



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|---|--|
| <p align="center">Activities and Event Locator</p> <p>A Abbey FQ French Quarter B Beaujolais LC Le Cinema C1 Chateau 1 MWC Monterey Warren Chapel C2 Chateau 2 V Villa VDR Villa Dining Room VC Villa Courtyard CT Coterie Theatre GRL Grand Riviera Lounge LM Le Marche' CM Café Mondial CH Commons Hallway</p> | | | <p align="center">Questions About Activities? Please Call Kelly Taylor 918-491-5258</p> | <p>Red = physical activity Purple = special event * = activity will cost money</p> | <p align="right">1</p> <p>9:30 Morning Greeting 10:00 Light N Lively 10:30 TimeSlips: Creative Writing and Storytelling 1:30 Video Calls to Family and Room Visits 3:00 Cheer Cart</p> <p align="center">New Years Day</p> | <p align="right">2</p> <p>9:30 Morning Greeting 9:45 Coloring Sheets and Word Puzzles Available in the Dining Room 10:00 Balloon Ball 2:30 Movie & Popcorn 3:30 Room Visits</p> |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| <p>9:30 Morning Greeting 10:00 Monterey Mass on Channel 1960 11:00 Boston Ave Church TV 11:30 & 2:00 Monterey Protestant Church Service Channel 1960 2:15 Hand Massages & Room Visits</p> | <p>9:30 Morning Greeting 10:00 Balloon Ball 10:15 Rev. Cheryl Peter's Devotional Reading 1:45 Relaxation and Meditation Music & Breathing 2:30 Bingo 3:45 National Trivia Day:-Trivia & Refreshments</p> | <p>9:30 Morning Greeting 10:00 Light N Lively 10:30 FanFare Music Therapy 1:45 Aromatherapy Hand Massages 2:45 The Sun Room Sessions: Poetry Readings, Reflections & Storytelling 3:30 Sip & Share</p> | <p>9:30 Morning Greeting 10:00 Seated Tai Chi 10:15 Move To the Music 10:45 Love Stories From WWII 2:00 FanFare Music Therapy 3:30 Cheer Cart, Tasty Treats and Room Visits</p> | <p>9:30 Morning Greeting 10:00 Balloon Ball 10:30 Stretching to the Oldies 12:00 Lunch In: Chicken Salad Chick* 1:45 Color Me Calm & Classical Music 2:30 Eldergrow: Nat'l Old Rock Day: Rock Painting 3:30 Hand Massages</p> | <p>9:30 Morning Greeting 10:00 Light N Lively 10:30 TimeSlips: Creative Writing and Storytelling 1:30 Video Calls to Family and Room Visits 3:00 Cheer Cart</p> | <p>9:30 Morning Greeting 9:45 Coloring Sheets and Word Puzzles Available in the Dining Room 10:00 Balloon Ball 2:30 Movie & Popcorn 3:30 Room Visits</p> |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| <p>9:30 Morning Greeting 10:00 Monterey Mass on Channel 1960 11:00 Boston Ave Church TV 11:30 & 2:00 Monterey Protestant Church Service Channel 1960 2:15 Hand Massages & Room Visits</p> | <p>9:30 Morning Greeting 10:00 Balloon Ball 10:15 Rev. Cheryl Peter's Devotional Reading 1:45 Relaxation and Meditation Music & Breathing 2:30 Bingo 3:45 Seated Tai Chi</p> | <p>9:30 Morning Greeting 10:00 Light N Lively 10:15 FanFare Music Therapy 1:45 Stretching to the Oldies 2:45 Nat'l Hot Tea Day: Tea Time & Biscuits 3:00 Hand Massages and Chat</p> | <p>9:30 Morning Greeting 10:00 Balloon Ball & Stretching 10:30 TimeSlips: Creative Writing 1:30 Hot Chocolate Cart & Room Visits 2:30 Drum Circle 3:30 Eldergrow: The Five Senses (one on one)</p> | <p>9:30 Morning Greeting 10:00 Balloon Ball 10:30 Winter Wonderland Hall Party-South Pole 1:45 The Sun Room Sessions: Poetry Readings, Reflections & Storytelling 3:15 Light N Lively</p> | <p>9:30 Morning Greeting 10:00 Seated Tai Chi 10:30 January Birthday Treats 1:30 Video Calls to Family and Room Visits 3:00 Balloon Ball & The Beatles</p> | <p>9:30 Morning Greeting 10:00 Light N Lively 10:15 Finish Lines 2:00 Bingo 2:30 Movie & Popcorn 3:30 Room Visits</p> |

Montereaau

Chateau | January 2021

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p style="text-align: right;">17</p> <p>9:30 Morning Greeting 10:00 Monterey Mass on Channel 1960 11:00 Boston Ave Church TV 11:30 & 2:00 Monterey Protestant Church Service Channel 1960 2:15 Balloon Ball & The Beatles 3:30 Cheer Cart-Video Calls and One on One Opportunities</p> | <p style="text-align: right;">18</p> <p>9:30 Morning Greeting 10:00 Balloon Ball 10:15 Rev. Cheryl Peter's Devotional Reading 1:45 Resident Council Meeting 2:30 TimeSlips Creative Writing and Storytelling 3:15 Remembering Dr. Martin Luther King Jr.</p> | <p style="text-align: right;">19</p> <p>9:30 Morning Greeting 10:00 Light N Lively 10:30 TimeSlips Creative Writing and Storytelling 2:00 OMA Art Project 3:30 Sip & Share</p> | <p style="text-align: right;">20</p> <p>9:30 Morning Greeting 10:00 Seated Tai Chi 10:15 Boxing Rounds 1:45 National Cheese Lovers Day: Cheese Tasting 3:45 Aromatherapy Hand Massages and Chat</p> | <p style="text-align: right;">21</p> <p>9:30 Morning Greeting 10:00 Balloon Ball 10:15 Devotions and Hymns 12:00 Lunch In: Pub W* 1:45 FanFare Music Therapy 2:45 The Sun Room Sessions: Poetry Readings, Reflections & Storytelling 3:30 Cheer Cart</p> | <p style="text-align: right;">22</p> <p>9:30 Morning Greeting 10:00 Light N Lively 10:30 Devotions & Hymns 1:30 Video Calls to Family and Room Visits 3:30 Cheer Cart</p> | <p style="text-align: right;">23</p> <p>9:30 Morning Greeting 9:45 Coloring Sheets and Word Puzzles Available in the Dining Room 10:00 Balloon Ball 1:45 Movie & Popcorn 3:30 Room Visits</p> |
| <p style="text-align: right;">24</p> <p>9:30 Morning Greeting 10:00 Monterey Mass on Channel 1960 11:00 Boston Ave Church TV 11:30 & 2:00 Monterey Protestant Church Service Channel 1960 2:15 Hand Massages & Room Visits 3:00 Cheer Cart-Video Calls and One on One Opportunities</p> | <p style="text-align: right;">25</p> <p>9:30 Morning Greeting 10:00 Balloon Ball 10:15 Rev. Cheryl Peter's Devotional Reading 1:45 Relaxation and Meditation Music & Breathing 2:30 Poetry Readings: Where the Sidewalk Ends 3:15 Seated Tai Chi</p> | <p style="text-align: right;">26</p> <p>9:30 Morning Greeting 9:45 Light N Lively 10:30 Winter Wonderland Hall Party-North Pole 1:45 Chair Yoga & Relaxation 2:30 Cooking Group-Cookie Decorating 3:30 Cooking Reminiscing and Stories</p> | <p style="text-align: right;">27</p> <p>9:30 Morning Greeting 10:45 Balloon Ball 11:00 Hand Massages 1:45 National Chocolate Day: Hot Chocolate Cart- Room Visits 3:00 Eldergrow: The Five Senses (one on one)</p> | <p style="text-align: right;">28</p> <p>9:30 Morning Greeting 10:00 Light N Lively 10:30 FanFare Music Therapy 12:00 Lunch In Asian Fusion* 1:45 The Sun Room Sessions: Poetry Readings, Reflections & Storytelling 3:15 Finish Lines Game</p> | <p style="text-align: right;">29</p> <p>9:30 Morning Greeting 9:45 Noodle Ball & The Golden Oldies 10:30 Pet therapy 1:30 Video Calls to Family and Room Visits 2:30 Ice Cream Treats 3:30 Reminiscing & Storytelling</p> | <p style="text-align: right;">30</p> <p>9:30 Morning Greeting 10:00 Light N Lively 10:15 Comedy Hour 2:00 Bingo 2:45 Movie and Popcorn 3:30 Room Visits</p> |
| <p style="text-align: right;">31</p> <p>9:30 Morning Greeting 10:00 Monterey Mass on Channel 1960 11:00 Boston Ave Church TV 11:30 & 2:00 Monterey Protestant Church Service Channel 1960 2:00 Movie & Popcorn 3:00 Cheer Cart-Video Calls and One on One Opportunities</p> | | | <p>Red = physical activity Purple = special event * = activity will cost money</p> | <p>Questions About Activities? Please Call Kelly Taylor 918-491-5258</p> |  |  <p>Music channels available in room on TV - Music Channels start in 1900's</p> |