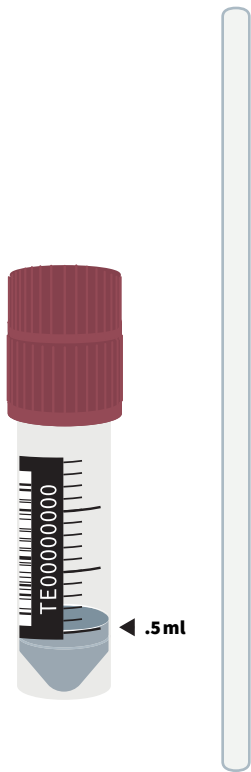


SalivaDirect™

Sample Collection Instructions

Collection Kit

- Bag
- Tube
- Paper straw ♻️
- Instructions ♻️



Watch Video



Before the test

! Important: Don't eat, drink, or smoke for at least 30 minutes before the test.

Instructions

- 1** Open the bag and remove the tube.
- 2** On your phone, open your confirmation email or text message, and click the link to go to the confirmation screen.
- 3** Follow the instructions onscreen to validate your information and collect your sample.

When prompted, use your phone camera to scan the barcode on the tube.

- 4** Remove the straw from the wrapper, uncap the tube, and place the end of the straw in the tube.
- 5** Relax your tongue until saliva pools in the bottom of your mouth, then let your saliva flow through the straw into the tube.

! Important: Don't blow. Try to avoid producing bubbles.

- 6** Continue to collect saliva until the level reaches the .5 ml line on the tube.

💡 Tip: If you have trouble producing enough saliva, try rubbing your cheek.

! Important: Measure the level of the liquid, not the bubbles.

- 7** Discard the straw and wrapper in the compost or trash.
- 8** Recap the tube, place it in the bag, and seal the bag.
- 9** Using a dark pen or marker, write your **first and last name, date of birth, and today's date** on the bag.

! Important: Please write legibly.

- 10** Place the bag in the labeled drop box at the collection location.