

# SERVICES AND FEATURES

## RESIDENT SERVICES:

- Interior and exterior maintenance and groundskeeping
- Flexible dining plan
- Weekly housekeeping in apartments; available in cottages for additional charge
- All utilities except telephone and internet (apartments only)
- Gas, sewer and trash (cottages only)
- Emergency assistance
- Expanded cable service
- Scheduled event transportation

## RESIDENCE FEATURES:

- Fully equipped electric kitchen
- Quality flooring
- Individually controlled heating and air-conditioning
- Smoke alarm and sprinkler system
- Emergency call system
- Mini-blind window treatments
- Selected floor plans include balcony or patio
- Free laundry facilities on each apartment floor; washer and dryer in all cottages
- Covered parking available
- Additional storage available

## WELLNESS SERVICES:

- Weekly blood pressure checks
- Rehabilitation therapy
- Informative seminars
- Monthly podiatrist and audiologist appointments available
- Priority entrance to assisted living or The Health Care Center



# AMENITIES AND ACTIVITIES

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- Cappuccino bar
- Library
- Daily fitness group
- Walking paths
- Bridge groups
- Book club
- Art studio
- Pond
- Chapel
- Rotunda
- Manor Shop
- Beauty Salon
- Weekly card and domino games
- Ice cream socials and monthly birthday parties
- Bible study and worship services
- Wellness programs
- Concerts and speakers
- Cultural and educational opportunities
- Off-site activities and day trips
- A full calendar of scheduled activities and events

## CULTURE AND ENTERTAINMENT:

- Kansas Capitol Building
- Topeka Zoological Park
- Brown vs. Board of Education Museum
- Evil Knievel Museum
- Charles Curtis House Museum
- Combat Air Museum Air Heritage Gallery
- Kansas Museum of History
- Mulvane Art Museum
- First Fridays Art Walk
- Glass Expressions Art Glass Gallery
- Alice C. Sabatini Art Gallery at Topeka and Shawnee County Public Library
- Phoenix Gallery Topeka
- The Great Mural Wall of Topeka
- Topeka Art Guild Gallery
- Washburn Sculptures/ Campus Art
- Andrew J. and Georgia Neese Gray Theatre
- Kansas Expocentre
- Topeka Civic Theatre and Academy
- Topeka Jazz Workshop Inc.
- Topeka Performing Arts Center
- Topeka Symphony
- White Concert Hall

