

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">Activities and Event Locator</p> <p>A Abbey B Beaujolais C1 Chateau 1 C2 Chateau 2 VDR Villa Dining Room CT Coterie Theatre LM Le Marche' CH Commons Hallway</p> <p>FQ French Quarter LC Le Cinema MWC Monterey Warren Chapel V Villa VC Villa Courtyard GRL Grand Riviera Lounge CM Café Mondial</p>			<p>Red = physical activity Purple = special event * = activity will cost money</p>	<p>Games Available: Rummikub Monopoly Dominoes Mexican Train Dominoes Outburst II Skip-Bo UNO Card Game Finish Lines Yahtzee</p>	<p>Variety of Opportunities available daily includes but not limited to: Brain Puzzles Devotions Color Yourself Calm Room Visits Games- Cards Virtual Tours Facetime Assistance Word Search / Crossword Art Therapy Music Therapy</p>	<p align="right">1</p> <p>8:30 TED Talk: Channel 1960 10:45 Meditation for Anxiety Channel 1960 1:30 Bridge Game (Dining Room) 2:00 Bingo (FQ) 3:00 Basic Balance: Channel 1960 3:30 & 6:00 Movie: Pony Express (B)</p>
2	3	4	5	6	7	8
<p>10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (B) 11:30 Sunday Protestant Service (MWC) 3:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 6:00 Movie: Gone with the Wind (B)</p>	<p>8:30 Guided Meditation Class: Channel 1960 9:30 Devotions w/ Kim (B) 10:15 Balance Class (1st floor SE Hallway) 1:00 Chair Yoga Channel 1960 2:00 Bingo (FQ) 2:00 Line Dancing for Beginners: Channel 1960 3:30 Fanfare Music (B) 6:00 Monday Night at the Movies: Clue (B)</p>	<p>8:30 Morning Affirmations: Channel 1960 9:30 Chair Yoga: Channel 1960 11:00 Basic Balance Class Channel 1960 1:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 1:00 Room Visits 2:00 Resident Council (FQ) 3:15 Balance Class (1st floor SE Hallway) 3:45: Devotion with Sofia (B)</p>	<p>8:30 Guided Meditation: Channel 1960 9:00 Doughnuts to your door 10:00 Stretch & Tone: 1960 11:00 Balance Class (1st floor SE Hallway) 1:00 Room Visits 2:00 New Neighbor Social (FQ) 3:30 Book Club (B)</p> <p align="center">Cinco de Mayo</p>	<p>8:30 Morning Affirmations: Channel 1960 11:00 Basic Balance Channel 1960 12:00: Lunch-in: Bravo's Mexican Grill* 1:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 2:00 Bingo (FQ) 3:15 Nurses Day Thank You Craft (FQ)</p> <p align="center">Nurses Day</p>	<p>8:30 Guided Meditation Class: Channel 1960 9:30 Tom Hunter Devotion (B) 11:00 Balance Class (SE Hallway) 2:00 Birthday Card Making (FQ) 3:00 Chair Zumba (B) 4:00 Room Visits 6:00 Movie: Western: The Big Country (B) 6:30 Friday Night Feature: Channel 1960</p>	<p>8:30 TED Talk: Channel 1960 10:45 Meditation for Anxiety Channel 1960 1:30 Bridge Game (Dining Room) 2:00 Bingo (FQ) 3:00 Basic Balance: Channel 1960 3:30 & 6:00 Movie: My Fair Lady (B)</p>
9	10	11	12	13	14	15
<p>10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (B) 11:30 Sunday Protestant Service (MWC) 3:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 6:00 Movie: Funny Face (B)</p>	<p>8:30 Guided Meditation Class: Channel 1960 9:30 Devotions w/ Kim (B) 10:15 Balance Class (1st floor SE Hallway) 1:00 Chair Yoga Channel 1960 2:00 Bingo (FQ) 2:00 Line Dancing for Beginners: Channel 1960 3:30 Fanfare Music (B) 6:00 Monday Night at the Movies: Footloose (B)</p>	<p>8:30 Morning Affirmations: Channel 1960 9:30 Chair Yoga: Channel 1960 11:00 Basic Balance Class Channel 1960 1:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 1:00 Room Visits 2:00: Villa Town Hall (FQ) 3:15 Balance Class (1st floor SE Hallway) 3:45: Devotion with Sofia (B)</p>	<p>8:30 Guided Meditation: Channel 1960 10:00 Stretch & Tone: 1960 11:00 Balance Class (1st floor SE Hallway) 1:00 Room Visits 2:00 Outing: Scenic Drive & Italian Ice 3:30 Book Club (B) 4:30: Music with Nick (Dining Room)</p>	<p>8:30 Morning Affirmations: Channel 1960 9:30 Chair Yoga: Channel 1960 11:00 Basic Balance Class: 1960 12:00 Lunch Out at the Grand Riviera Lounge* 1:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 2:00 Bingo (FQ) 3:00 Cooking Group: Fruit Cocktails and Avocado Toast (FQ)</p>	<p>8:30 Guided Meditation Class: Channel 1960 9:30 Tom Hunter Devotion (B) 11:00 Balance Class (1st floor SE Hallway) 2:00 Activities & Movie Planning Mtg (B) 3:00 May Birthday Party (FQ) 6:00 Movie: Western: Gunfight at the OK Corral (B) 6:30 Friday Night Feature on channel 1960</p>	<p>8:30 TED Talk: Channel 1960 10:45 Meditation for Anxiety: Channel 1960 1:30 Bridge Game (Dining Room) 2:00 Bingo (FQ) 3:00 Basic Balance: Channel 1960 3:30 & 6:00 Movie: Casablanca (B)</p>

Monterea

Villa May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">16</p> <p>10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (B) 11:30 Protestant Service (MWC) 3:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 6:00 Movie: Roman Tales (B)</p>	<p align="center">17</p> <p>8:30 Guided Meditation Class: Channel 1960 9:30 Devotions with Kim (B) 10:15 Balance Class (1st floor SE Hallway) 1:00 Chair Yoga: Channel 1960 2:00 Bingo (FQ) 2:00 Line Dancing for Beginners: Channel 1960 3:30 Fanfare Music (B) 6:00 Monday Night at the Movies: Funny Girl (B)</p>	<p align="center">18</p> <p>8:30 Morning Affirmations: Channel 1960 9:30 Chair Yoga: Channel 1960 11:00 Basic Balance: Channel 1960 1:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 11:30 Music w/ Sofia (Dining Room) 2:00: Scattergories Game (FQ) 3:15 Balance Class (1st floor SE Hallway) 3:45 Devotions with Sofia (B)</p>	<p align="center">19</p> <p>8:30 Guided Meditation : Channel 1960 9:30 Stretch & Tone: Channel 1960 11:00 Balance Class (1st floor SE Hallway) 12:30 Pizza Party (FQ)* 1:00 Chair Yoga: Channel 1960 1:00 Room Visits 2:00 Virtual Trip to the Zoo (B) 3:00 Take a Walk (Meet at Nurses Care Base) 3:30 Book Club (B)</p>	<p align="center">20</p> <p>8:30 Morning Affirmations: Channel 1960 9:30 Chair Yoga: Channel 1960 11:00 Basic Balance: Channel 1960 12:00 Le Louvre French Café* 1:00 Room Visits 2:00 Bingo (FQ) 3:00 Food & Beverage Mtg (FQ)</p>	<p align="center">21</p> <p>8:30 Guided Meditation: Channel 1960 9:30 Tom Hunter Devotion (B) 11:00 Balance Class (1st floor SE Hallway) 2:30 Outing: Scenic Drive & Ice Cream 3:30 Bocce Ball (Meet at Nurse's Care Base) 6:00 Movie: Western: El Dorado (B) 6:30 Friday Night Feature: Channel 1960</p>	<p align="center">22</p> <p>8:30 TED Talk: Channel 1960 10:45 Meditation for Anxiety: Channel 1960 1:30 Bridge Game (Dining Room) 2:00 Bingo (FQ) 3:00 Basic Balance: Channel 1960 3:30 Happy Hour in Villa Dining Room (\$5 per drink) 3:30 and 6:00 Movie: Breakfast at Tiffany's (B)</p>
<p align="center">23</p> <p>10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (B) 11:30 Protestant Service (MWC) 3:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 6:00 Movie: Inspector General (B)</p>	<p align="center">24</p> <p>8:30 Guided Meditation Class: Channel 1960 9:30 Devotions with Kim (B) 10:15 Balance Class (1st floor SE Hallway) 1:00 Chair Yoga: Channel 1960 2:00 Bingo (FQ) 2:00 Line Dancing for Beginners: Channel 1960 3:30 Fanfare Music (B) 6:00 Monday Night at the</p>	<p align="center">25</p> <p>8:30 Morning Affirmations: Channel 1960 9:30 Chair Yoga: Channel 1960 11:00 Basic Balance Channel 1960 1:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 2:00 Kindness Rocks Painting Project (FQ) 3:15 Balance Class (1st floor SE Hallway) 3:45 Devotions with Sofia (B)</p>	<p align="center">26</p> <p>8:30 Guided Meditation : Channel 1960 9:30 Stretch & Tone: Channel 1960 11:00 Balance Class (1st floor SE Hallway) 12:30: Summer Kickoff Cookout and Music with Mark (Courtyard) 2:00: Paper Airplane Making (FQ) 3:00: Finish Lines (FQ) 3:30 Book Club (B)</p>	<p align="center">27</p> <p>8:30 Morning Affirmations: 1960 9:30 Chair Yoga: Channel 1960 11:00 Basic Balance Channel 1960 12:00 Lunch in: The Savoy* 1:00 Room Visits 2:00 Bingo (FQ) 3:15 Root Beer Floats (Courtyard)</p>	<p align="center">28</p> <p>8:30 Guided Meditation Class: Channel 1960 9:30 Tom Hunter Devotion (B) 11:00 Balance Class (1st floor SE Hallway) 2:00 Music w Sofia (6 people) (B) 3:00 Music w Sofia (6 people) (B) 6:00 Movie: Western: Rio Grande (B) 6:30 Friday Night Feature: Channel 1960</p>	<p align="center">29</p> <p>8:30 TED Talk: Channel 1960 10:45 Meditation for Anxiety: Channel 1960 1:30 Bridge Game (Dining Room) 2:30 Bingo (FQ) 3:00 Basic Balance: Channel 1960 3:30 & 6:00 Movie: Seven Brides for Seven Brothers (B)</p>
<p align="center">30</p> <p>10:00 Catholic Mass (MWC) 11:00 Boston Ave Church on TV (B) 11:30 Protestant Service (MWC) 3:00 Reduce Arthritis Pain (RAP) Class: Channel 1960 6:00 Movie: Yours, Mine, and Ours (B)</p>	<p align="center">31</p> <p>8:30 Guided Meditation Class: Channel 1960 10:00 Basic Stretch & Tone: Channel 1960 1:00 Chair Yoga: Channel 1960 2:00 Bingo (FQ) 3:30 Games Available in the FQ 6:00 Monday Night at the Movies: Kon Tiki (B)</p> <p align="center">Memorial Day</p>				<p align="center"> Red = physical activity Purple = special event * = activity will cost money </p>	<p align="center"> Questions about activities? Call Sofia Bouffard 918-491-5213 </p>