

BIBLE
CHAMPION
SAHSON

POWER UP

GAME 5
ARMY
of ONE



Self-Control



INNER STRENGTH
IS THE
STRONGEST
OF ALL



LIVE
IT!

STOP YOURSELF
BEFORE YOU DO
SOMETHING BAD.
COUNT TO 10.



FIND
IT!

Proverbs
25:28
Psalm 73:26
2 Timothy 1:7



HIDE IT!

By his divine power, God has
given us everything we need
for living a godly life. We have
received all of this by coming

to know him, the one who
called us to himself by
means of his marvelous
glory and excellence.
2 Peter 1:3



DISCUSS IT!

Samson is well known for his great strength. He once defeated 1,000 men and a wild lion. But it was a lack a self-control that caused him to miss out on God's plan for his life. There was forgiveness, but we'll never know what could have been if he had obeyed. Talk about when and why it is hard to control ourselves. What can we do in the moment to help us make better choices?



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