

# The

# Ribbon

## A Look Back at 2020

Nobody has been left exempt in feeling the struggles 2020 has brought us, but in the last newsletter of 2020 RGA want's to look back and focus on some of the incredible positives this year has given us!

*January 2020:* Our newly trained judges tested out their skills at GymPower 2020



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*February 2020:* Elite Canada took place in Burnaby, BC. Alberta was represented by Athletes from Alegria, Capital City Gymnastics Centre, Chinook Rhythmique, Edmonton Rhythmics and Vertigo RG.



*March 2020:* Edmonton Rhythmics attended Wascana Invitational and got the chance to attend a Masterclass with Senior National Team Member, Polly Krivchun.

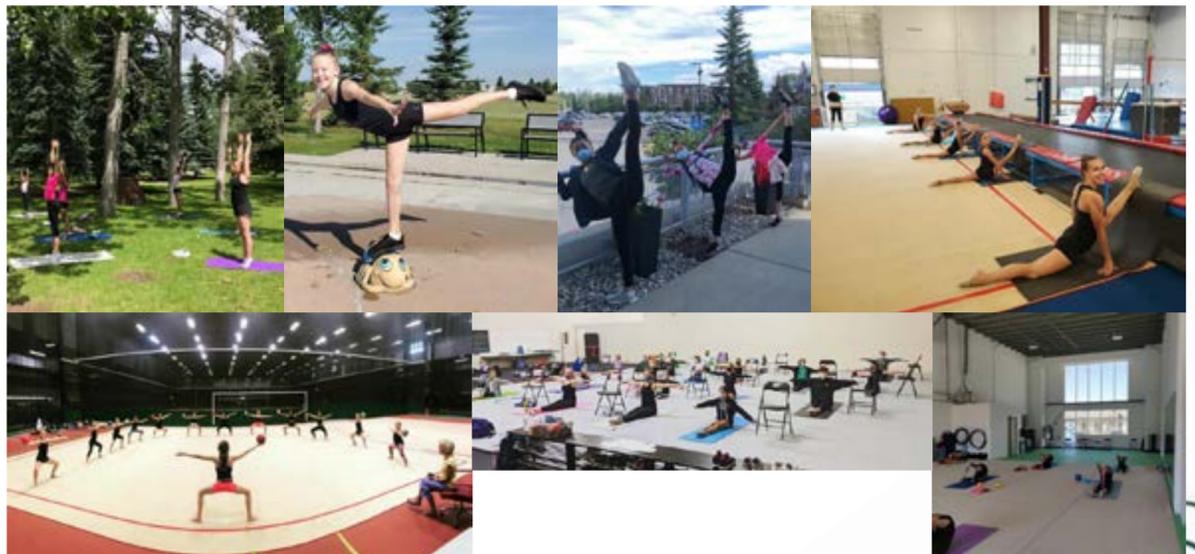
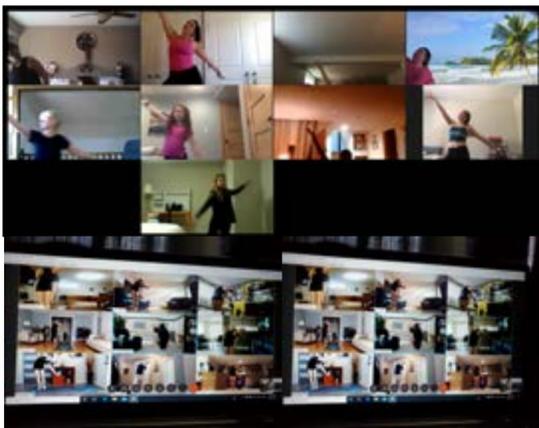
*April 2020:* Clubs across our province took training online and were able to be together while staying apart.

*May 2020:* RGA launched our Online Professional Series with articles and videos from industry experts.

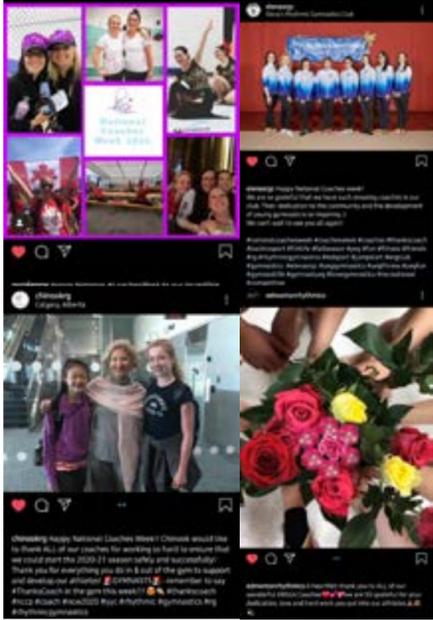


*June 2020:* We hosted our first annual RGA Day with an online Mass Routine choreographed by multiple coaches from around the province.

*Summer 2020:* Restrictions lifted and clubs were able to get back to training... with safety restrictions in place of course..



**September 2020:** National Coaches Week was this month and the entire community showed their thanks.



**October 2020:** Wake-Up, Make-Up, Train-Up: An Online Event



**November 2020:** Much of the province headed back to online training under new restrictions announced by the Alberta government.



### A Note From Our Executive Director

As we all draw in for a much needed winter rest and hopefully some holiday cheer, I find myself humming 'Have Yourself A Merry Little Christmas'.

'Some day soon, we all will be together, if the fates allows'.

Perhaps like me, the fates aren't allowing and you will be without some of your loved ones around your table, in person, this year. It's not what I would choose, that is for certain, but I also find myself leaning into gratitude, grateful to be with those who I can be with, grateful to have people to miss and to look forward to seeing once again, grateful for Zoom and the like so that we can atleast see one anothers faces and hear each others laughter and for those beloved to us in a place beyond the reach of Zoom, grateful for the time we were given and the precious memories that we have. And I am grateful for this community of friends and colleagues, in service to the children in our care - it has been a privilage and an honor to navigate this unimaginable year along side of you.

And so, with hope in our hearts, let's hang that shining star upon the highest bow and on behalf of the RGA Board of Directors and the RGA Staff, Happy Holidays and have yourselves a Merry Little Christmas, now.

Jennifer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY ☆ NEW ☆ YEAR					1 2021	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						