


# Montereaau

# Abbey • September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><b>Activities and Event Locator</b></p> <p><b>A</b> Abbey  <b>B</b> Beaujolais  <b>C1</b> Chateau 1  <b>C2</b> Chateau 2  <b>CT</b> Coterie Theatre  <b>LM</b> Le Marche</p> <p><b>FQ</b> French Quarter  <b>LC</b> Le Cinema  <b>MWC</b> Monterey Warren Chapel  <b>V</b> Villa  <b>VC</b> Villa Courtyard</p>				<p align="center"><b>Questions about activities?</b>  <b>Jessica Vagin</b>  <b>918-491-5299</b></p> <p>Red = physical activity            Purple = special event            * = activity will cost money</p>		
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		10:00 Price is right (both TV) <b>11:15 Exercise</b> 1:30 Patio Time and Watermelon 2:00 Outdoor Garden Exercise 3:00 Picture Frame Project 3:30 Golf Games Outdoors <b>4:00 Exercise bike</b> 6:30 One on Ones 7:00 Netflix Movie	10:00 The Price is Right (Both TV's) <b>11:15 Exercise</b> 11:30 Reminisce and Chat 1:30 Walking Group 2:30 Blueberry Dump Cake Cooking Activity 3:00 Color Me Calm 4:00 Look at Newspaper Ads 6:30: Gathan Graham Concert (1960)	10:00 Current Events 10:00 ORU Music <b>11:00 Sittercise</b> <b>11:30 Walk It Out</b> 11:15 Water Indoor Garden 1:30 One on Ones 1:45 Root Beer Floats and Chat <b>2:30 Exercise Bike</b> 3:30 One on Ones: Uno 4:00 Water Coloring Craft 6:00 Netflix Movie	10:00 Patio Time <b>11:00 Exercise</b> <b>11:15 Walking Group</b> 11:30 Word Searches <b>12:00 Local Lunch: Felini's</b> 1:30 one on ones 1:45 Skip-Bo Card Games <b>2:30 Exercise bike</b> 2:30 Ice Cream Samples 3:30 Hangman Games 3:30 one on ones 6:30 Hand Massages	10:00 Current Events <b>11:00 Exercise</b> <b>11:15 Walking Group</b> 11:30 Water Indoor Garden 1:30 One on ones 1:45 One on ones 2:00 Cheese Pizza Cooking Group 2:30 Bingo <b>2:30 Exercise bike</b> 3:30 Dominos 6:30 Lawrence Welk Show (11)
<b>6</b>	<b>Labor Day</b> <b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
10:00 Mass on TV (1960) 11:00 Boston Ave on TV 11:30 Protestant Service (1960) 11:00 Newspaper and Chat 1:30 Manicures <b>2:00 Exercise</b> 2:30 Popcorn Snacks and Movie 3:30 Art Group 6:30 Gathan Graham Concert (1960)	10:00 Current Events <b>11:00 Exercise</b> 11:30 Devotions with Erma <b>11:30 Walk It Out</b> <b>12:00 Labor Day Lunch</b> 1:30 Patio Time 1:30 Summer Art Craft 1:45 One on ones <b>2:30 Exercise bike</b> 3:30 Labor Day Trivia and Chat 3:30 One on ones 4:00 Happy Hour: Elvis Music (1960) 6:00 Netflix	<b>10:30 Walking Group</b> <b>11:00 Exercise</b> 11:15 One on Ones 1:30 Patio Time 2:00 Movie on TV 2:30 Cooking: Ants on a Log Day 3:30 Color Me Calm <b>4:00 Exercise Bike</b> 6:30 Wheel of Fortune 7:00 Water Indoor Garden	10:00 The Price is Right (Both TV's) <b>11:00 Exercise</b> 11:00 Newspaper and Chat <b>1:30 Walking Group</b> 1:30 Devotion's with Erma 2:30 Healthy Smoothies 3:00 Color Me Calm 4:00 Look at Newspaper and Ads 6:30: Gathan Graham Concert (1960)	10:00 ORU Music <b>10:45 Walking Group</b> <b>11:00 Light n Lively</b> 11:30 Reminiscing 2:00 Dominos 2:00 Hand Massages 3:00 One on ones 3:30 Bingo 3:30 Manicures 4:30 White board games 7:00 Water Outdoor Garden	10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> <b>11:30 Walking Group to Pond and Meditation</b> 11:15 Water Indoor Garden <b>11:00 Lunch: Chic-Fil-A</b> 1:30 Crock Pot Cooking <b>2:30 Exercise bike</b> 3:30 Word Searches 3:30 One on ones 6:30 Friday Night Feature: Ride (1960)	10:00 Skip-Bo 10:00 Price is right (use both TV) <b>11:00 Walk It Out</b> <b>11:30 Light and Lively</b> 11:15 Water Indoor Garden 1:30 Water Color Project 1:30 One on ones 1:45 Dominos <b>2:30 Exercise bike</b> 4:00 Magazine and Chat 6:00 Hand Massages 6:30 Lawrence Welk Show (11)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>13</b></p> <p>10:00 Mass on TV (1960) 11:00 Boston Ave on TV 11:30 Protestant Service (1960) 11:00 Newspaper and Chat 1:30 Manicures 1:30 Devotions with Erma <b>2:00 Exercise</b> 2:30 Patio Time and Chat 3:00 Art project 6:30 Gathan Graham Concert</p>	<p><b>14</b></p> <p>10:00 Cream Filled Donut Day Treat <b>10:45 Walking Group</b> <b>10:45 Light n Lively</b> 11:00 Reminiscing 2:00 Gun Smoke on TV Land 2:00 Color Me Calm 2:30 Cooking Group 3:00 Bingo <b>3:00 Bird Meditation</b> 3:30 Popsicles and Patio Time</p>	<p><b>15</b></p> <p>10:00 Price is right (use both TV) <b>11:00 Exercise</b> <b>11:30 Walking Group</b> 11:15 Reminiscing in the Garden 1:30 Abstract Art Project 1:30 one on ones 1:45 Dominos <b>2:30 Exercise bike</b> 3:30 Small Group: Uno 7:00 Netflix</p>	<p><b>16</b></p> <p>10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> 11:15 Water Indoor Garden 1:30 One on ones 2:00 Patio Time 2:00 Golf Games <b>2:30 Exercise bike</b> 3:30 White board games 6:30 Gathan Graham Concert</p>	<p><b>17</b></p> <p>10:00 ORU Music 10:00 Price is right (use both TV) <b>11:00 Exercise</b> <b>11:30 Walking Group</b> 11:15 Water Outdoor Garden 1:30 One on ones 1:45 Braums Chocolate Shakes and Patio Time <b>2:30 Exercise bike</b> 2:30 White board games</p>	<p><b>18</b></p> <p><b>10:30 Light and Lively</b> <b>11:30 Exercise</b> 11:15 Reminiscing and Chat <b>12:00 Local Lunch: Goldie's*</b> 2:00 Movie 2:30 Patio Time 3:30 Devotional <b>4:00 Exercise bike</b> 4:00 Happy Hour on Patio 6:30 Lawrence Welk Show (11)</p>	<p><b>19</b></p> <p>10:00 Price is right (use both TV) <b>11:00 Exercise</b> <b>11:00 Exercise</b> 11:15 Water Indoor Garden 1:30 one on ones <b>1:45 National Dance Party Day Dance</b> 2:00 Creative Coloring <b>2:30 Exercise bike</b> 3:30 Dominos 3:30 one on ones 6:30 Lawrence Welk Show (11)</p>
<p><b>20</b></p> <p>10:00 Mass on TV (1960) 11:00 Boston Ave on TV 11:30 Protestant Service (1960) 11:00 Newspaper and Chat 1:30 Manicures <b>2:00 Exercise</b> <b>2:30 Bean Bag Toss on Patio</b> 2:30 Popcorn Snacks and Movie 3:00 Cooking Group 6:30 Gathan Graham Concert</p>	<p><b>21</b></p> <p><b>10:45 Light n Lively</b> <b>10:45 Light n Lively</b> 11:00 Devotions with Erma 2:00 Andy Griffith on TV Land 2:00 Color me calm 3:00 One on ones 3:30 Manicures &amp; Hand massages 4:00 White board games 4:00 Happy Hour: Motown (1960) 6:00 Word searches 7:00 Popsicles and Patio Time</p>	<p><b>22</b></p> <p>10:00 Current Events 10:00 Price is right (use both TV) 10:30 Patio Time <b>11:00 Exercise</b> 11:15 Water Indoor Garden 1:30 One on ones 1:45 Art Group <b>2:30 Exercise bike</b> 3:30 Ice Cream Cone Day Treats 3:30 One on ones 6:00 Netflix</p>	<p><b>23</b></p> <p>10:00 Bagels and CC Tasting <b>10:45 Light n Lively</b> 11:00 Reminiscing and Chat 2:00 Andy Griffith on TV Land 2:00 Color me calm 3:00 Cooking Group: Guacamole 3:30 Manicures &amp; Hand massages 4:00 White Board Games 6:00 Word searches 6:30: Gathan Graham Concert (1960)</p>	<p><b>24</b></p> <p>10:00 Current Events 10:00 ORU Music <b>11:00 Exercise</b> <b>11:00 walk it Out</b> 11:15 Water Outdoor Garden 1:30 One on ones 1:45 One on Ones: Chess <b>2:30 Exercise bike</b> 2:30 White board games 3:30 Bingo 6:00 Netflix</p>	<p><b>25</b></p> <p><b>10:30 Exercise</b> 11:15 Reminiscing <b>12:00 Lunch In: Felini's</b> 2:00 Movie 2:30 September Birthday Party 3:30 Mindful Meditation <b>4:00 Exercise bike</b> 6:30 Friday Night Feature: Ride (1960) 7:00 Water Indoor Garden</p>	<p><b>26</b></p> <p>10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> <b>11:30 Walking Group to Pond</b> 11:15 Water Indoor Garden 1:30 One on ones 1:45 One on ones: Checkers 2:00 Healthy Shakes 3:30 White board games 3:30 Card Games 6:30 Lawrence Welk Show (11)</p>
<p><b>27</b></p> <p>10:00 Mass on TV (1960) 11:00 Boston Ave on TV 11:30 Protestant Service (1960) 11:00 Newspaper and Chat 1:30 Manicures 1:30 Devotions with Erma <b>2:00 Exercise</b> 2:30 Popcorn Snacks and Movie 3:00 Color Me Calm 6:30 Gathan Graham Concert</p>	<p><b>28</b></p> <p>10:00 Current Events 10:00 Price is right (use both TV) <b>11:00 Exercise</b> 1:30 One on ones 2:00 Patio Time 3:30 White board games 3:30 One on ones 6:00 Netflix</p>	<p><b>29</b></p> <p>10:00 Current Events 10:00 Price is right (use both TV) 10:30 Patio Time <b>11:00 Exercise</b> <b>11:15 Walk it Out</b> 11:15 Water Indoor Garden 1:30 One on ones 1:45 Dominos <b>2:30 Exercise bike</b> 3:30 Banana Splits 3:30 One on ones 6:00 Netflix</p>	<p><b>30</b></p> <p><b>10:45 Light n Lively</b> 11:00 Reminiscing 2:00 Andy Griffith on TV Land 2:00 Color me calm 3:00 Coffee Sampling Day 3:30 Manicures &amp; Hand massages 4:00 White board games 4:00 Women's Health and Fitness Day Walk 6:30 Gathan Graham Concert (1960)</p>			<p><b>Questions about activities?</b> <b>Jessica Vagin</b> <b>918-491-5299</b></p> <p>Red = physical activity Purple = special event * = activity will cost money</p>