

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY CDR - Cottonwoods Dining Room CMPR - Cottonwoods Multi Purpose Room-2nd Floor				10:00 Wii Bowling 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 2:15 Happy Hour! (CDR/FP/Foyer)	
9:30 Sunday Morning Worship (Channel 1960)	8:30 Morning Manicures (CMPR) 10:00 Stronger Seniors Exercise (Channel 1960) 1:15 Wii Bowling 2:00 Joy Ride to Lake Afton 3:00 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	10:00 Morning Social Group (Front Patio) 1:00 Piano Man Greg (CMPR) 2:15 Easy Fall Decorations: Create & Decorate (CMPR) 3:00 Fun With Music (Channel 1960) 4:00 Tai Chi Easy (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 1:30 Brain fitness (CMPR) 3:00 Chapel Service (Channel 1960) 3:30 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960) 4:00 Cottonwoods Community Voice (Give to Julia)	10:00 Wii Bowling 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	10:00 Let's make Cinnamon Rolls (CMPR) 10:00 Stronger Seniors Exercise (Channel 1960) 2:00 Cinnamon Rolls & Interesting food Pairings (CMPR) 3:30 Game of Corn hole (CMPR)	9:00 Podiatrist Visit (TBD)
9:30 Sunday Morning Worship (Channel 1960)	8:30 Morning Manicures (CMPR) 10:00 Stronger Seniors Exercise (Channel 1960) 1:00 Nutrition Talk By Ann Hunter (Channel 1960) 1:15 Wii Bowling 2:00 Joy Ride around Town 3:00 Fun With Music (Channel 1960)	10:00 Morning Social Group (Front Patio) 1:00 Piano Man Greg (CMPR) 2:15 Birthday Party (CDR/FP/Foyer) 3:00 Fun With Music (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 1:00 Manor Mayhem (Channel 1960) 3:00 Chapel Service (Channel 1960) 3:30 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	10:00 Wii Bowling 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 2:00 All about Oktoberfest (CMPR) 4:30 Oktoberfest Meal (Cottonwoods Dining Room (at your normal dining time)) 6:00 Oktoberfest Band (Front Patio & your apartment)	
9:30 Sunday Morning Worship (Channel 1960)	8:30 Morning Manicures (CMPR) 10:00 Stronger Seniors Exercise (Channel 1960) 1:00 Getting to know you! (Channel 1960) 1:15 Wii Bowling 2:00 Joy Ride around Town 3:00 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	10:00 Morning Social Group (Front Patio) 1:00 Piano Man Greg (CMPR) 2:30 Pumpkin Decorating (CMPR) 3:00 Fun With Music (Channel 1960) 4:00 Tai Chi Easy (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 2:00 Brain fitness (CMPR) 3:00 Chapel Service (Channel 1960) 3:30 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	10:00 Wii Bowling 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 10:30 Bookmarks Book Club Meeting: The Good Earth (Pub) 2:05 Movie Matinee: On the Basis of Sex-Biography of Ruth Bader Ginsburg (CMPR)	
9:30 Sunday Morning Worship (Channel 1960)	8:30 Morning Manicures (CMPR) 10:00 Stronger Seniors Exercise (Channel 1960) 1:15 Wii Bowling 2:00 Educational Session: Lung Health (Channel 1960) 3:00 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	10:00 Morning Social Group (Front Patio) 1:00 Piano Man Greg (CMPR) 2:15 A Spooktacular Joyride (Channel 1960) 3:00 Fun With Music (Channel 1960) 4:00 Tai Chi Easy (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 1:00 Manor Mayhem (Channel 1960) 3:00 Chapel Service (Channel 1960) 3:30 Fun With Music (Channel 1960) 4:00 Chair Yoga (Channel 1960)	10:00 Wii Bowling 1:30 Community Update With Courtney (Channel 1960) 1:45 Cash/Prize Bingo (CMPR) 3:00 Bingo (CDR) 4:00 Tai Chi Easy (Channel 1960)	10:00 Stronger Seniors Exercise (Channel 1960) 2:15 Halloween Party! (CDR/FP/Foyer)	Halloween

October 2020

COTTONWOODS *Calendar is Subject to Change



WICHITA
Presbyterian Manor