

Ribbon

RGA Day 2021

On June 27th 2020 Rhythmic Gymnastics Alberta held the first annual RGA Day, with the hope that in the years following this event would be an in person celebration of our community throughout the province. Due to the ongoing COVID-19 pandemic and current AHS guidelines we are unfortunately unable to host any in person events.

This year's RGA Day will be held virtually on Saturday June 26th with something for everyone - we will have sessions for athletes and coaches and social media events!

More information will be sent out in the coming weeks so keep your eyes peeled on your inbox!

Click on the image below to watch our mass routine from last year's RGA Day!



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Virtually Together

Over the last year we have mentioned time and time again how incredible the perseverance and adaptability of our coaches and clubs have been, and we're saying it again. We know we sound like a broken record but this community truly is one of a kind!

As we near the end of another trying season for athletes, coaches and officials we want to highlight a couple of clubs who have worked tirelessly to keep online gymnastics exciting over the past year! Watch for more highlights coming in future newsletters!

Ad Astra Athletic Academy:

From attending virtual competitions around the world to joint training sessions with friends from across the country to inviting special guest instructors Ad Astra's coaching team has thought of everything! The list goes on and on, to check out everything they've been up to and their future endeavours follow them on instagram here:

<https://www.instagram.com/adastrarg/>

Elena's Rhythmic Gymnastics Club:

Not only has Elena's Rhythmic Gymnastics Club run successful online and socially distanced classes (when permitted) throughout the pandemic but they have also seen some incredible shoutouts on social media! To see the awesome content they have been sharing head to their instagram:

<https://www.instagram.com/elenasrgc/>

Chinook Rhythmic Gymnastics:

While this season has presented significant challenges for competitive clubs across the province, Chinook has managed to grow their social media presence in an incredible way, now being followed by over 1000 people, with exciting new content all the time this is an account you don't want to miss out on!

<https://www.instagram.com/chinookrg/>



Rhythmic Gymnastics Alberta... Did You Know?

In this section of our newsletter we will be exploring some of our history and sharing some facts you might not know about our organization and the members that make up our incredible community, if you have any fun facts you want to share with us send them to ellie.rgalberta@gmail.com

Did You Know... The RGA head office is located in the Percy Page Building in Edmonton. The building houses over 100 provincial sport & cultural organizations and was named after J. Percy Page, a Canadian teacher, provincial politician, eighth Lieutenant Governor of Alberta and the coach of the famed Edmonton Grads female basketball team, considered one of the most successful sports teams of all time.

