will be added back to the Towers check-in kiosk.

Surveillance Health Center Employee Testing

Surveillance testing of all unvaccinated Montereau Home Care and Assisted Living (Abbey/Villa) employees is conducted once per week, and Chateau employees are tested twice per week per CMS regulation for a positivity rate above 10%. We continue to COVID test symptomatic employees and contact trace if positive.

In addition to the above required Surveillance Health Center Employee Testing, we will also be testing vaccinated staff in the Health Center as an extra precautionary measure.

KN95 Masks

These masks are available for residents and employees at the Towers and Health Center concierge desks.

Take Responsibility

Taking responsibility for your own well-being minimizes your risk for COVID. In many instances, we cannot control what others do, but we can control what we do individually:

- Get vaccinated.
- Wear a mask as a precautionary measure and encourage your family and friends to wear a mask if visiting.
- Wash your hands often.
- Stay 6 feet away from others.
- Avoid crowds and poorly ventilated spaces.
- Monitor your health daily.
- Cover coughs and sneezes.
- Clean and disinfect.

Thank you,

Tammy Brown RN, MBA, NHA, CPASRM
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