


# Abbey • January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Activities and Event Locator</b></p> <p><b>A</b> Abbey  <b>B</b> Beaujolais  <b>C1</b> Chateau 1  <b>C2</b> Chateau 2  <b>CT</b> Coterie Theatre  <b>LM</b> Le Marche</p> <p><b>FQ</b> French Quarter  <b>LC</b> Le Cinema  <b>MWC</b> Montereau Warren Chapel  <b>V</b> Villa  <b>VC</b> Villa Courtyard</p>				<p><b>Questions about activities?</b>  <b>Jessica Vagin</b>  <b>918-491-5299</b></p> <p>Red = physical activity            Purple = special event            * = activity will cost money</p>	<p><b>1</b></p> <p>10:30 Virtual Devotions with Tom Hunter  <b>11:00 Exercise</b>            11:30 Reminisce and Chat            1:00 New Years Resolutions            1:45 One on Ones: Uno  <b>2:30 Exercise bike</b>            2:30 Craft: New Years silver &amp; blue            3:30 Hangman Games            6:30 New Years Bingo</p>	<p><b>2</b></p> <p>10:00 Current Events  <b>11:00 Exercise</b>  <b>11:15 Walking Group</b>            11:30 Water Indoor Garden            1:30 Color Me Calm            1:45 One on ones: Reminisce            2:00 Hot Chocolate &amp; Chat            2:30 Name Ten Game  <b>2:30 Exercise bike</b>            3:00 Hallmark Movie on TV</p>
<p><b>3</b></p> <p>10:00 Mass on TV (1960)            11:00 Boston Ave on TV            11:30 Protestant Service (1960)            11:00 Newspaper and Chat  <b>2:00 Exercise</b>            2:30 White Board Games            3:00 Cooking Group: snack mix            3:30 Color Me Calm            6:30 Gathan Graham Concert (1960)</p>	<p><b>4</b></p> <p>10:00 Current Events  <b>11:00 Exercise</b>            11:30 Mindful Meditation            1:30 Patio Time            1:30 Reindeer games            1:45 One on ones: Card Games  <b>2:30 Exercise bike</b>            3:00 Dominos            3:30 One on ones            4:00 Trivia &amp; Chat</p>	<p><b>5</b></p> <p><b>10:30 Walking Group</b>  <b>11:00 Exercise</b>            11:15 Devotion's with Erma            11:30 Water Indoor Garden            1:30 Preacher's Wife on TV (37)            2:30 Manicures and massages            3:30 Eldergrow  <b>4:00 Exercise Bike</b>            4:00 One on Ones            6:30 Netflix Movie</p>	<p><b>6</b></p> <p><b>9:30 Donut Treats</b>            10:00 The Price is Right (Both TV's)  <b>11:00 Exercise</b>            11:30 Brain Games  <b>1:30 Walking Group</b>            2:30 Cooking Group: Veggie snacks            3:00 Dominos            4:00 Look at Magazines and Chat</p>	<p><b>7</b></p> <p>10:00 Current Events  <b>10:45 Walking Group</b>  <b>11:00 Light n Lively</b>            11:30 Brain Games            2:00 Drinks &amp; Popcorn            3:00 Bingo            4:00 Water Indoor Garden            7:00 Color Me Calm</p>	<p><b>8</b></p> <p>10:00 Virtual Devotions with Tom Hunter  <b>11:00 Exercise</b>            11:15 Water Indoor Garden            11:15 Devotions with Erma  <b>11:30 Walking Group</b>  <b>12:00 Local Lunch</b>            2:00 Connect Four  <b>2:30 Exercise bike</b>            3:30 New Year Word Searches            4:00 Bean Bag Toss            4:30 Jeopardy on TV</p>	<p><b>9</b></p> <p>10:00 Price is Right (use both TV's)  <b>11:00 Walk It Out</b>            11:15 Word Search  <b>11:30 Light and Lively</b>            1:30 One on ones            2:00 Dominos  <b>2:30 Exercise bike</b>            4:00 Chicken Soup for the Soul Stories            6:30 Lawrence Welk Show (11)</p>
<p><b>10</b></p> <p>10:00 Mass on TV (1960)            11:00 Boston Ave on TV            11:00 Newspaper and Coffee            11:30 Protestant Service (1960)            2:00 Manicures            2:00 Dominos  <b>2:30 Exercise</b>            3:00 Art: Snowflakes &amp; snowballs            6:00 Apple Cider and Chat</p>	<p><b>11</b></p> <p><b>10:45 Light n Lively</b>            11:00 Online Life Church Service            2:00 Color Me Calm            2:00 Active Game: Snowball fight            2:30 One on Ones  <b>3:00 Bird Meditation</b>            3:30 Punch and cookies</p>	<p><b>12</b></p> <p>10:00 Price is right (use both TV)  <b>11:00 Exercise</b>  <b>11:30 Walking Group</b>            11:15 Reminiscing and Chat            1:45 Dominos            2:00 K-cup samples            2:30 Cooking: Ham &amp; cheese Hawaiian Rolls            3:30 Small Group: Uno            6:00 Chicken Soup for Soul Stories</p>	<p><b>13</b></p> <p>10:00 Current Events            10:30 Color Me Calm  <b>11:00 Exercise</b>            11:15 Water Indoor Garden            1:30 One on ones            2:00 Cooking: sugar cookies  <b>2:30 Exercise bike</b>            3:30 White board games            6:30 Gathan Graham (1960)</p>	<p><b>14</b></p> <p>10:00 Price is right (use both TV)  <b>11:00 Exercise</b>  <b>11:30 Walking Group</b>            1:00 Connect Four            2:30 Song Bingo  <b>2:30 Exercise bike</b>            3:30 White board games            4:00 Color Me Calm</p>	<p><b>15</b></p> <p>11:00 Virtual Devotions with Tom Hunter  <b>11:30 Exercise</b>            11:45 Word searches  <b>12:00 Local Lunch In</b>            2:30 Water Indoor Garden            3:30 Color me Calm  <b>4:00 Exercise bike</b>            6:30 Mindful Meditation</p>	<p><b>16</b></p> <p>10:00 Price is right (use both TV)  <b>11:00 Exercise</b>            11:15 Water Indoor Garden            2:00 Creative Coloring            2:30 Manicures  <b>2:30 Exercise bike</b>            3:30 Dominos            6:30 Lawrence Welk Show (11)</p>

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<b>17</b> 10:00 Mass on TV (1960) 11:00 Boston Ave on TV 11:30 Protestant Service (1960) 11:00 Newspaper and Chat 1:30 Online Life Church Service <b>2:00 Exercise</b> <b>2:30 Bean Bag Toss</b> 3:00 Small Group Games 3:30 Cooking: Brownies 6:00 Netflix Movie on TV	<b>18</b> <b>11:00 Light n Lively</b> 11:15 Group Crossword Puzzles 2:30 White Board Games 3:00 Balloon ball 3:00 Trivia Games and Treats 4:30 Mindful Meditation 6:00 Netflix Movie	<b>19</b> 10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> 11:15 Water Indoor Garden 1:30 One on ones <b>2:30 Exercise bike</b> 3:30 Cocoa k-cup samples 3:30 One on ones 6:00 Magazine and Chat	<b>20</b> <b>11:00 Light n Lively</b> 11:15 Reminiscing and Chat 2:00 Andy Griffith on TV Land 3:00 Meat and Cheese Tray Sampling 3:30 One on Ones 4:00 Hangman 6:00 Bible Word searches 6:30: Gathan Graham Concert	<b>21</b> 10:00 Price is Right (use both TV) <b>11:30 Exercise</b> 11:15 Water Indoor Garden 1:30 Music on TV <b>2:30 Exercise bike</b> 2:30 Hot Cocoa Bombs 3:30 Bingo and Prizes 6:00 Netflix Movie Wishes	<b>22</b> <b>11:00 Exercise</b> 11:15 Songs and Reminiscing <b>12:00 Local Lunch</b> 2:00 Netflix Movie 3:00 Snow Ball Fight 3:30 Craft: Collage Picture board 4:00 Stories and Treats <b>4:00 Exercise bike</b>	<b>23</b> 10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> <b>11:30 Walking Group</b> 11:15 Water Indoor Garden 1:30 One on ones 2:30 January Birthday Party 3:30 Dominos 3:30 Card Games
<b>24</b> 10:00 Mass on TV (1960) 11:00 Boston Ave on TV 11:30 Protestant Service (1960) 11:00 Newspaper and Chat 1:30 Manicures <b>2:00 Exercise</b> <b>2:30 Bean Bag Toss</b> 2:30 Cooking: cornbread 3:00 Creative Art Group 6:00 Water Indoor Garden	<b>25</b> 10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> 1:30 One on ones 2:00 Patio Time 3:30 Hot Chocolate and Chat 3:30 One on ones <b>3:30 Walking Group</b> 6:00 Netflix	<b>26</b> 10:00 Current Events 10:00 Price is right (use both TV) 10:30 Patio Time <b>11:00 Exercise</b> 11:15 Water Indoor Garden 1:30 One on ones 2:00 Eldergrow <b>2:30 Exercise bike</b> 3:30 Hot Chocolate and Chat 3:30 One on ones 6:00 Netflix	<b>27</b> <b>10:45 Light n Lively</b> 11:00 Reminiscing and Chat 2:00 Andy Griffith on TV Land 2:00 Color me calm 3:15 Cooking: Homemade Ice cream 3:30 Manicures & Hand massages 4:00 White Board Games 6:00 Word searches 6:30: Gathan Graham Concert (1960)	<b>28</b> <b>11:00 Exercise</b> 11:15 Water Indoor Garden 11:30 Connect Four 1:30 Water Indoor Garden 2:15 Hangman <b>2:30 Exercise bike</b> 4:00 Ellen on TV 5:00 Color me Calm 6:00 When Harry Met Sally Movie	<b>29</b> <b>11:00 Exercise</b> 11:15 Songs and Reminiscing <b>12:00 Local Lunch</b> 2:00 Noodle Ball 3:00 Snow Ball Fight 4:00 Whiteboard games <b>4:00 Exercise bike</b>	<b>30</b> 10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> <b>11:30 Walking Group</b> 11:15 Water Indoor Garden 1:30 One on ones 2:30 December Birthday Party 3:30 Dominos 3:30 Card Games 6:30 Lawrence Welk Show (11)
						<p><b>Questions about activities?</b> <b>Jessica Vagin</b> <b>918-491-5299</b></p> <p>Red = physical activity Purple = special event * = activity will cost money</p>