

SUN	MON	TUE	WED	THUR	FRI	SAT	
9:30 Sunday Morning Worship (Channel 1960) 10:00 Wii Bowling (CMPR)	1 8:30 Morning Manicures (CMPR) 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:15 Wii Bowling (CMPR) 2:00 Joy Ride around Town 3:00 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	2 9:00 Activity Announcement (Channel 1960) 10:00 Morning Social Group (CMPR) 1:00 Piano Man Greg (CMPR) 2:15 Thankful Tree Leaves & Ornaments (CMPR) 3:00 Joy With Music (Channel 1960) 3:00 Low Vision Support Group (Virtual meeting) 4:00 Tai Chi Easy (Channel 1960)	3 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:30 Brain fitness (CMPR) 3:00 Chapel Service (Channel 1960) 3:30 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960) 4:00 Cottonwoods Community Voice (Give to Julia)	4 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Cash/Prize Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	5 9:00 Activity Announcement (Channel 1960) 10:00 Wii Bowling (CMPR) 10:00 Stronger Seniors Exercise (Channel 1960) 2:15 Fall Fest Happy Hour (CDR/FP/Foyer)	6 9:00 Activity Announcement (Channel 1960) 10:00 Let's Bake: Apple Pie Sticks (CMPR) 10:00 Stronger Seniors Exercise (Channel 1960) 1:30 Show & Tell: Things you are Proud of (CMPR) 2:45 Craft Time: Shrinky Dink Jewelry & Keychains (CMPR)	7
9:30 Sunday Morning Worship (Channel 1960) 10:00 Wii Bowling (CMPR)	8 8:30 Morning Manicures (CMPR) 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:15 Wii Bowling (CMPR) 2:00 Joy Ride around Town 4:00 Chair Yoga (Channel 1960)	9 9:00 Activity Announcement (Channel 1960) 10:00 Morning Social Group (CMPR) 1:30 Name that Tune with Julia (CMPR) 2:30 Taste See & Learn: Madrid (CMPR) 4:00 Tai Chi Easy (Channel 1960)	10 Veterans Day 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 2:00 Salute to You! Veterans Day Celebration (Channel 1960) 3:00 Chapel Service (Channel 1960) 4:00 Chair Yoga Video (Channel 1960)	11 9:00 Activity Announcement (Channel 1960) 10:00 Wii Bowling (CMPR) 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Cash/Prize Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	12 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 10:30 Bookmarks Book Club Meeting: The Orphan Train (CMPR) 2:15 Birthday Party (CDR/FP/Foyer)	13 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 2:15 Give Thanks Pie Social (CDR/FP/Foyer)	14
9:30 Sunday Morning Worship (Channel 1960) 10:00 Wii Bowling (CMPR)	15 8:30 Morning Manicures (CMPR) 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:00 Getting to know you!! (Channel 1960) 1:15 Wii Bowling (CMPR) 2:00 Joy Ride around Town 3:00 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	16 9:00 Activity Announcement (Channel 1960) 10:00 Morning Social Group (CMPR) 1:00 Piano Man Greg (CMPR) 2:30 Christmas Tree Decorating with Cocoa & Cider (CMPR) 3:00 Fun With Music (Channel 1960) 4:00 Tai Chi Easy (Channel 1960)	17 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:00 Manor Mayhem (Channel 1960) 3:00 Chapel Service (Channel 1960) 3:30 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	18 9:00 Activity Announcement (Channel 1960) 10:00 Wii Bowling (CMPR) 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Cash/Prize Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	19 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960)	20 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 2:15 Give Thanks Pie Social (CDR/FP/Foyer)	21
9:30 Sunday Morning Worship (Channel 1960) 10:00 Wii Bowling (CMPR)	22 8:30 Morning Manicures (CMPR) 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:15 Wii Bowling (CMPR) 2:00 Educational Session: Lung Health (Channel 1960) 2:00 Joy Ride around Town 3:00 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	23 9:00 Activity Announcement (Channel 1960) 10:00 Morning Social Group (CMPR) 1:00 Bible Study (CMPR) 2:30 Bake & Take: Pumpkin Chocolate Chip Cookies (CMPR) 3:00 Hymn Sing Along (Channel 1960) 4:00 Tai Chi Easy (Channel 1960)	24 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:30 Brain fitness (CMPR) 3:00 Chapel Service (Channel 1960) 3:30 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	25 Thanksgiving Day 8:00 Macy's Day Parade (Channel 3)	26 10:00 Stronger Seniors Exercise (Channel 1960)	27 10:00 Stronger Seniors Exercise (Channel 1960) 2:15 Give Thanks Pie Social (CDR/FP/Foyer)	28
9:30 Sunday Morning Worship (Channel 1960) 10:00 Wii Bowling (CMPR)	29 Cyber Monday 8:30 Morning Manicures (CMPR) 9:00 Activity Announcement (Channel 1960) 10:00 Stronger Seniors Exercise (Channel 1960) 1:00 Nutrition Talk By Ann Hunter (Chapel & Channel 1960) 1:15 Wii Bowling (CMPR) 2:00 Joy Ride around Town 3:00 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	30 ROOM KEY CDR - Cottonwoods Dining Room CMPR - Cottonwoods Multi Purpose Room-2nd Floor					

November 2020

COTTONWOODS *Calendar is Subject to Change



WICHITA
Presbyterian Manor